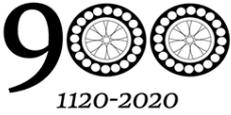




Llandaff Cathedral  
Eglwys Gadeiriol Llandaf



# LLANDAFF CATHEDRAL

## SECOND SUNDAY of LENT

### 8<sup>th</sup> March 2020

- 7.30AM SAID MATINS**  
Psalm 74
- 8.00AM HOLY EUCHARIST**  
President & Preacher: The Canon Precentor
- 9.00AM PARISH EUCHARIST** *(followed by tea/ coffee in Prebendal House)*  
President: The Canon Chancellor  
Preacher: The Dean  
Reader & Offertory: Harriet & John Morgan  
*Please bring foodstuffs for asylum seekers to the Prebendal House*
- 11.00AM CHORAL EUCHARIST** *(followed by tea/ coffee in Prebendal House)*  
President & Preacher: The Dean  
*Palestrina* Missa Æterna Christi Munera  
If ye love me *Tallis*  
Organ Voluntary: Prelude on Tôn-y-Botel *Willan*
- 12.30PM HOLY EUCHARIST** (Lady Chapel)  
President: The Rev'd Sue Rees
- 3.30PM CHORAL EVENSONG**  
Jesu dulcis memoria *Victoria*  
Responses *Smith*  
Psalm 135 Hymns 357, 461  
*MacMillan* Short Service  
Insanae et vanae curae *Haydn*  
Organ Voluntary: Choral No.2 in B minor *Franck*

*The Canon Precentor is covering services in Port Talbot today.*

*The organ voluntary at the end of each service is part of the offering of our worship.  
It is to be enjoyed but, please, **not** applauded.*

*New worshippers are especially welcome and are invited to make themselves known to the clergy.*

# IMPORTANT NOTICE – CORONAVIRUS

The current advice received from the Church in Wales is that members of our congregations should receive communion in ONE KIND, being the Body of Our Lord (as the wafer of bread) but for those who particularly want to receive from the common cup (the chalices containing the wine as The Precious Blood) to do so discretely. I have taken the view however, given the size of our congregations, that it may be more helpful to avoid any doubt in the matter and therefore, at the Cathedral, Communion will be available in ONE KIND (the Bread as the Body of Christ). It is the church's understanding that the full efficacy of the sacrament of Holy Communion is provided whether we take in one or both kinds.

We are discouraging any physical contact for the time being and so at the sharing of The Peace during the liturgy, please greet one another without contact.

I do hope you will understand the motives behind this decision which is entirely for benefit of our public health and it will operate until further notice.

*The Dean*

# THE PROCESSIONAL HYMN

All my hope on God is founded;  
He doth still my trust renew.  
Me through change and chance he guideth,  
Only good and only true.  
God unknown,  
He alone  
Calls my heart to be his own.

Human pride and earthly glory,  
Sword and crown betray his trust;  
What with care and toil he buildeth,  
Tower and temple, fall to dust.  
But God's power,  
Hour by hour,  
Is my temple and my tower.

God's great goodness ay endureth,  
Deep his wisdom, passing thought:  
Splendour, light, and life attend him,  
Beauty springeth out of nought.  
Evermore,  
From his store  
New-born worlds rise and adore.

Daily doth the almighty giver  
Bounteous gifts on us bestow;  
His desire our soul delighteth,  
Pleasure leads us where we go.  
Love doth stand  
At his hand;  
Joy doth wait on his command.

Still from earth to God eternal  
Sacrifice of praise be done,  
High above all praises praising  
For the gift of Christ his Son.  
Christ doth call  
One and all:  
Ye who follow shall not fall.

