



EGLWYS GADEIRIOL LLANDAF

LLANDAFF CATHEDRAL

Registered Charity Number 1159090

The Weekly Notes Online

www.llandaffcathedral.org.uk

The Feast of St Luke the Evangelist – 18th October 2020 (The Nineteenth Sunday after Trinity)

The Collect and Readings for today

Almighty God, you called Luke the physician, whose praise is in the gospel, to be an evangelist and physician of the soul: by the grace of the Spirit and through the wholesome medicine of the gospel, give your Church the same love and power to heal; through Jesus Christ your Son our Lord, who is alive and reigns with you, in the unity of the Holy Spirit, one God, now and for ever. Amen.

A reading from the book of the prophet Isaiah.

Strengthen the weak hands, and make firm the feeble knees. Say to those who are of a fearful heart, 'Be strong, do not fear! Here is your God. He will come with vengeance, with terrible recompense. He will come and save you.' Then the eyes of the blind shall be opened, and the ears of the deaf unstopped; then the lame shall leap like a deer, and the tongue of the speechless sing for joy. For waters shall break forth in the wilderness, and streams in the desert.

Isaiah 35.3-6

Psalm 147.1-7 - The Lord heals the brokenhearted and binds up their wounds.

Alleluia.

How good it is to sing praises to our God!

how pleasant it is to honour him with praise!

The Lord rebuilds Jerusalem; he gathers the exiles of Israel. **R**

He heals the brokenhearted and binds up all their wounds.

He counts the number of the stars and calls them all by their names. **R**

Great is our Lord and mighty in power; there is no limit to his wisdom.

The Lord lifts up the lowly, but casts the wicked to the ground.

Sing to the Lord with thanksgiving; make music to our God upon the harp. **R**

A reading from the letter of St Paul to Timothy

As for you, always be sober, endure suffering, do the work of an evangelist, carry out your ministry fully.

As for me, I am already being poured out as a libation, and the time of my departure has come. I have fought the good fight, I have finished the race, I have kept the faith. From now on there is reserved for me the crown of righteousness, which the Lord, the righteous judge, will give to me on that day, and not only to me but also to all who have longed for his appearing.

Do your best to come to me soon, for Demas, in love with this present world, has deserted me and gone to Thessalonica; Crescens has gone to Galatia, Titus to Dalmatia. Only Luke is with me. Get Mark and bring him with you, for he is useful in my ministry. I have sent Tychicus to Ephesus. When you come, bring the cloak that I left with Carpus at Troas, also the books, and above all the parchments. Alexander the coppersmith did me great harm; the Lord will pay him back for his deeds. You also must beware of him, for he strongly opposed our message.

At my first defence no one came to my support, but all deserted me. May it not be counted against them! But the Lord stood by me and gave me strength, so that through me the message might be fully proclaimed and all the Gentiles might hear it. So I was rescued from the lion's mouth.

2 Timothy 4.5-17

The Gospel of our Lord Jesus Christ according to St Luke

The Lord appointed seventy others and sent them on ahead of him in pairs to every town and place where he himself intended to go. He said to them, 'The harvest is plentiful, but the labourers are few; therefore ask the Lord of the harvest to send out labourers into his harvest. Go on your way. See, I am sending you out like lambs into the midst of wolves. Carry no purse, no bag, no sandals; and greet no one on the road. Whatever house you enter, first say, "Peace to this house!" And if anyone is there who shares in peace, your peace will rest on that person; but if not, it will return to you. Remain in the same house, eating and drinking whatever they provide, for the labourer deserves to be paid. Do not move about from house to house. Whenever you enter a town and its people welcome you, eat what is set before you; cure the sick who are there, and say to them, "The kingdom of God has come near to you."'

Luke 10.1-9

Prayers of Intercession for this week

Let us bring our prayers and all the concerns of our hearts
to the God who holds the whole of creation and whose mercy never fails.

Let us pray for all who find themselves in need today:
may they know encouragement and hope for all they face.

