

C A D E I R L A N
L L A N D A F
C A T H E D R A L

CHORAL EUCHARIST

marking the 30th Anniversary of the foundation of the Girl Choristers

Sunday 8th March 2026

11.00am

Order of Service



Please recycle
this booklet



CROESO | WELCOME

We are delighted to welcome you to this service at your Cathedral. The Cathedral Church of Ss. Peter & Paul, Teilo, Dyfrig, and Euddogwy, has been a site of Christian worship for over 1,500 years. If you are joining us for the first time, please introduce yourself to a member of clergy, who will be happy to tell you more about worship in this place.

Everything you need to follow the service is contained in this booklet. Please join in with the singing of the hymns, as well as the text printed in **Bold**. The rubrics (indicated with the '§' symbol) in this service indicating posture are suggestions only. If you are more comfortable remaining seated throughout the service, please do so.

Gluten-free wafers are available at the Communion.
If you wish to receive one, please ask a steward in advance.

Donate

A collection is taken during this service to maintain the work and upkeep of this beautiful Cathedral. If you would like to support us financially, there are several ways you can donate;

Cash & Contactless

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If you are a UK tax payer, please consider using Gift-Aid on your donation, as this enables us to claim an extra 25% on each donation.



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The Cathedral is served by a hearing loop.
Users should turn their hearing aid to the setting marked **T**.

Large print versions of this booklet are available.
Please ask a steward for a copy.

Toilets are located at the end of the Processional Way via the David Chapel,
on the north side of the cathedral.

This service will be live streamed on the Cathedral's YouTube channel. Care is taken to focus on the liturgy and not the congregation, but if you are concerned about being visible on the stream, please speak to a Steward.



Please ensure that all electronic devices are set to silent mode.
We kindly request that you do not take photographs, or video or sound recording in the cathedral at any time during this service.

ORDER OF SERVICE

§ Notices are read from the Lectern before the service.

THE GATHERING

§ Please stand as the Procession enters. All sing:

The Entrance Hymn



All **1. And didst thou travel light, dear Lord,
was thine so smooth a road
that thou upon thy shoulders broad
could hoist our heavy load?
Too frail each other's woes to bear
without thy help are we;
can we each other's burdens share,
if we not burden thee?**

**2. O wonder of the world withstood!
That night of prayer and doom
was not the sunset red with blood,
the dawn pale as a tomb?
In agony and bloody sweat,
in tears of love undried,
O undespairing Lord, and yet
with man identified.**

**3. As in dark drops the pitting rain
falls on a dusty street,
so tears shall fall and fall again
to wash thy wounded feet.
But thy quick hands to heal are strong,
O love, thy patients we,
who sing with joy the pilgrim's song
and walk, dear Lord, with thee.**

Words: Geoffrey Dearmer (1893-1996)

Music: KINGSFOLD
Melody from English Country Songs (1893)
Harmony by Ralph Vaughan Williams (1872-1958)

✠ In the name of the Father, and of the Son
and of the Holy Spirit.

Pawb **Amen.**

Yn enw'r Tad, a'r Mab,
a'r Ysbryd Glân.

Amen.

May the grace and peace of God, who is
full of compassion and tenderness,
and who calls us back with all our heart,
be with you all.

Pawb **And also with you.**

Boed i ras a thangnefedd Duw, sy'n llawn
tosturi a thirionedd
ac sy'n ein galw i ddychwelyd ato â'n holl
galon, fod gyda chwi oll.

A hefyd gyda thi.

**Father of glory, holy and eternal, look upon us now in power and mercy.
May your strength overcome our weakness, your radiance transform our
blindness, and your Spirit draw us to that love shown and offered to us by
your Son, our Saviour Jesus Christ. Amen.**

As we gather for this Eucharist, let us listen to the Lenten call to conversion of heart
as we acknowledge our sins and seek reconciliation with God and one another.

§ *Please sit or kneel.*

Choir Kyrie, eleison.
Christe, eleison.
Kyrie, eleison.