## **Collect**

Almighty God, you show to those who are in error the light of your truth, that they may return to the way of righteousness: grant that all who are admitted into the fellowship of Christ's religion, may reject those things that are contrary to their baptism, and follow in the way of Jesus Christ our Lord; who is alive and reigns with you and the Holy Spirit, one God, now and for ever. **Amen.**

## ***A reading from the Book of Genesis***

Genesis 12. 1-4a

Now the Lord said to Abram, 'Go from your country and your kindred and your father's house to the land that I will show you. I will make of you a great nation, and I will bless you, and make your name great, so that you will be a blessing. I will bless those who bless you, and the one who curses you I will curse; and in you all the families of the earth shall be blessed.'

So Abram went, as the Lord had told him; and Lot went with him.

*This is the word of the Lord.*

**Thanks be to God.**

# PSALM 121

1. I will lift up mine eyes unto the hills:  
from whence cometh my help?

2. My help cometh from the Lord:  
who hath made heaven and earth.

3. He will not suffer thy foot to be moved:  
and he that keepeth thee will not sleep.

4. Behold he that keepeth Israel:  
shall neither slumber nor sleep.

5. The Lord himself is thy keeper:  
the Lord upon thy right hand shall give thee shade;

6. The sun shall not strike thee by day:  
neither shall the moon by night.

7. The Lord shall preserve thee from all evil:  
yea it is he that shall keep thee safe.

8. The Lord shall preserve thy going out and thy coming in:  
from this time forth for evermore.

## ***A reading from St Paul's Letter to the Romans***

Romans 4. 1-5. 13-17

What then are we to say was gained by Abraham, our ancestor according to the flesh? For if Abraham was justified by works, he has something to boast about, but not before God. For what does the scripture say? 'Abraham believed God, and it was reckoned to him as righteousness.' Now to one who works, wages are not reckoned as a gift but as something due. But to one who without works trusts him who justifies the ungodly, such faith is reckoned as righteousness.

For the promise that he would inherit the world did not come to Abraham or to his descendants through the law but through the righteousness of faith. If it is the adherents of the law who are to be the heirs, faith is null and the promise is void. For the law brings wrath; but where there is no law, neither is there violation.

For this reason it depends on faith, in order that the promise may rest on grace and be guaranteed to all his descendants, not only to the adherents of the law but also to those who share the faith of Abraham (for he is the father of all of us, as it is written, 'I have made you the father of many nations')—in the presence of the God in whom he believed, who gives life to the dead and calls into existence the things that do not exist.

*This is the word of the Lord. Thanks be to God.*

*Listen to the Gospel of Christ according to Saint John.*

John 3. 1-17

**Glory to you, O Lord.**

Now there was a Pharisee named Nicodemus, a leader of the Jews. He came to Jesus by night and said to him, 'Rabbi, we know that you are a teacher who has come from God; for no one can do these signs that you do apart from the presence of God.' Jesus answered him, 'Very truly, I tell you, no one can see the kingdom of God without being born from above.' Nicodemus said to him, 'How can anyone be born after having grown old? Can one enter a second time into the mother's womb and be born?' Jesus answered, 'Very truly, I tell you, no one can enter the kingdom of God without being born of water and Spirit. What is born of the flesh is flesh, and what is born of the Spirit is spirit. Do not be astonished that I said to you, "You must be born from above." The wind blows where it chooses, and you hear the sound of it, but you do not know where it comes from or where it goes. So it is with everyone who is born of the Spirit.' Nicodemus said to him, 'How can these things be?' Jesus answered him, 'Are you a teacher of Israel, and yet you do not understand these things?

'Very truly, I tell you, we speak of what we know and testify to what we have seen; yet you do not receive our testimony. If I have told you about earthly things and you do not believe, how can you believe if I tell you about heavenly things? No one has ascended into heaven except the one who descended from heaven, the Son of Man. And just as Moses lifted up the serpent in the wilderness, so must the Son of Man be lifted up, that whoever believes in him may have eternal life.

'For God so loved the world that he gave his only Son, so that everyone who believes in him may not perish but may have eternal life.

'Indeed, God did not send the Son into the world to condemn the world, but in order that the world might be saved through him.

