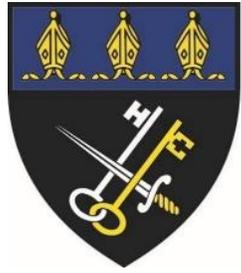


**LLANDAFF CATHEDRAL
EGLWYS GADEIRIOL LLANDAF**



Commented [p1]:

‘ALL-AGE’ EUCHARIST

Sunday 12th September 2021

The Fifteenth Sunday after Trinity

9.00 am

Praise to the Holiest in the height,
and in the depth be praise:
in all his words most wonderful,
most sure in all his ways.

O loving wisdom of our God!
when all was sin and shame,
a second Adam to the fight
and to the rescue came.

O generous love! that he, who came
as man to smite our foe,
the double agony for us
as man should undergo.

And in the garden secretly,
and on the Cross on high,
should teach his followers, and inspire
to suffer and to die.

Praise to the Holiest in the height,
and in the depth be praise:
in all his words most wonderful,
most sure in all his ways.

Words: John Henry Newman (1801-1890)
Music: GERONTIUS John Bacchus Dykes (1823-76)

In the name of the Father, and of the Son,
and of the Holy Spirit. **AMEN.**

Grace and peace be with you
and keep you in the love of Christ.

**Lord, direct our thoughts, teach us to
pray, lift up our hearts to worship you in
Spirit and in truth, through Jesus Christ
our Lord. Amen.**

We say sorry to God

God our Father, we come to you in sorrow
for all that we have done wrong.

*We commit all our worship to God the Trinity or 3
in 1, acknowledging God's presence as we meet and
begin worship.*

*We ask for God's help in concentrating and using
the service to direct our thoughts towards God.*

A short time of silence for reflection

We confess that we have been wasteful and careless with creation;
Lord have mercy,
Lord have mercy.

We confess that we struggle to change the way we live in order to protect our planet now and for future generations;
Christ have mercy,
Christ have mercy.

We confess that we have not always considered the welfare of those who produce our food;
Lord have mercy,
Lord have mercy.

May almighty God, who sent his Son into the world to save sinners, bring you his pardon and peace, now and for ever.
Amen.

**Glory in the highest
to the God of heaven!
Peace to all your people
through the earth be given:
mighty God and Father,
thanks and praise we bring,
singing alleluias to our heavenly King.**

**Jesus Christ is risen,
God the Father's Son:
with the Holy Spirit,
you are Lord alone!
Lamb once killed for sinners,
all our guilt to bear,
show us now your mercy,
now receive our prayer.**

**Christ the world's true Saviour,
high and holy one,
seated now and reigning**

Coming before a holy God reminds us that we are fallible human beings and that we make mistakes.

As well as individual wrong acts, words or thoughts, we are all implicated in the wider wrongs of the human race, eg environmental damage.

We ask God's forgiveness in order to heal our relationship with God as we begin worship.

*The priest declares God's forgiveness to us.
When we are really sorry, God's forgiveness is guaranteed. Of course, a genuine act of repentance means that we do our best not to repeat a wrong act.*

Having received assurance of God's loving forgiveness, we respond with a hymn of praise and thanksgiving to Father, Son and Holy Spirit.

from your Father's throne:
Lord and God, we praise you;
highest heaven adores:
in the Father's glory,
all the praise be yours!

Christopher Idle
Copyright © Jubilate Hymns

The Collect and Readings for today

God, who in generous mercy sent the Holy Spirit upon your Church in the burning fire of your love: grant that your people may be fervent in the fellowship of the gospel that, always abiding in you, they may be found steadfast in faith and active in service; through Jesus Christ your Son our Lord, who is alive and reigns with you, in the unity of the Holy Spirit, one God, now and for ever. Amen.

A reading from the letter of Saint James.