*Lord, have mercy upon us.
Christ, have mercy upon us.
Lord, have mercy upon us.*

Music: Messe Solennelle
Louis Vierne (1870-1937)

Let us confess our sins to God, our Father:

All **Heavenly Father,
we have sinned in thought,
word and deed,
and have failed to do
what we ought to have done.
We are sorry and truly repent.
For the sake of your Son Jesus Christ
who died for us,
forgive us all that is past
and lead us in his way
to walk as children of light. Amen.**

**Dad nefol,
yr ydym wedi pechu ar feddwl,
gair a gweithred,
a heb wneud yr hyn a ddylem.
Mae'n wir ddrwg gennym,
ac yr ydym o ddifrif yn edifarhau.
Er mwyn dy Fab Jesu Grist
a fu farw drosom.
Maddeua inni'r cwbl a aeth heibio
ac arwain ni yn ei ffordd ef
I gerdded fel plant y goleuni. Amen**

✠ Almighty God,
who forgives all who truly repent,
have mercy on you
and set you free from sin,
strengthen you in goodness
and keep you in eternal life;
through Jesus Christ our Lord.

All **Amen.**

Yr Hollalluog Dduw,
sy'n maddau I bawb sy'n wir edifeiriol,
a drugarhao wrthy ch,
a'ch rhyddhau o bechod,
eich cadarnhau mewn daioni
a'ch cadw yn y bywyd tragwyddol;
trwy Iesu Grist ein Harglwydd.

Amen.

Let us pray:

§ *After a short silence, the President offers the collect for the day. Following the collect:*

Almighty God,
whose most dear Son went not up to joy
but first he suffered pain,
and entered not into glory before he was crucified:
mercifully grant that we, walking in the way of the cross,
may find it none other than the way of life and peace;
through Jesus Christ your Son our Lord,
who is alive and reigns with you
and the Holy Spirit,
one God, now and for ever.

All **Amen.**

THE LITURGY OF THE WORD

The First Lesson

A reading from the book of Exodus:

The whole people of Israel made the journey through the wilderness in stages, as the Lord commanded. In one place where they rested, there was no water for the people to drink. The people argued, and complained against Moses, saying, 'You have brought us out of Egypt to a place where we, and our children, and our livestock, will all die of thirst!'

Moses said to them, 'Surely you should not quarrel or complain against me. For surely you should not doubt the Lord, or put the Lord to the test.'

And Moses cried out to the Lord, 'What shall I do with this people? They are almost ready to stone me.'

The Lord said to Moses, 'Go on ahead of the people. Take with you some of the elders of the people. Carry with you the same stick that you used to strike the river Nile. I will stand before you, on the rock, at Mount Sinai. You will strike the rock, and water will come out of the rock, for the people to drink.'

And Moses did as the Lord commanded. And he called the place 'Quarrel', and 'Testing', because there, the people had quarrelled, and doubted the Lord, and even questioned whether the Lord was with them.

Exodus 17. 1-7

This is the word of the Lord.

All **Thanks be to God.**

The Psalm

O come let us sing unto the Lord:
let us heartily rejoice in the Rock of our salvation.

Let us come before his presence with thanksgiving:
and sing loudly unto him with psalms.

For the Lord is a great God:
and a great King above all gods.

In his hand are all the deep places of the earth:
and the heights of the mountains are his also.

The sea is his and he made it:
and his hands prepared the dry land.

O come let us worship and bow down:
and kneel before the Lord our Maker.

For he is the Lord our God:
and we are his people and the sheep of his pasture.

Today if ye will hear his voice, harden not your hearts as at Meribah:
and as on the day of Massah in the wilderness.

When your fathers tested me and put me to the proof:
though they had seen my works.

Forty years long did I abhor that generation and said:
It is a people that do err in their hearts,
for they give no heed to my ways.

Even as I sware in my wrath:
that they should not enter into my rest.

Psalm 95

Chant: J. Barnby

The Second Lesson

A reading from the Letter of Paul to the Romans:

It is rare for anyone to die for another - even for somebody good. And so we see the proof of God's great love for us in this: that while we were still weak, ungodly sinners, Christ died for us. And now we have received God's love into our hearts through the gift of the Holy Spirit. We have been reconciled with God, by faith, in our Lord Jesus Christ. And now we stand, with joyful confidence, in the grace, and the peace, and the glory of God.

Romans 5. 1-11

This is the word of the Lord.

All **Thanks be to God.**

The Gospel

§ Please stand as the Gospel is processed into the Nave. We respond to Gospel acclamation after the choir sing:

Choir Praise to you, O Christ, King of eternal glory.

All  Praise to you, O Christ, King of e - ter - nal glo - ry.

§ The choir sings a sentence from scripture:

All  Praise to you, O Christ, King of e - ter - nal glo - ry.

§ When the Gospel is introduced:

The Lord be with you.