*This is the Gospel of the Lord.*

**Praise to you, O Christ.**

# OFFERTORY HYMN

1. Thy hand, O God, has guided  
thy flock, from age to age;  
their wondrous tale is written,  
full clear, on every page;  
our fathers owned thy goodness,  
and we their deeds record;  
and both of this bear witness;  
one Church, one faith, one Lord.
2. Thy heralds brought glad tidings  
to greatest as to least;  
they bade men rise, and hasten  
to share the great King's feast;  
and this was all their teaching,  
in every deed and word,  
to all alike proclaiming  
one Church, one faith, one Lord.
3. Through many a day of darkness,  
through many a scene of strife,  
the faithful few fought bravely,  
to guard the nation's life.  
Their gospel of redemption,  
sin pardoned, man restored,  
was all in this enfolded:  
one Church, one faith, one Lord.
4. And we, shall we be faithless?  
Shall hearts fail, hands hang down?  
shall we evade the conflict,  
and cast away our crown?  
Not so: in God's deep counsels  
some better thing is stored;  
we will maintain, unflinching,  
one Church, one faith, one Lord.
5. Thy mercy will not fail us,  
nor leave thy work undone;  
with thy right hand to help us,  
thy victory shall be won;  
And then, by all creation,  
thy name shall be adored,  
and this shall be their anthem:  
one Church, one faith, one Lord.

Edward Hayes Plumpton (1821-1891)  
Music: THORNBURY Basil Harwood (1859-1949)

# POST COMMUNION HYMN

Oft in danger, oft in woe,  
onward, Christians, onward go;  
bear the toil, maintain the strife,  
strengthened with the bread of life.

Onward, Christians, onward go!  
join the war, and face the foe.  
Will you flee in danger's hour?  
Know you not your Captain's power?

Let not sorrow dim your eye;  
soon shall every tear be dry;  
let not fears your course impede;  
great your strength, if great your need.

Let your drooping hearts be glad;  
march in heavenly armour clad;  
fight, nor think the battle long:  
soon shall victory wake your song.

Onward then in battle move;  
more than conquerors ye shall prove:  
though opposed by many a foe,  
Christian soldiers, onward go.

Words: Henry Kirke White (1785-1806), Frances Sara Colquhoun (1809-1877)

Music: UNIVERSITY COLLEGE Henry John Gauntlett (1805-1876)

**Those who have asked for prayer:**

Roger Rathbone, Catherine Hughes, Archie Conway-Gardner, Ray Edwards,  
Mary Robertson, Margaret Harries, Valerie Aspden.

**The long term sick and housebound, among them:**

John Brewster, Mary Wines, Sid Baldwin, Tom Bailey,  
Dafydd Hughes, Fred Mudge, Marjorie Mudge.

**The departed:**

*For those who have died recently:* Margaret Beecher, Eileen Watkins, Tracie Waddington,  
Chloe Franklin.

*Year's mind:*

8 March	Mary Stockman, Frances Mary Amos, Glenys Mabel Evans
9 March	Muriel Weaver, Frederick George Messner, Edna May Lewarne, Jack William Lewarne
10 March	Peter Wells Giles
11 March	Will Roberts, John Alexander Hay, Joan Patricia Jenkins, Ramsay Sewart Withers
12 March	Leonard Davies, Bunny Davies, Clive Arthur Mulrooney
13 March	George James Everett, Kathleen Jeannetta Headworth, Sheila Mary Morris
14 March	Lewis Davies, David John Jones (Priest), Margery Elizabeth Symes