Not many of you should become teachers, my brothers and sisters, for you know that we who teach will be judged with greater strictness. For all of us make many mistakes. Anyone who makes no mistakes in speaking is perfect, able to keep the whole body in check with a bridle. If we put bits into the mouths of horses to make them obey us, we guide their whole bodies. Or look at ships: though they are so large that it takes strong winds to drive them, yet they are guided by a very small rudder wherever the will of the pilot directs. So also the tongue is a small member, yet it boasts of great exploits. How great a forest is set ablaze by a small fire! And the tongue is a fire. The tongue is placed among our members as a world of iniquity; it stains the whole body, sets on fire the cycle of nature, and is itself set on fire by hell. For every species of beast and bird, of reptile and sea creature, can be tamed and has been tamed by the human species, but no one can tame the tongue – a restless evil, full of deadly poison. With it we bless the Lord and Father, and with it we curse those who are made in the likeness of God. From the same mouth come blessing and cursing. My brothers and sisters, this ought not to be so. Does a spring pour forth from the same opening both

The collect is a special prayer written for each Sunday in the year. The priest 'collects' up all the silent prayers of the people in the words spoken aloud in this prayer.

There may be a reading from the Old Testament (before Christ), and one from the New Testament letters (written to the first Christian communities) or only one of these.

fresh and brackish water? Can a fig tree, my brothers and sisters, yield olives, or a grapevine figs? No more can salt water yield fresh.

James 3.1-12

This is the word of the Lord:
Thanks be to God.

Hear the Gospel of our Lord Jesus Christ according to St Mark

Glory to you, O Lord.

Jesus went on with his disciples to the villages of Caesarea Philippi; and on the way he asked his disciples, 'Who do people say that I am?' And they answered him, 'John the Baptist; and others, Elijah; and still others, one of the prophets.' Jesus asked them, 'But who do you say that I am?' Peter answered him, 'You are the Messiah.' And he sternly ordered them not to tell anyone about him. Then he began to teach them that the Son of Man must undergo great suffering, and be rejected by the elders, the chief priests, and the scribes, and be killed, and after three days rise again. He said all this quite openly. And Peter took him aside and began to rebuke him. But turning and looking at his disciples, he rebuked Peter and said, 'Get behind me, Satan! For you are setting your mind not on divine things but on human things.' He called the crowd with his disciples, and said to them, 'If any want to become my followers, let them deny themselves and take up their cross and follow me. For those who want to save their life will lose it, and those who lose their life for my sake, and for the sake of the gospel, will save it. For what will it profit them to gain the whole world and forfeit their life? Indeed, what can they give in return for their life? Those who are ashamed of me and of my words in this adulterous and sinful generation, of them the Son of Man will also be ashamed when he comes in the glory of his Father with the holy angels.'

Mark 8.27-38

This is the Gospel of the Lord.
Praise to you, O Christ.

There is always a Gospel reading (the accounts of Jesus' life, death and resurrection).

The Bible is the living word of God, not a history book; as we hear the readings we listen for what God might be saying to us today.

One of the clergy helps us understand the Bible readings and see possible connections with our own lives. How might we respond to these words from God.

We affirm our Faith

**I believe and trust in God the Father,
who created all that is.**

**I believe and trust
in his Son Jesus Christ,
who redeemed humankind.**

**I believe and trust in his Holy Spirit,
who gives life to the people of God.**

**I believe and trust in one God,
Father, Son and Holy Spirit. Amen.**

We pray with the Church

We sit or kneel for the prayers.

Each prayer may end with:

Lord, in your mercy, **Hear our prayer.**

The prayers finish with:

Merciful Father,

**Accept these prayers for the sake of your
Son, our Saviour Jesus Christ. Amen.**

*We stand for **The Peace**, when we greet each
other with a handshake, to share God's love, joy and
peace, which he gives to each of us.*

The Peace of the Lord be with you always.
And also with you.

*Part of our response is to re-affirm our faith
together. There are many forms of creed used on
different occasions. This faith connects all of us even
though we may interpret aspects of it differently.*

*One type of prayer is to ask for what we and others
need (other types are eg. Thanksgiving or
confession). A member of the congregation leads
these prayers for the world, the church, the sick and
those who have died. When we respond "Amen" it
signifies our agreement.*

*We have been reconciled with God early in the
service; now we express our reconciliation with each
other by sharing 'the peace' before we come to the
Lord's table as the family of God.*

*Usually we shake hands with those around us and
say 'peace be with you'.*

*This is a symbolic act; it's not a social moment for
conversation! We affirm the peace that comes
through Christ and share it with each other as the
body of Christ.*

We offer Thanksgiving

With this bread that we bring,
We shall remember Jesus.