All **And also with you.**

Listen to the Gospel of Christ according to Saint John,

(organ)

All  Glo - ry to you, O Lord.

Jesus approached a town in Samaria, on land that Jacob had once given to his son Joseph. Tired out by the journey, Jesus sat down by Jacob's Well, while his disciples went into town to buy food. At about midday, a woman of Samaria came to draw water from the well. Jesus asked her to draw some water for him to drink. Now Jews do not share things with people of Samaria, so the woman said to Jesus, 'It is strange that you, being Jewish, are requesting a drink from me, a woman of Samaria.' Jesus said, 'If you knew the generosity of God, and who it is that is asking you for a drink, you would have asked him for the gift of living water.' The woman said to him, 'Sir, you have no bucket, and the well is deep. Where would you get that living water? Are you greater than our ancestor Jacob, who gave us this well, and drank from it himself, with his sons, and all their livestock?' Jesus said, 'Everyone who drinks this water will be thirsty again. But those who drink the water that I give will never be thirsty. The water that I give will become, within them, a flowing fountain of water for eternal life.'

John 4. 5-14

This is the Gospel of the Lord.

(organ)

All  Praise to you, O Christ.

§ The organ is played as the Gospel procession returns to the High Altar.

The Sermon

§ *Please sit.*

The Nicene Creed

§ *Please stand.*

All **We believe in one God,
the Father, the Almighty,
maker of heaven and earth,
of all that is, seen and unseen.**

**We believe in one Lord, Jesus Christ, the only Son of God,
eternally begotten of the Father, God from God, Light from Light,
true God from true God,
begotten, not made, of one Being with the Father.
Through him all things were made.
For us and for our salvation he came down from heaven;
by the power of the Holy Spirit
he became incarnate from the Virgin Mary, and was made man.
For our sake he was crucified under Pontius Pilate;
he suffered death and was buried.
On the third day he rose again
in accordance with the Scriptures;
he ascended into heaven
and is seated at the right hand of the Father.
He will come again in glory
to judge the living and the dead,
and his kingdom will have no end.**

**We believe in the Holy Spirit,
the Lord, the giver of life,
who proceeds from the Father and the Son,
who with the Father and the Son
is worshipped and glorified,
who has spoken through the prophets.**

**We believe in one holy catholic and apostolic Church.
We acknowledge one baptism for the forgiveness of sins.
We look for the resurrection of the dead,
and the life of the world to come. Amen.**

The Intercessions

§ *Please sit or kneel. All present are asked to pray:*

All Lord, in your mercy,
hear our prayer.

Arglwydd, yn dy drugaredd
gwrando ein gweddi.

§ *The prayers end with:*

All **Merciful Father,
accept these prayers
for the sake of your Son,
our Saviour Jesus Christ.
Amen.**

**Dad trugarog,
derbyn y gweddiau hyn
er mwyn dy Fab
ein Gwardwr Iesu Grist.
Amen.**

THE LITURGY OF THE SACRAMENT

§ *Please stand.*

The Peace

Now that we have been justified through faith, we are at peace with God through our Lord Jesus Christ.

All The peace of the Lord
be with you always.
And also with you.

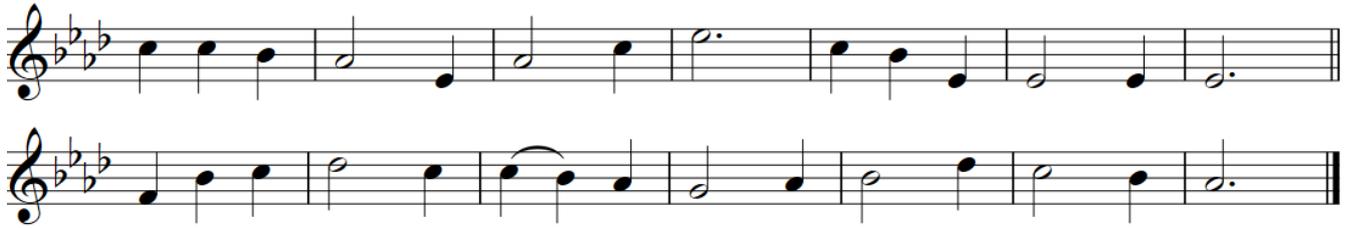
Tangnefedd yr Arglwydd
a fo gyda chwi bob amser.
A hefyd gyda thi.