**THE WEEKLY PRAYER INTENTIONS**

<b>Sunday:</b>	The Anglican Church of the Congo The Parish of Rhondda Fach Uchaf: The Rev'd David Jones The Greater Chapter
<b>Monday:</b>	The Diocese of Maridi (South Sudan) The Parish of Tonyrefail w Gilfach Goch: The Rev'd Canon Ruth Moverley The Cathedral's school visits team
<b>Tuesday:</b>	The Diocese of Ho (West Africa) The Rectorial Benefice of Ystradyfodwg: The Rev'd Haydn England-Simon The Cathedral Stewards
<b>Wednesday:</b>	The Diocese of Marsabit (Kenya) The Department for Parish Resources: Mark Brampton The Cathedral Choir
<b>Thursday:</b>	The Diocese of Maryland (The Episcopal Church) The Archdeaconry of Llandaff: The Venerable Peggy Jackson The Morning Hours homeless café with St John's
<b>Friday:</b>	The Diocese of Upper Shire (Central Africa) The Deanery of Cardiff: The Rev'd Canon Stewart Lisk The Llandaff Cathedral Choral Society
<b>Saturday:</b>	The Diocese of Hokkaido (Japan) The Parish of Cardiff, Dewi Sant: The Rev'd Dyfrig Lloyd The Churchwardens

## NOTICES

**Lent Appeal 2020** - the focus of this year's Lent Appeal will be the *Church in Wales Centenary Fund*. This has been launched to support two charities – one at home, and one overseas – to mark 100 years of the Church in Wales. The Appeal aims to raise at least £100,000 over the next five years for Housing Justice Cymru and Christian Aid. Envelopes are now available at the back of the Cathedral.

**The Lent Appeal collection starts today**, for the Church in Wales Centenary Appeal Fund. This Fund will be shared between Housing Justice Cymru and a Peace and Reconciliation project in South Sudan. *Please use the 'Lent Appeal' gift aid envelopes* if you are a UK taxpayer, and please fill in your name and address. Cheques should be payable to 'Llandaff Cathedral'. Many thanks for all your donations.

**Fairtrade Fortnight** – There will be an opportunity to buy Fairtrade goods at Parish Breakfast and at coffee after the 11am service. The stall will be provided by "Fair do's," from Canton. It would be great to provide this monthly; if anyone could volunteer to help with this please speak to Canon Jan.

The **Cathedral Shop** is in desperate need of volunteers. Help is wanted during the 1<sup>st</sup>, 3<sup>rd</sup> 4<sup>th</sup> weeks of March. For more information please speak with Mary Madsen.

**Christian Aid Week 10-16<sup>th</sup> May 2020** – We are appealing for people to join our team of house-to-house collectors in Christian Aid Week. At present we don't have enough collectors to cover the whole parish. We will supply you with everything you need for the collection. All we need from you is the willingness to help. If you are interested in volunteering then please sign the list on the table at the back of the Nave. If you would like some more information please contact Kate Bates at [kathrynbates@talktalk.net](mailto:kathrynbates@talktalk.net).

**Stay in touch** - for the latest news in Llandaff Diocese you can receive 'Llandaff Matters' online weekly. It's good to know what is happening across the diocese. Sign up here: <https://llandaff.churchinwales.org.uk/llandaffmatters/>

**Saint Teilo's Guild** will meet on Monday March 9<sup>th</sup> at 2:15pm in the Parish Hall. (*Please take note of the change of time for the start of this meeting*). Visitors are most welcome to join us.

**Cardiff Foodbank** – Thank you so much for the kind donation of 383.8 kg of food donated by Llandaff Cathedral to Cardiff Foodbank from October to December 2019. This will provide 33 local people in crisis with 3 days' supply of food. You are helping us to make a difference in the lives of people in real need and we couldn't do it without you.