With this wine that we bring,
We shall remember Jesus.

Bread for his body, wine for his blood,
gifts from God to his table we bring.
We shall remember Jesus.

The Lord is here.
His Spirit is with us.

Lift up your hearts.
We lift them to the Lord.

Let us give thanks to the Lord our God **It is right to give our thanks and praise.**

It is always right, wherever we are, to thank you and to praise you, God our Father and King for ever, through Jesus Christ, your Son.

It is always right, wherever we are, to thank you and to praise you, God our Father and King for ever, through Jesus Christ, your Son.

Through him you made us and the whole universe.

When your Holy Spirit came to Mary, Jesus was born as one of us. He loved us so much that he died for us; on the first Easter Day you raised him to life; and death and evil were conquered for ever.

At Pentecost, you gave the Holy Spirit, as Jesus promised, to help us to live as your children.

Everything we are and all we have comes ultimately from God. Giving thanks and giving back to God are fundamental parts of our faith.

Bread and wine are carried up to the altar and presented there; gifts from God which we offer back to God.

Our money offering is also collected and taken up to give to God; our generosity is a measure of how much we recognise God's many blessings to us.

'Eucharist' means thanksgiving. The priest thanks God for everything from the beginning of time, but especially for the gift of Jesus and for his death and resurrection.

So here on earth, with the angels and archangels and with everyone in heaven we praise your name and say:

**Holy, holy, holy Lord,
God of power and might,
heaven and earth are full of your glory.
Hosanna in the highest.**

**Blessed is he who comes
in the name of the Lord.
Hosanna in the highest.**

We sit or kneel.

Father in heaven, listen to the prayer we make in Jesus' name; through the Holy Spirit's power, gentle as a dove, may this bread and this wine be for us Jesus' body and blood. Father, we remember when Jesus had supper with his friends the night before he died, he took the bread; he thanked you, broke it, gave it to his friends and said: 'Take this and eat it – this is my body, given for you. Do this to remember me.'

After supper, Jesus took the cup of wine; he thanked you, gave it to his friends and said: 'All of you drink from this cup – because this is my blood – the new promise of God's love: Do this every time you drink it to remember me.'

Together we remember that Jesus is always with us and say:

**Christ has died.
Christ is risen.
Christ will come in glory.**

Father, as we remember your Son, Jesus Christ, who died on the cross and rose again, we offer you these and all the gifts you freely give to us. Send your Holy Spirit to be with us and all who share this bread

These words come from a vision in the Bible describing angels worshipping God in heaven. As we worship, we join in the rejoicing of heaven which is always going on.

The 'one who comes in the name of the Lord' is Jesus Christ. 'Hosanna' means 'praise him'.

This prayer asks God to bless and consecrate the wafers and wine as the body and blood of Christ. Watch the priest take up the communion vessels, put their hand over them, make a sign of the cross over them, and hold them up for all to see.

From this point on we treat the bread and wine with great reverence as they show that Jesus is present with us.

How would we feel, and what would we do, if Jesus himself came in the door and walked up to the altar?

On the spiritual level, that is happening now.

and drink from this cup. Help us to trust you, bring us closer together and welcome us, with all your people, into Jesus' glorious kingdom.

All honour and glory belong to you, Father, through Jesus, your Son, with the Holy Spirit: one God, for ever and ever. **AMEN.**

As our Saviour taught us, we boldly pray:

**Our Father, who art in heaven,
hallowed be thy name,
thy kingdom come, thy will be done,
on earth as it is in heaven.
Give us this day our daily bread.
And forgive us our trespasses,
as we forgive those
who trespass against us.
And lead us not into temptation,
but deliver us from evil.
For thine is the kingdom, the power, and
the glory for ever and ever. Amen.**

We share the Gifts

The priest breaks the bread:

We break this bread
to share in the body of Christ.