Let us offer one another a sign of peace.

§ *The congregation share a sign of peace with one another.*

The Offertory Hymn

§ During the singing of the hymn, a collection will be taken for the ministry and mission of the Cathedral.



- All
1. **Praise to the Holiest in the height,
and in the depth be praise:
in all his words most wonderful,
most sure in all his ways.**
 2. **O loving wisdom of our God!
when all was sin and shame,
a second Adam to the fight
and to the rescue came.**
 3. **O wisest love! that flesh and blood,
which did in Adam fail,
should strive afresh against the foe,
should strive and should prevail;**
 4. **And that a higher gift than grace
should flesh and blood refine,
God's presence and his very self,
and essence all-divine.**
 5. **O generous love! that he, who came
as man to smite our foe,
the double agony for us
as man should undergo.**
 6. **And in the garden secretly,
and on the Cross on high,
should teach his followers, and inspire
to suffer and to die.**
 7. **Praise to the Holiest in the height,
and in the depth be praise:
in all his words most wonderful,
most sure in all his ways.**

Words: John Henry Newman (1801-1890)

Music: GERONTIUS
John Bacchus Dykes (1823-76)

The Thanksgiving

God of mercy and compassion,
your Word calls us home to faith and love.
accept all we offer you this day;
in the name of Jesus Christ the Lord.

All **Amen.**

The Lord be with you.

All **And also with you.**

Lift up your hearts.

All **We lift them to the Lord.**

Let us give thanks to the Lord our God.

All **It is right to give our thanks and praise.**

It is indeed right and good
to give you thanks and praise,
almighty God and everlasting Father,
through Jesus Christ your Son.

For in these forty days
you lead us into the desert of repentance
that through a pilgrimage of prayer and discipline
we may grow in grace
and learn to be your people once again.
Through fasting, prayer and acts of service
you bring us back to your generous heart.
Through study of your holy word
you open our eyes to your presence in the world
and free our hands to welcome others
into the radiant splendour of your love.
As we prepare to celebrate the Easter feast
with joyful hearts and minds
we bless you for your mercy
and join with saints and angels
for ever praising you and singing:

Choir Sanctus, Sanctus, Sanctus,
Dominus Deus Sabaoth.
Pleni sunt coeli et terra gloria tua;
Hosanna in excelsis.

*Holy, Holy, Holy
Lord, God of Hosts.
Heaven and earth are full of your glory.
Hosanna, in the highest.*

§ *Eisteddwch neu benliniwch.*

Pob moliant a diolch i ti, y gwir a'r bywiol Dduw, Crëwr pob peth, Rhoddwr bywyd. Lluniaist ni ar dy ddelw dy hun, ond yr ydym ni wedi difwyno'r ddelw honno a syrthio'n brin o'th ogoniant. Rhoddwn ddiolch i ti am anfon dy Fab i rannu ein bywyd ni; fe'i hildiaist i farwolaeth fel y câi'r byd ei achub, a'i atgyfodi oddi wrth y meirw fel y bo i ni fyw ynddo ef, ac yntau ynom ninnau.

Sancteiddia â'th Ysbryd y bara hwn a'r gwin hwn, dy roddion inni, fel y bônt i ni yn gorff a gwaed ein Hiachawdwr, Iesu Grist.

Y nos y bradychwyd ef, cymerodd fara ac, wedi rhoi diolch, fe'i torrodd a'i roi i'w ddisgyblion, gan ddweud,

Cymerwch, bwytewch; hwn yw fy nghorff a roddir drosoch: gwnewch hyn er cof amdanaf.

Yr un modd ar ôl swper cymerodd y cwpan, ac, wedi rhoi diolch, fe'i rhoddodd iddynt, gan ddweud,

Yfwch o hwn bawb,
oherwydd hwn yw fy ngwaed o'r cyfamod newydd
a dywelltir drosoch a thros lawer
er maddeuant pechodau:
gwnewch hyn bob tro yr yfwch ef
er cof amdanaf.

Gadewch inni gyhoeddi dirgelwch y ffydd:

Pawb

Bu farw Crist.

Atgyfododd Crist.

Daw Crist mewn gogoniant.

Fel y gorchmynnodd ef inni, O Dad, yr ydym yn cofi o Iesu Grist, dy Fab. Gan gyhoeddi ei farwolaeth fuddugoliaethus, a chan ymlawenhau yn ei atgyfodiad, a disgwyl iddo ddod mewn gogoniant, deunw â'r bara hwn i ti, a'r cwpan hwn.