Let us pray for all who work in healthcare:
may they find all the strength they need, to care with skill, efficiency and compassion.

Let us pray for all who are sick, and for those who love and care for them:
may they know healing in all the ways they need.

Let us pray for all who are close to the end of their earthly life:
may they know peace of mind and freedom from fear.

Holy God, accept these prayers, even though we may pray in weakness of faith and frailty of heart,
for we trust in your mercy and we ask in your name.

THE WEEKLY PRAYER INTENTIONS and PRAYER RESOURCES

Those who have asked for prayer:

Roger Rathbone, Catherine Hughes, Archie Conway-Gardner, David Barron, Ashley Reed,
Jane Craig, Alison Lewis, Lynne Davies Jones, Alyson Grant, Gerwyn Capon, *the Dean*.

The long-term sick and housebound, among them:

Mary Wines, Sid Baldwin, Tom Bailey, Dafydd Hughes, Ray Edwards, Alan Robinson, Fred Mudge,
Marjorie Mudge.

Those who have died recently: David George Roberts

Those whose anniversary of death falls this week:

18th October Vera Randall, Christopher Walter Darwent, Ellen Louisa Morgan, David Huw Jones (*Bishop*)

19th October *no anniversaries recorded on this date*

20th October William Albert Chamberlain, Emmanuelle Marie Renee Westacott

21st October Evan William Meurig Williams,

22nd October Gladys Margaret Thomas

23rd October Olwen Curtis, Joy Gambold

24th October Margaret Olwen Gill

The Cycle of Prayer for this week in the Anglican Communion and in this Diocese:

Sunday: The Episcopal Church of the United States of America
The Parish of Merthyr Tydfil, Christ Church: The Rev'd Mark Prevett

Monday: The Dioceses of Quebec (Canada), Coventry (England), Krishna-Godavari (South India)
The Parish of Merthyr Tydfil, St David and Abercanaid: The Rev'd Mark Prevett

Tuesday: The Dioceses of Cuba (USA), Raiwind (Pakistan), Kubwa (Nigeria)
The Parish of Troedyrhiw with Merthyr Vale: The Rev'd Stephen Barnes

Wednesday: The Dioceses of Rajasthan (North India), Cueibet (South Sudan)
Church Organists and Choir Leaders

Thursday: The Dioceses of Rayalaseema (South India), Cuernavaca (Mexico), Curitiba (Brazil)
The Rectorial Benefice of Eglwysilan & Caerphilly: The Rev'd Mark Greenaway-Robbins

Friday: The Dioceses of Cuttack (North India), Recife (Brazil)
The Deanery of Penarth and Barry: The Rev'd Andrew James, *Area Dean*

Saturday: The Dioceses of Rejaf (South Sudan), Cyangu (Rwanda), Kuching (South East Asia)
The Rectorial Benefice of Barry: *we pray for the appointment of a new Team Rector* and for
the Rev'd Robert Parrish, the Team Vicar in the Benefice

Some Cathedral News.....

A note from Chapter: you can find an update on the last 6 months of life and work at the Cathedral by clicking [here](#). The note is also available on the e-newsletter, under the 'News' tab of the Cathedral website and other social media platforms.

9.00 am All-age service today – we cannot sing as a congregation but once again today we will be listening to a hymn played on the organ. We can 'hum' along to the verse. Do bring along percussion instruments or 'shakers' to join in with the clapping during the chorus. Today's hymn is Shine, Jesus Shine! Children seem to enjoy this activity, but if you are not so keen, don't worry – it doesn't happen every week!

Sunday School is now being provided online for those registered this year, and participation is noted and recorded. Families are of course, still encouraged to attend the 9.00 am All-Age Service. For those who come to the service, there is now an option to tick on the 'track and trace' form so that children's attendance can be registered in this way.