**Though we are many, we are one body
for we all share in one bread.**

**Lamb of God,
you take away the sins of the world:
have mercy on us.**

**Lamb of God,
you take away the sins of the world:
have mercy on us.**

**Lamb of God,
you take away the sins of the world:
grant us peace**

Jesus' disciples asked him to teach them how to pray and he gave them this prayer as a model. It has always been the most well-known and most important prayer for Christians.

The words are simple and brief but the meaning is deep. Even the first words, 'Our Father,' are astonishing as we are encouraged to address God with such loving intimacy, just as Jesus did.

The blessed bread is broken to symbolise the body of Christ broken on the cross and spiritually feeding the world through his death. The broken wafer also reminds us of our unity in Christ although we are many individuals.

Anyone who receives Communion in any kind of Christian church is welcome to receive here. Usually those who are baptised and confirmed (have made a public individual commitment to faith) receive Communion.

Those who do not receive, including young children, are warmly invited to come up for a blessing. Bring your service leaflet, or cross your hands on your chest, to ask for a blessing.

Jesus is the Lamb of God who takes away the sins of the world. Happy are those who are called to his supper.

Lord, I am not worthy to receive you, but only say the word and I shall be healed.

We come forward to receive communion or a blessing.

The Final Hymn

Will you come and follow me
if I but call your name?
Will you go where you don't know
and never be the same?
Will you let my love be shown,
will you let my name be known,
will you let my life be grown
in you and you in me?

Will you leave yourself behind
if I but call your name?
Will you care for cruel and kind
and never be the same?
Will you risk the hostile stare
should your life attract or scare,
will you let me answer prayer
in you and you in me?

Will you let the blinded see
if I but call your name?
Will you set the prisoners free
and never be the same?
Will you kiss the leper clean
and do such as this unseen,
and admit to what I mean
in you and you in me?

Will you love the 'you' you hide
if I but call your name?
Will you quell the fear inside
and never be the same?
Will you use the faith you've found

to reshape the world around
through my sight and touch and sound
in you and you in me?

Lord, your summons echoes true
when you but call my name.
Let me turn and follow you
and never be the same.
In your company I'll go
where your love and footsteps show.
Thus I'll move and live and grow
in you and you in me.

*Words: John L. Bell (b.1949) and Graham Maule (b.1958)
Music: KELVINGROVE Scottish Folk Melody
Words © 1987 WGRG*

We go in God's strength

Give thanks to the Lord for he is gracious.
His love is everlasting.

**God of truth, we have seen with our eyes
and touched with our hands the bread of
life. Strengthen our faith that we may grow in love for you and for each other, through
Jesus Christ, our risen Lord. Amen.**

The Lord be with you.
And also with you.

May the peace of God which is beyond all understanding keep your hearts and minds in the
knowledge and love of God, and the blessing of God Almighty, ✠ the Father, the Son and the
Holy Spirit be with you now and always.

Go in peace to love and serve the Lord.
In the name of Christ. Amen.

*As the service ends, we receive God's blessing.
Having been nourished through God's words and
the sacrament of Christ's presence, we are sent out to
be God's people in the world, to do as Christ would
do:*

*'Christ has no body now but yours. No hands,
no feet on earth but yours. Yours are the eyes
through which he looks with compassion on this
world. Yours are the feet with which he walks to do
good.' (Teresa of Avila)*

THE WEEKLY NOTES & NEWS

PRAYER INTENTIONS

Those who are sick and have asked for prayer:

Roger Rathbone, Catherine Hughes, Archie Conway-Gardner, David Barron, Dean John Rogers, Jane Craig, Alyson Grant, Rhys Ghazaros, Lisa Wright, Roger Lewis, Peter Beck, Margaret Cross, Angela Jones, Jan Manson, Gerwyn Capon, *the Dean*.

The long-term sick and housebound, among them:

Sid Baldwin, Tom Bailey, Dafydd Hughes, Ray Edwards, Marjorie Mudge.

