

Sunday 22 June 2025

First Sunday after Trinity

Weekly Notices

C A D E I R L A N
LLANDAF
C A T H E D R A L



Today's Services

- 8.00am **Holy Eucharist** [1984]
- 9.00am **Holy Eucharist** [2004]
- 11.00am **Choral Eucharist**
John Rutter Missa Brevis
Ave verum Mozart
Final from Sonata No' 1 Guilmant
- 4.00pm **Choral Evensong**
Steal away to Jesus John Barnard
Watson in E
How lovely are thy dwellings Brahms
Pièce héroïque Franck



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E - Newsletter



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A collection is taken during this service. If you are a UK tax payer, please consider using the Gift-Aid envelopes, as this enables us to claim an extra 25% on each donation. You can also donate by using the contactless giving devices located around the building, or via Text as follows:

To donate £5 text LLANDAFF to 70970
To donate £10 text LLANDAFF to 70191
Texts will be charged at your usual network rate.
For all Terms and Conditions, please visit
platform.nationalfundingscheme.org/terms-and-conditions

You can also donate by scanning the QR code:



The Collect of the Day

O God,
the strength of all those who put their trust in you,
mercifully accept our prayers
and, because through the weakness of our mortal nature
we can do no good thing without you,
grant us the help of your grace,
that in the keeping of your commandments
we may please you both in will and deed;
through Jesus Christ your Son our Lord,
who is alive and reigns with you,
in the unity of the Holy Spirit,
one God, now and for ever.

The Post-Communion Prayer

Eternal Father,
we thank you for nourishing us
with these heavenly gifts:
may our communion strengthen us in faith,
build us up in hope,
and make us grow in love;
for the sake of Jesus Christ our Lord.

The First Reading

A reading from the prophet Isaiah.

I was ready to be sought out by those who did not ask,
to be found by those who did not seek me.
I said, 'Here I am, here I am',
to a nation that did not call on my name.
I held out my hands all day long
to a rebellious people,
who walk in a way that is not good,
following their own devices;
a people who provoke me
to my face continually,
sacrificing in gardens
and offering incense on bricks;
who sit inside tombs,
and spend the night in secret places;
who eat swine's flesh,
with broth of abominable things in their vessels;
who say, 'Keep to yourself,
do not come near me, for I am too holy for you.'
These are a smoke in my nostrils,
a fire that burns all day long.
See, it is written before me:
I will not keep silent, but I will repay;
I will indeed repay into their laps
their iniquities and their ancestors' iniquities together,
says the Lord;
because they offered incense on the mountains
and reviled me on the hills,
I will measure into their laps
full payment for their actions.
Thus says the Lord:
As the wine is found in the cluster,
and they say, 'Do not destroy it,
for there is a blessing in it',
so I will do for my servants' sake,
and not destroy them all.
I will bring forth descendants from Jacob,
and from Judah inheritors of my mountains;
my chosen shall inherit it,
and my servants shall settle there.

This is the word of the Lord.

All: Thanks be to God.

Psalm

Be not thou far from me O Lord:
thou art my succour haste thee to help me.

**Deliver my soul from the sword:
my life from the pow-er of the dog.**

Save me from the lion's mouth:
and my soul in misery from the horns of the wild oxen.

**O praise the Lord ye that fear him:
magnify him all ye seed of Jacob, and fear him all ye seed of Israel.**

For he hath not despised nor abhorred the poor in / his affliction:
he hath not hid his face from him,
but when he called upon him he heard him.

**My praise is of thee in the great congregation:
my vows will I perform in the sight of them that fear him.**

The poor shall eat and be satisfied:
they that seek after the Lord shall praise him;
may your heart live for / ever.

**Let all the ends of the world remember and be turned unto the Lord:
and let all the families of the nations worship before him.**

For all the dominion is the Lord's:
and he is the Governor among the nations.

Psalm 22.19–28

The Second Reading

A reading from St Paul's letter to the Galatians.

Now before faith came, we were imprisoned and guarded under the law until faith would be revealed. Therefore the law was our disciplinarian until Christ came, so that we might be justified by faith. But now that faith has come, we are no longer subject to a disciplinarian, for in Christ Jesus you are all children of God through faith. As many of you as were baptized into Christ have clothed yourselves with Christ. There is no longer Jew or Greek, there is no longer slave or free, there is no longer male and female; for all of you are one in Christ Jesus. And if you belong to Christ, then you are Abraham's offspring, heirs according to the promise.

Galatians 3.23–end

This is the word of the Lord.

All: Thanks be to God.

The Gospel

Listen to the Gospel of Christ according to St Luke.

All: Glory to you, O Lord.