Orders of Service – you can now access the Orders of Service for the 9.00 am and 11.00 am services very easily by scanning the QR codes on display at the entrance to the Cathedral. Although the website is being re-designed, we acknowledge that the current site is not very 'mobile-phone-friendly'. To overcome this we have created the QR codes which will take you immediately to the relevant order of service document. Please ask if you have any difficulty with this. The other easy way of accessing the Service sheets is from our electronic newsletter – do sign up if you haven't already done so [here](#).

Remembrance Sunday – 8th November: although the government and the Royal British Legion have had to curtail the national commemorations and larger gatherings will not be happening this year, we plan to maintain our usual Act of Remembrance as part of the 11.00 am service on Remembrance Sunday. We hope to be joined as usual by a few representatives of the armed forces and wreaths will be laid at memorials in the Cathedral as in previous years. We expect the Last Post to be played outside the west doors. The service will begin on that day at 10 minutes to 11 o'clock.



We are now displaying the QR code that links with the **NHS Tracing App**. If you have the app on your mobile device you can scan the code through the app. This means that if people visit the building and later test positive for coronavirus, other app users who were there at the same time may be sent an alert, if local public health teams think this is necessary.

Prayers for the Sick: we hope to refresh the prayer list over the next few weeks. If you have personal knowledge of those whose names appear on the list and know whether they would still like to be prayed for, please let us know.

Thank you to volunteers: Chapter wishes to record its appreciation and thanks to the Parish and Cathedral stewards and other volunteers whose dedication and practical assistance has enabled the Cathedral to be opened every day of the week, and in the safest possible way. Without this help, it is doubtful that we could have opened to the extent which we have; your support is invaluable, and we are all very grateful. Thank you – diolch yn fawr iawn.

Change to daily opening hours: from next weekend – when the clocks change – the Cathedral will close at 4.00 pm at weekends rather than 5.00 pm. We hope to be able to open an hour earlier but this is not yet confirmed.

Walking the Penrhys Pilgrimage Way – an update

Restrictions in the Rhondda and Cardiff have delayed the completion of David and Sue Smith's sponsored walk. However, they have covered just over half the route and have collected three quarters of the targeted sum of £4,200 for Christian Aid and Embrace the Middle East. They are looking forward to reaching Penrhys as soon as the restrictions are lifted. In the meantime they are extremely grateful for the encouragement and support of their sponsors. Contributions can still be made by clicking [here](#) or by contacting David and Sue on 029 2056 9234 for payments by cheque.

The Annual Vestry Meeting: since the current guidelines allow meetings of governance to take place, we continue with our plans to hold our Annual Vestry this coming Thursday (22nd October) at 4.00 pm in the Cathedral nave. Churchwardens and PCC members have been authorised to continue in office until the Vestry of 2021 but because we have a vacancy for a Churchwarden (on the resignation of Dr David Cassidy), we will need to elect a new Churchwarden to serve alongside Dr John Kenyon. Nomination forms for the new Churchwarden are available at the back of the Cathedral today. At the Vestry meeting, the accounts will be presented by Canon Treasurer Richard Bacon. He will be able to speak about the current financial situation as well as presenting the 2019 accounts. The Vestry agenda is available [here](#) and the Annual Accounts for 2019 are now available [here](#). You will also find them under the 'News' tab of the Cathedral website.

The challenges of opening up again..... While we are delighted to be open again, we find ourselves having to give messages that are not just counter-intuitive but are almost contrary in spirit to the messages we usually give about Church. “We want people to come to worship as often as possible and we want everyone to feel welcome.....” There are a number of things we need to think about as a Cathedral community in relation to both services, if the restrictions continue: please.....

- fill up the seats from the front of the Cathedral first
- when you enter a row – take the end seats first
- think about the seating arrangements and choose the seats as efficiently as possible
- do not be offended if you cannot sit in your ‘usual’ seat or row
- do not be offended if you are asked to move to make best use of the seats available

A number of local Parishes are asking people to think about not coming to Church every Sunday. This is clearly something we really do not like saying but while the capacity is limited it may help us to accommodate more people in the long run.