Those who have died recently:

Those whose anniversary of death falls this week:

12th September *no deaths recorded for this date*

13th September Marc Phillips-Davies, Margaret Gwendoline Phelps

14th September Henry Pegler, Sylvia Page, David Gethin Williams

15th September Sandra Langton, Ann Cherill, Eleanor Ann Jones, David Gethin Williams

16th September *no deaths recorded for this date*

17th September Vivian Thomas, (*Priest*)

18th September Alan James MacKie, Vera Longstaffe, Barbara Kipling, Verity Anne Head

Please pray for the *1Family Cardiff* project and for the family of being supported by this project.

The Cycle of Prayer for this week in the Anglican Communion and in this Diocese:

- Sunday:** The Anglican Church of Tanzania
The Parish of Dyffryn: the Rev'd Stephen Bodycombe
- Monday:** The Convocation of Episcopal Churches in Europe
The Parish of the Vale of Neath: the Rev'd Andrew Davies & the Rev'd Emma Street
- Tuesday:** The Diocese in Europe (under the care of the Church of England)
The Parish of the Dulais Valley: *we pray for the appointment of a new Parish Priest*
- Wednesday:** The Diocese of Ezo (Nigeria)
The Diocesan Ecumenical Officer: the Rev'd Dyfrig Lloyd
- Thursday:** The Diocese of Exeter (England)
The Greater Neath Ministry Area: the Rev'd Canon Lynda Newman, *Ministry Area Leader*
- Friday:** The Diocese of Ezo (South Sudan)
The Parish of Skewen: the Rev'd Chris Coles
- Saturday:** The Diocese of Faisalabad (Pakistan)
The Parish of Llansawel, Briton Ferry: the Rev'd Sandra Birdsall

Services Today & this week

9.00 am 'All-age' Eucharist

11.15 am Holy Eucharist

4.00 pm Choral Evensong

Choral Evensong returns this week – every day from Monday to Friday



**The Holy Eucharist will be celebrated
on Tuesday at 9.30 am in English and Thursday at 9.30 am in Welsh**

Cathedral News

Here is the link to **sign-up details for Sunday School**: <https://llandaff-cathedral.online/join-sunday-school>

The Friends of Llandaff Cathedral: have two busy weekends of events planned.

Next Saturday 18th September the Friends join the Open Doors celebrations with the following programme:

- 12-30p.m. Recital, demonstration and tour of the organ
- 1-30p.m. Conversations with the Archivist
- 2p.m. Guided tour of the cathedral

There will also be talks and films on the Cathedral website from next Saturday, including:

- 'The Marshall Panel and other Medieval Works of Art,' with our Secretary, historian Arthur Impey.
- The Bell Tower and Archives will feature and are good viewing.
- Groups from Llandaff Open Doors cluster group with their own contributions

The following weekend on Sunday 26th September you can join the Friends for this year's pilgrimage to St Margaret's and St Edward's churches in Roath?

At 4-30p.m., there will be for a guided walking tour of St Margaret's with Ms Jean Rose, author of *Discovering Cardiff Churches*. This is an interesting church containing the mausoleum of the Marquises of Bute. We will then proceed to the nearby daughter church, Saint Edward, King and Confessor, for Evensong. Subject to Covid restrictions, there may be light refreshments. Please come along, you will be most welcome, and it will be exciting to explore churches on our doorstep. There is no charge and you are asked to make your own travel arrangements. Details are on the Friends page of the cathedral website and you can either register your attendance by email at friends@llandaffcathedral.org.uk or speak to Ms Anne Lambert Rogers at the 9a.m Sunday service, or Dr Tony Edwards at the 11-15a.m. service today, September 12th or next week, September 19th. You will understand, it is very important we know numbers of people attending and if you have any special needs. "we hope to see you on the 26th" says Linda Quinn of the Friends' Council.

Coffee Morning Friday 24th September 10.00 am-12 noon in aid of Macmillan Cancer Support at Prebendal House. All are welcome to join us as part of the 'world's biggest coffee morning' to raise funds for Macmillan. Coffee, tea, homemade cake, raffle, bring and buy stall. Invite your friends and neighbours! If you can't make it on the day, do click [here](#) to donate online towards our target of £500!