Then they arrived at the country of the Gerasenes, which is opposite Galilee. As he stepped out on land, a man of the city who had demons met him. For a long time he had worn no clothes, and he did not live in a house but in the tombs. When he saw Jesus, he fell down before him and shouted at the top of his voice, 'What have you to do with me, Jesus, Son of the Most High God? I beg you, do not torment me'— for Jesus had commanded the unclean spirit to come out of the man. (For many times it had seized him; he was kept under guard and bound with chains and shackles, but he would break the bonds and be driven by the demon into the wilds.) Jesus then asked him, 'What is your name?' He said, 'Legion'; for many demons had entered him. They begged him not to order them to go back into the abyss.

Now there on the hillside a large herd of swine was feeding; and the demons begged Jesus to let them enter these. So he gave them permission. Then the demons came out of the man and entered the swine, and the herd rushed down the steep bank into the lake and was drowned.

When the swineherds saw what had happened, they ran off and told it in the city and in the country. Then people came out to see what had happened, and when they came to Jesus, they found the man from whom the demons had gone sitting at the feet of Jesus, clothed and in his right mind. And they were afraid. Those who had seen it told them how the one who had been possessed by demons had been healed. Then all the people of the surrounding country of the Gerasenes asked Jesus to leave them; for they were seized with great fear. So he got into the boat and returned. The man from whom the demons had gone begged that he might be with him; but Jesus sent him away, saying, 'Return to your home, and declare how much God has done for you.' So he went away, proclaiming throughout the city how much Jesus had done for him.

Luke 8.26–39

This is the Gospel of the Lord.

All: Praise to you, O Christ.

WEEKLY NOTICES

New Sunday Lectionary – from the beginning of July, the Cathedral will begin to trial a new edition of the Sunday Lectionary. *Sunday Scriptures for Reading Aloud* has been devised with a number of key objectives that align closely with the Cathedral's. Perhaps the most significant of these is the use of inclusive language, ease of reading and listening, and saving valuable print resources. All without compromising the quality of the texts themselves. From July, we will provide the Bible references for the following Sunday in the Weekly Notes and a QR code, but will no longer print the readings. These can however be easily located at www.ssra.uk where they may be read or printed at home. The full version can also be downloaded for free, or purchased as a hardcopy online or from the Cathedral shop.

St Teilo Guild—Our final meeting before the summer holidays will be held on Monday 23rd June at 2pm in the Parish Hall where we will be holding an afternoon of fun with a Ukelele Band with tea and cake. Visitors are always welcome. We will meet again on Monday 8th September at 2pm with a new programme of speakers and activities and hope all our members have a lovely summer.

To all Welcomers and Tour Guides - Professor Maddy Gray will be giving two talks about our Cathedral tombs and effigies. The first will take place at 2pm on Wednesday 16th July starting in the nave and followed by tea and cake in the Prebendal House. The second will take place the week after at 2pm on Wednesday 23rd July, in the nave also followed by tea and cake in the Prebendal House. Please let Katharine MacDonald know if you are able to join the tour.

Join us as we journey towards an EcoChurch Gold award - Llandaf Cathedral has received the Silver award. We are eager to proceed to the next level. Each week we will update you on the progress we are making and highlighting ways that you can join with us to care for God's creation. St. David said *'Be joyful, keep the faith, and do the little things...'*

Parish Breakfast - Urgent help with post-service refreshments on Sunday mornings would be appreciated. We'd love to meet you! Contact Cez Palser at markandcez@gmail.com if you'd like to find out more about what's required.

Majestas Youth Choir is a group for 13-18 year olds, recently sang their first service in the Cathedral. This un-auditioned choir who meet on a sessional basis is a great way to experience singing with other young people in a professional context., If you would like further information about the next Majestas Youth engagement or about any other events happening in the music department, please email us at music@llandaffcathedral.org.uk.

Majestas Kids is a children's music group for children aged between 7-11 which meets at Llandaff cathedral on Saturday mornings between 10-11a.m during term times. Our summer term commences on Saturday May 10th. If you love to sing, why not come and join us for the summer term where we will be putting together a performance of 'Jonah Man Jazz' – the story of Jonah and the Whale told through jazz infused songs. This will lead to a performance in July. Attendance is FREE but regular commitment for the term is needed. If your child would like to join, please email Rachel Kilby at: rachelkilby@llandaffcathedral.org.uk We look forward to seeing you!

The deadline for submissions for the Weekly Notes is 9am on Thursday each week.