## SERVICES AND EVENTS THIS WEEK

<b>Monday</b>	<b>8.30 am</b>	Morning Prayer (St Dyfrig Chapel)
	<b>10.00 am</b>	Holy Eucharist (St Dyfrig Chapel)
	<b>1.30 pm</b>	Funeral – Margaret Beecher
	<b>5.30 pm</b>	Choral Evensong
<b>Tuesday</b>	<b>8.30 am</b>	Morning Prayer (St Dyfrig Chapel)
	<b>12.00 pm</b>	Holy Eucharist (St David Chapel)
	<b>12.30 pm</b>	Lent Lunch (Prebendal House)
	<b>5.30 pm</b>	Choral Evensong
<b>Wednesday</b>	<b>8.30 am</b>	Morning Prayer (St Dyfrig Chapel)
	<b>10.00 am</b>	Holy Eucharist (St David Chapel)
	<b>12.00 pm</b>	Cathedral School Choir Concert
	<b>5.30 pm</b>	Choral Evensong
	<b>7.30 pm</b>	Holy Eucharist with Homily
<b>Thursday</b>	<b>10.00 am</b>	Yr Offeren (St Dyfrig Chapel)
	<b>5.30 pm</b>	Choral Evensong
	<b>6.30 pm</b>	Bible study group (Prebendal House)
<b>Friday</b>	<b>10.00 am</b>	Holy Eucharist (Lady Chapel)
	<b>5.30 pm</b>	Choral Evensong
<b>Saturday</b>	<b>9.30 am</b>	Holy Eucharist (St Teilo Chapel)
	<b>5.30 pm</b>	Choral Evensong <i>sung by the Guild of St Teilo</i>

**Next Sunday's services are as normal.**

### Weekly Notes

Notices for the Weekly Notes to be received no later than 9.30am each Thursday.

Please contact the Cathedral Office on 029 2056 4554 or [admin@llandaffcathedral.org.uk](mailto:admin@llandaffcathedral.org.uk)

A printable version of the Weekly Notes is available on the website at

[www.llandaffcathedral.org.uk](http://www.llandaffcathedral.org.uk)

Your donations help significantly with the upkeep of this magnificent building. We invite you to give by means of Gift Direct (Giving with a Direct Debit). If you pay tax, however, the Cathedral can claim tax back to increase the value of your donation by 25%. We are enormously grateful to all who do this as an expression of their gratitude for God's great goodness. For more information please contact Helen Patterson on 029 2061 9166.



## CATHEDRAL OFFICE

**Telephone:** 029 2056 4554

## CLERGY

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**Precentor:** The Rev'd Canon Mark Preece:  
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**Chancellor:** The Rev'd Canon Dr. Jan van der Lely:  
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## CATHEDRAL STAFF

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**Head Virger:** Jonathan Hoad: [jonathanhoad@llandaffcathedral.org.uk](mailto:jonathanhoad@llandaffcathedral.org.uk)

**Director of Music:** Stephen Moore: [stephenmoore@llandaffcathedral.org.uk](mailto:stephenmoore@llandaffcathedral.org.uk)

**Organist:** David Thomas: [davidthomas@llandaffcathedral.org.uk](mailto:davidthomas@llandaffcathedral.org.uk)

**Cathedral Accountant:** Rachel Davies: [racheldavies@llandaffcathedral.org.uk](mailto:racheldavies@llandaffcathedral.org.uk)

## PARISH OFFICERS

**Vicar's Warden:** John R. Kenyon: [john.r.kenyon@ntlworld.com](mailto:john.r.kenyon@ntlworld.com)

**Parish Warden:** David Cassidy: [davidcassidy14@yahoo.co.uk](mailto:davidcassidy14@yahoo.co.uk)

**Safeguarding Officer:** Kathryn Bates: [kathryn Bates@talktalk.net](mailto:kathryn Bates@talktalk.net)

**Stewardship Secretary:** Helen Patterson: 029 2061 9166

**Sacristan:** Myra Jenkins: [jenkinsmyra141@gmail.com](mailto:jenkinsmyra141@gmail.com)



The Cathedral is on Facebook, Twitter and Instagram!

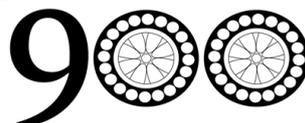
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