It was once thought that an easy solution to the problem of reaching our capacity attendance would simply be to offer additional services: re-instate the 8 o'clock or the 12.30 pm services or even offer an additional service at 10.00 am. On further examination however, Chapter has concluded that this is not the solution it appears to be. The Guidelines require thorough cleaning between services and a period of airing and ventilation for the building. At the moment we cannot do these things for more than the services we are offering now. Please be assured that the Cathedral Chapter and clergy are constantly reviewing the provision of worship and the guidelines and will aim to offer as much as possible, as soon as possible.

Sunday Worship guidelines – a reminder....

Here are some of the key things to note:

- There are currently two services: 9.00 am and 11.00 am
- Both services are celebrations of the Holy Eucharist with the 9.00 am service catering particularly for children and families.
- Social distancing guidelines must be maintained at all times – especially before and after the services. Given that the usable rows are 2 metres apart, they can act as a useful guide when standing in the Nave.
- Hand sanitiser must be used on entry.
- Face-coverings: Welsh Government regulations now make the wearing of face coverings compulsory in public buildings. This includes the Cathedral.
- Everyone attending will be invited to complete a 'track and trace' card - please bring a pen!
- Communion will be administered standing and in one kind only.
- There will be no congregational singing.
- Ritual and ceremony will be kept to a minimum.
- No service sheets will be used – the order of service will be available online to print in advance and bring with you or to follow on a phone or other mobile device.
- The '2-metre distance' rule means that the capacity of the Cathedral will be between 70 and 80 individuals although family groups sitting together will legitimately increase the number.
- 5 cathedral chairs must be left clear *between* households.
- The box of children's toys has been removed from the David Chapel.

Please note that there will be a legal maximum capacity number and it may be necessary to impose restrictions on entry to ensure that number is not exceeded.

The Welsh Government, the Church in Wales and the Diocese have all produced and issued protocols and detailed instructions to clergy and parishes. We are following them all.

Parish Stewards - Please see the Churchwardens or the clergy if you would like to help as a steward.

Llandaff Cathedral online

If you haven't already signed up for the Cathedral e-newsletter you can subscribe [here](#).

Foodbank news – the crate for receiving donations has now been emptied so there is plenty of room for more donations! Thank you for your support.

Giving to the Cathedral

You can now give to the Cathedral 'online' through the following link:

www.easydonate.org/LLANDAFF

or you can give by text*:

- to donate £5 text LLANDAFF to 70970
- to donate £10 text LLANDAFF to 70191

* Fundraising, payments and donations will be processed and administered by the National Funding Scheme (Charity No: 1149800), operating as DONATE. Texts will be charged at your standard network rate. For Terms & Conditions, see www.easydonate.org

We are very grateful for all the donations we receive, and it is heartening to read the messages that come with them.

Those of you who have studied the terms and conditions of the Donate website will know that, like all online giving platforms, *Donate* (which is itself a registered charity) takes a small commission from the donations to fund its own systems and organisation. The Cathedral Chapter carefully researched the whole issue of online giving and settled on *Donate* as one of the most recommended and trusted organisations in the field. All donations are eligible for Gift Aid and the gift aid administration is carried out for us by *Donate*.

As always, the Church encourages regular giving and the most effective and efficient way to give regularly to the Cathedral, remains the Church in Wales *Gift Direct* scheme. This continues to be a vital part of our stewardship and we would encourage everyone to consider regularly giving to the Cathedral through this scheme. You can find more details about *Gift Direct* [here](#).

THE CATHEDRAL OFFICE

The office remains closed but for general enquiries you may still email admin@llandaffcathedral.org.uk or call the clergy on the telephone numbers listed below.

CLERGY

The Dean: The Very Rev'd Gerwyn Capon
The Dean is currently on sick leave

Precentor: The Rev'd Canon Mark Preece
precentor@llandaffcathedral.org.uk : 029 2056 8842

Chancellor: The Rev'd Canon Dr Jan van der Lely
chancellor@llandaffcathedral.org.uk : 029 2115 6258



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