Coffee, tea and squash is once again being served in Prebendal House after the 9am All-Age Eucharist, so do stay to enjoy the chance to socialise after such a long time not being able to do so! *We ask for a donation of £1 per person for hot drinks.* If you would like to help on the rota for this, Auriol Miller and Harriet Morgan would love to hear from you and will be there today.

Gift Aid Secretary: Helen Patterson has been fulfilling this role for some years and we are most grateful for her meticulous work on this essential task which enables us to claim an extra 25% on gift aided donations. Sadly, Helen is about to move out of the area, so we are looking for a volunteer who is comfortable with figures and with keeping detailed records, to take this over. Helen is happy to provide some support and training. Could you help with this? Please speak to Helen, to the clergy, or to Ian Macdonald for more information.

Changing Pandemic Restrictions: we are now singing hymns at the two morning services. Other elements of the liturgy will be returning in September, although the Church in Wales is yet to lift restrictions on the receiving of communion in one kind and kneeling to receive communion at the altar rail. The removal of restrictions on social distancing mean that the congregation no longer needs to leave 5 chairs between households. That said, we are asked to respect those who wish to continue maintaining a distance from others, so please note that some people will wish to continue to keep space around them.

Orders of Service: Now that we are able to sing hymns, it is even more important for everyone to be able to access the order of service. Those who do not have access to a computer or printer at home (to print off the service from the Cathedral website and bring it along) nor to a smart phone (to use the QR code displayed in the Cathedral) are invited to request a personal printed copy. Please give your name and which service you attend (9am or 11.15am) and a named copy of the order of service will be provided for you at the back of the Cathedral each week.

Bible Study Group: meets again every Monday between 4.00 & 5.00 pm in Prebendal House. Each week we discuss the gospel for the following Sunday, digging deep to understand how we might live out in practice what we read in Scripture. Contact Canon Jan for more information or just come along, bringing a Bible – all are welcome!

The Guild of Saint Teilo - We are pleased to announce that there will be a social afternoon with tea and cakes for the Guild, tomorrow (Monday 13th September) at 2pm in the Prebendal House. Existing and new members need to ring Ruth Honey on 029 2055 3603 to confirm their attendance and let her know if transport is required

to/from The Green or from/to the Prebendal House before and after the meeting. COVID regulations will be adhered to and hand sanitiser will be provided, but please bring masks. We look forward to seeing you all.

Katharine MacDonald, Chair

The Foodbank: Please continue to support the foodbank. The box is located near the south-east door.

The Friends of Llandaff Cathedral: Anybody interested in joining the Friends will find full details of types of membership and fees in the Friends Pages on the Cathedral website. An application for membership can also be downloaded from there. You can find out more about the Friends of Llandaff Cathedral by clicking [here](#).

COVID-19 Guidance

The latest Church in Wales guidance for dealing with the pandemic can be found [here](#).

Here are some of the key things to note:

- We continue to display the QR code that links with the **NHS Tracing App**.
- Hand sanitiser must be used on entry.
- Face-coverings remain compulsory in public buildings. This includes the Cathedral.
- Everyone attending will be invited to complete a 'track and trace' card.
- Communion will be administered standing and in one kind only.
- Ritual and ceremony will continue to be kept to a minimum.
- No service sheets will be used – the order of service will be available online to print in advance and bring with you or to follow on a phone or other mobile device. They are also available through QR codes displayed at each service.

THE CATHEDRAL OFFICE

You may email admin@llandaffcathedral.org.uk or call on 029 2056 4554.

The answering service is checked regularly for messages.

CLERGY

The Dean: The Very Rev'd Gerwyn Capon

The Dean is currently on sick leave

Precentor: The Rev'd Canon Mark Preece

precentor@llandaffcathedral.org.uk : 029 2056 8842

Chancellor: The Rev'd Canon Dr Jan van der Lely

chancellor@llandaffcathedral.org.uk : 029 2115 6258

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Stewardship Secretary

Helen Patterson - 029 2061 9166

www.easydonate.org/LLANDAFF



The Cathedral is on Facebook, Twitter and Instagram!

These are easy ways to keep up to date with the latest news and events, so follow us at:

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