Derbyn ein haberth o ddiolch a moliant. Adfer ac adfywia dy holl bobl, adnewyddda ni a phawb y gweddiwn trostynt â'th ras a'th fendith nefol a derbyn ni yn y diwedd gyda'th holl saint i'r llawenydd diderfyn hwnnw a addawyd inni gan dy Fab, ein Harglwydd Iesu Grist.

Trwyddo ef, gydag ef, ynddo ef, yn undod yr Ysbryd Glân, eiddot ti, Dad hollalluog, yw pob anrhydedd a gogoniant, yn oes oesoedd.

Pawb

Amen.

§ *Please sit or kneel.*

All praise and thanks to you, true and living God, Creator of all things, Giver of life. You formed us in your own image; but we have marred that image and fall short of your glory. We give you thanks that you sent your Son to share our life; you gave him up to death that the world might be saved, and you raised him from the dead that we might live in him and he in us.

Sanctify with your Spirit this bread and wine, your gifts to us, that they may be for us the body and blood of our Saviour Jesus Christ.

On the night he was betrayed, he took bread, and when he had given thanks he broke it and gave it to his disciples, saying,

Take, eat; this is my body which is given for you:
do this in remembrance of me.

In the same way after supper he took the cup, and when he had given thanks he gave it to them, saying,

Drink from this, all of you,
for this is my blood of the new covenant
which is shed for you and for many
for the forgiveness of sins:
do this as often as you drink
it in remembrance of me.

Let us proclaim the mystery of faith:

All

Christ has died.

Christ is risen.

Christ will come in glory.

As he has commanded us, Father, we remember Jesus Christ, your Son. Proclaiming his victorious death, rejoicing in his resurrection and waiting for him to come in glory we bring to you this bread, this cup.

Accept our sacrifice of thanks and praise. Restore and revive your people, renew us and all for whom we pray with your grace and heavenly blessing, and at the last receive us with all your saints into that unending joy promised by your Son, Jesus Christ our Lord.

Through him, with him, in him, in the unity of the Holy Spirit all honour and glory are yours, almighty Father, for ever and ever.

All

Amen.

Let us pray with confidence to the Father:

All **Our Father who art in heaven,
hallowed be thy name,
thy kingdom come,
thy will be done,
on earth as it is in heaven.
Give us this day our daily bread.
And forgive us our trespasses
as we forgive those
who trespass against us.
And lead us not into temptation,
but deliver us from evil.
For thine is the kingdom,
the power and the glory,
for ever and ever.
Amen.**

Fel y dysgodd ein Hiachawdwr ni, gweddiwn yn hyderus:

**Ein Tad,
yr hwn wyt yn y nefoedd,
sancteiddier dy enw,
deled dy deyrnas,
gwneled dy ewyllys;
megis yn y nef, felly ar y ddaear hefyd.
Dyro i ni heddiw ein bara beunyddiol
a maddau i ni ein dyledion,
fel y maddeuwn ninnau i'n dyledwyr.
Ac nac arwain ni i brofedigaeth;
eithr gwared ni rhag drwg.
Canys eiddot ti yw'r deyrnas,
a'r gallu, a'r gogoniant,
yn oes oesoedd.
Amen.**

The Communion

§ *The priest breaks the bread:*

We break this bread to share in the body of Christ.

All **Though we are many, we are one body
for we all share in one bread.**

§ *The Choir sings the Agnus Dei. (The Agnus Dei may be sung during the distribution of Communion).*

Jesus is the Lamb of God who takes away the sins of the world.
Happy are those who are called to his supper.

All **Lord, I am not worthy to receive you,
but only say the word and I shall be healed.**

§ *All are invited to come forward to receive communion or a blessing. Please follow the direction of the stewards. You can indicate to the priest that you would like a blessing by keeping your arms lowered. For hygiene reasons, it is our custom at the cathedral not to dip, or intinct, the Host in the Chalice. The sacrament is administered with these words:*

The body of Christ. **Amen.**
The blood of Christ. **Amen.**

§ *During communion, the choir sings the Agnus Dei:*

<i>Choir</i>	Agnus Dei, qui tollis peccata mundi: miserere nobis.	<i>O Lamb of God, that takest away the sins of the world: have mercy on us.</i>
	Agnus Dei, qui tollis peccata mundi: miserere nobis.	<i>O Lamb of God, that takest away the sins of the world: have mercy on us.</i>
	Agnus Dei, qui tollis peccata mundi: dona nobis pacem.	<i>O Lamb of God, that takest away the sins of the world: grant us peace.</i>

§ *The Girl Choristers and Alumni of the choir a motet:*

It is a thing most wonderful,
Almost too wonderful to be,
That God's own Son should come from heaven,
And die to save a child like me.