Please send any notices to admin@llandaffcathedral.org.uk

THE CHOIRS OF LLANDAFF CATHEDRAL

SUMMER CONCERT

LLANDAFF CATHEDRAL

25 JUNE 7PM
ADULTS £12.50 UNDER 18S £8
AVAILABLE ON THE DOOR OR
TICKETSOURCE.CO.UK



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THE WEEKLY PRAYER INTENTIONS

Those who are currently sick and have asked for prayer:

Carolyn Jenkins, Philip Morris, Girija Teli, Nicky James, Johanna Foley, Mihiri Wickramasinghe, Rev'd Barbara John, Matthew Roberts, Helen Morgan, Jane Gorey

Those for whom we wish to pray, including those who are housebound and those in residential care, or with long-term, chronic needs, among them:

Sid Baldwin, Megan Pugh, Bettie Williams, Charles & Alison Lewis, Huw James, Veronica Rose

Those who have died recently:

Those whose anniversary of death falls this week:

22nd June	<i>No names listed on this day</i>
23rd June	Vera Griffiths, Eirwen May Williams
24th June	Elsie Jones, Jean Alicia Pratt
25th June	Peggy Joslyn, Arthur Mark Wood, Karen Marie Davies, John Roberts Evans, Phyllis Roberts, Ann Elizabeth Gwyer, Shirley Elizabeth Allen
26th June	Thomas Havard Griffiths, John Morgan (Bishop), John Ernest Evans, Joyce Daisy Lloyd
27th June	Howard John Verey, Evan Idris Jenkins (Priest), Michael John Anthony Smith, Terry Dyddgen-Jones
28th June	Reginald Albert Stinchcombe, Frank Moorcroft

The Cycle of Prayer for this week in the Anglican Communion, this Diocese and in the Cathedral Community:

Sunday	The Anglican Church of Mozambique & Angola Ystradyfodwg Deanery Music Department Development
Monday	The Diocese of the Nakuru (Kenya) Ministry Area of Cynon Valley South Office Staff
Tuesday	The Diocese of Nambale (Kenya) Cynon Uchaf Ministry Area School Visits Team
Wednesday	The Diocese of Namibia (Southern Africa) Bridgend Deanery Llandaff Cathedral Community Council, Churchwardens
Thursday	The Diocese of Namirembe (Uganda) Llynfi & Upper Afan Valleys Ministry Area Cathedral Chapter
Friday	The Diocese of Nampula (Mozambique & Angola) Penybont ar Ogwr Ministry Area Greater Chapter
Saturday	The Diocese of Nandyal (South India) Margam Ministry Area Young Cathedral Council

Prayer intentions for the sick can be requested via this form:

<https://llandaffcathedral.churchsuite.com/forms/wy58qy6m> or on paper at the Cathedral office.

SERVICES THIS WEEK

Monday 23rd June <i>Eve of St John the Baptist</i>	8.00am 5.30pm	Holy Eucharist Choral Evensong
Tuesday 24th June <i>Nativity of St John the Baptist</i>	8.00am 9.30am 5.30pm	Holy Eucharist Holy Eucharist Choral Evensong
Wednesday 25th June <i>Ember Day</i>	8.00am 5.30pm 7.00pm	Holy Eucharist Evening Prayer <i>in Prebendal House</i> Llandaff Cathedral Choirs in Concert
Thursday 26th June	8.00am 9.30am 5.30pm	Holy Eucharist Cymun Bendigaid Evening Prayer
Friday 27th June <i>Ember Day</i>	8.00am 5.30pm	Holy Eucharist Choral Evensong
Saturday 28th June <i>Ember Day</i> <i>St Irenaeus</i> <i>Eve of Sts Peter and Paul</i>	8.00am 11.00am 5.30pm	Holy Eucharist Ordination of Priests Evening Prayer
Sunday 29th June <i>Sts Peter and Paul, Apostles</i> <i>Patronal Feast</i>	8.00am 9.00am 11.00am 3.00pm	Holy Eucharist [1984] Holy Eucharist Choral Eucharist Ordination of Deacons

The readings next Sunday for Sts Peter and Paul, Apostles are:
Acts 12.1–11, Psalm 125
2 Timothy 4.6–8, 17–18, Matthew 16.13–19

<i>The Dean</i>	The Very Rev'd Dr. Jason Bray thedeane@llandaffcathedral.org.uk	
<i>Canon Precentor</i>	The Rev'd Canon Ian Yemm precentor@llandaffcathedral.org.uk	
<i>Canon Chancellor</i>	<i>Vacant</i>	
<i>Church Wardens</i>	Siân Roberts sianroberts1@icloud.com	Ian MacDonald irmacdonald52@hotmail.co.uk
<i>Safeguarding Officers</i>	Provincial Safeguarding Officer (Contact with any safeguarding concerns): Sharon Ahearn sharonahearn@churchinwales.org.uk 07301 041937 Cathedral Safeguarding Officer (Contact with safeguarding procedural questions): Kath MacDonald kjmacdonald1@hotmail.co.uk 07484 329101	
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