And yet I know that it is true:
He chose a poor and humble lot,
And wept, and toiled and mourned and died,
For love of those who love him not.

I sometimes think about the Cross,
And shut my eyes, and try to see
The cruel nails and crown of thorns,
And Jesus crucified for me.

But even could I see him die,
I should but see a little part
Of that great love, which, like a fire,
Is always burning in his heart.

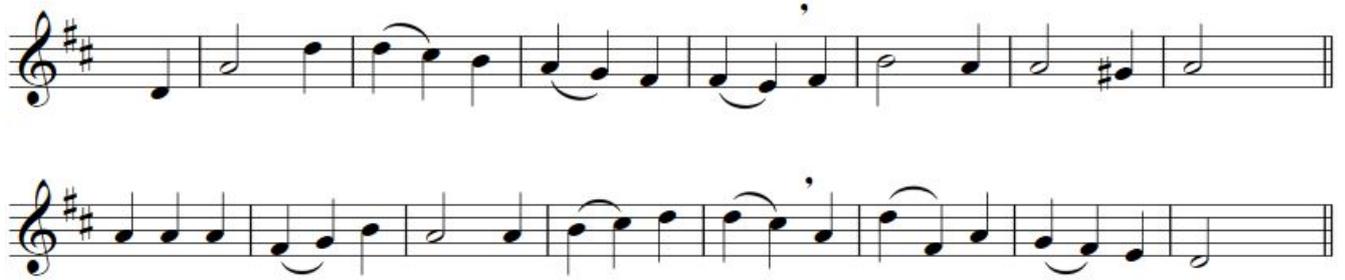
And yet I want to love thee, Lord;
O light the flame within my heart,
And I will love thee more and more,
Until I see thee as thou art.

Words: Bishop William Walsham How (1823-97)

Music: John Ireland (1879-1962)

§ Once all have received, please stand to sing:

Post-Communion Hymn



All 1. **Be thou my guardian and my guide,
and hear me when I call;
let not my slippery footsteps slide,
and hold me lest I fall.**

2. **The world, the flesh, and Satan dwell
around the path I tread;
O save me from the snares of hell,
thou quickener of the dead.**

3. **And if I tempted am to sin,
and outward things are strong,
do thou, O Lord, keep watch within,
and save my soul from wrong.**

4. **Still let me ever watch and pray,
and feel that I am frail;
that if the tempter cross my way,
yet he may not prevail.**

Words: Isaac Willams (1802-1865)

Music: ABRIDGE
Isaac Smith (1734-1805)

§ *Please remain standing.*

The Dismissal and Blessing

Give thanks to the Lord for he is gracious:

All **His love is everlasting.**

We beseech you, almighty God,
look upon the heartfelt desires of your humble servants,
and stretch forth the right hand of your majesty,
to be our defence against all our enemies;
through Jesus Christ our Lord.

All **Amen.**

All **We thank you Father, for feeding us with the body and blood of your Son in this holy sacrament, through which we are assured of the hope of eternal life. We offer ourselves to you as a living sacrifice. Keep us in the fellowship of his body, the Church, and send us out in the power of your Spirit to live and work to your praise and glory. Amen.**

The Lord be with you.

All **And also with you.**

Christ give you grace to grow in holiness,
to deny yourselves, take up your cross and follow him;

✠ And the blessing of God almighty,
the Father, the Son, and the Holy
Spirit, be among you and remain with
you always.

All **Amen.**

A bendith Duw hollalluog,
y Tad, y Mab, a'r Ysbryd Glân a
fo yn eich plith ac a drigo gyda
chwi yn wastad.

Amen.

Go in peace to love and serve the Lord.

All **In the name of Christ. Amen.**

§ *The congregation remains standing as the Procession leaves the Cathedral.*

The Closing Voluntary

Prelude pour Orgue
Cécile Chaminade (1857-1944)

§ *The Organ Voluntary at the end of each service is part of the offering of our worship. Please respect the stillness of those who wish to remain seated until it has ended.*

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