



EGLWYS GADEIRIOL LLANDAF
LLANDAFF CATHEDRAL

SUNG EUCHARIST

Sunday 1st September 2024
11.00am

The Fourteenth Sunday after Trinity

CROESO | WELCOME

We are delighted to welcome you to this service at your cathedral. The Cathedral Church of Ss. Peter & Paul, Teilo, Dyfrig, and Euddogwy, has been a site of Christian worship for over 1,500 years. If you are joining us for the first time, please introduce yourself to a member of clergy, who will be happy to tell you more about worship in this place.

Since earliest Christian times the word Eucharist, which comes from the Greek word for 'thanksgiving', has been used to describe the sacrament that Jesus Christ instituted at the last supper. In faithfulness to our Lord's instruction to 'do this in remembrance of me' the Eucharist was accordingly regarded as an essential part of worship in the early church and today it remains the central liturgical activity of the baptised.

Everything you need to follow the service is in this booklet. Please join in the singing of the hymns, as well as the text printed in **Bold**. The rubrics in this service indicating when to *stand* and *sit* are suggestions only. If you are more comfortable remaining seated throughout the service, please do so.

We hope that you'll join us for refreshments following the service.

This service will be live streamed on our YouTube channel.
If you are concerned about being visible on the live stream, please speak to a steward.

DONATE

A collection is taken during this service.
If you are a UK tax payer, please consider using the Gift-Aid envelopes, as this enables us to claim an extra 25% on each donation.
You can also donate by using the contactless giving devices located around the building, or via Text as follows:

To donate £5 text LLANDAFF to 70970
To donate £10 text LLANDAFF to 70191
Texts will be charged at your usual network rate.
For all Terms and Conditions, please visit
platform.nationalfundingscheme.org/terms-and-conditions



You can also donate by scanning the QR code:

Gluten-free wafers are available at the Communion.
If you wish to receive one, please ask a steward in advance.



The Cathedral is served by a hearing loop.
Users should turn their hearing aid to the setting marked **T**.

Printed versions of this service sheet are available.
Please ask a steward for a copy. **Large print versions are also available.**

Please ensure that all electronic devices are set to silent mode.
We kindly request that you do not take photographs, or video or sound recording in the cathedral at any time during the service.

ORDER OF SERVICE

Notices are read from the Lectern at 11.00am.

THE GATHERING

Please stand as the procession enters. All sing:



All 1. All my hope on God is founded;
He doth still my trust renew.
Me through change and chance he guideth,
Only good and only true.
God unknown,
He alone
Calls my heart to be his own.

2. Human pride and earthly glory,
Sword and crown betray his trust;
What with care and toil he buildeth,
Tower and temple, fall to dust.
But God's power,
Hour by hour,
Is my temple and my tower.

3. God's great goodness ay endureth,
Deep his wisdom, passing thought:
Splendour, light, and life attend him,
Beauty springeth out of nought.
Evermore,
From his store
New-born worlds rise and adore.

4. Daily doth the almighty giver
Bounteous gifts on us bestow;
His desire our soul delighteth,
Pleasure leads us where we go.
Love doth stand
At his hand;
Joy doth wait on his command.

5. Still from earth to God eternal
Sacrifice of praise be done,
High above all praises praising
For the gift of Christ his Son.
Christ doth call
One and all:
Ye who follow shall not fall.

Words: Meine Hoffnung stehet feste
Joachim Neander (1650-1680)
paraphrased by Robert Bridges (1844-1930)

Music: MICHAEL
Herbert Howells (1892-1983)

Priest In the name of the Father, and of the Son
and of the Holy Spirit. Yn enw'r Tad, a'r Mab,
a'r Ysbryd Glân.
Pawb **Amen.** **Amen.**
Grace and peace be with you
All **and keep you in the love of Christ.** Gras a thangnefedd a fo gyda chwi
a'th gadw di yng nghariad Crist.

Father of glory, holy and eternal, look upon us now in power and mercy. May your strength overcome our weakness, your radiance transform our blindness, and your Spirit draw us to that love shown and offered to us by your Son, our Saviour Jesus Christ. Amen.

Let us prepare ourselves to celebrate this Eucharist by calling to mind our sins and seeking God's forgiveness:

We sing:

Lord Jesus, you came to reconcile us to one another and to the Father
Lord, have mercy.

All **Lord, have mercy.**

Lord Jesus, you heal the wounds of sin and division
Christ, have mercy.

All **Christ, have mercy.**

Lord Jesus, you intercede for us with your Father.
Lord, have mercy.

All **Lord, have mercy.**

Let us confess our sins to God, our Father:

Pawb **Heavenly Father,
we have sinned in thought,
word and deed,
and have failed to do
what we ought to have done.
We are sorry and truly repent.
For the sake of your Son Jesus
Christ who died for us,
forgive us all that is past
and lead us in his way
to walk as children of light.
Amen.**

**Dad nefol,
yr ydym wedi pechu ar feddwl,
gair a gweithred,
a heb wneud yr hyn a ddylem.
Mae'n wir ddrwg gennym,
ac yr ydym o ddifrif yn edifarhau.
Er mwyn dy Fab Jesu Grist
a fu farw drosom.
Maddeua inni'r cwbl a aeth heibio
ac arwain ni yn ei ffordd ef
I gerdded fel plant y goleuni. Amen**

Almighty God,
who forgives all who truly repent,
have mercy on you
and set you free from sin,
strengthen you in goodness
and keep you in eternal life;
through Jesus Christ our Lord.

All

Amen.

Yr Hollalluog Dduw,
sy'n maddau I bawb sy'n wir edifeiriol,
a drugarhao wrthyich,
a'ch rhyddhau o bechod,
eich cadarnhau mewn daioni
a'ch cadw yn y bywyd tragwyddol;
trwy Iesu Grist ein Harglwydd.

Amen.

Please stand:



All

Glory be to God in heaven,
peace to those who love him well;
on the earth let all his people
speak his grace, his wonders tell:
Lord, we praise you for your glory,
mighty Father, heaven's king;
hear our joyful adoration
and accept the thanks we bring.

Only Son of God the Father,
Lamb who takes our sin away,
now with God in triumph seated
for your mercy, Lord, we pray:
Jesus Christ, most high and holy,
Saviour, you are God alone
in the glory of the Father
with the Spirit: Three-in-One!

Words: After *Gloria in Excelsis*
Michael Perry (1942-96)
© Mrs B Perry/Jubilate Hymns

Music: HYFRYDOL
Melody by Richard Huw Pritchard (1811-87)
Harmonised by the compilers of *English Hymnal* (1906)

THE COLLECT

Almighty God,
whose only Son has opened for us
a new and living way into your presence:
give us pure hearts and steadfast wills
to worship you in spirit and in truth;
through Jesus Christ your Son our Lord,
who is alive and reigns with you,
in the unity of the Holy Spirit,
one God, now and for ever.

All

Amen.

THE MINISTRY OF THE WORD

Please sit.

THE FIRST READING

Reader A reading from the book of Deuteronomy.

So now, Israel, give heed to the statutes and ordinances that I am teaching you to observe, so that you may live to enter and occupy the land that the Lord, the God of your ancestors, is giving you. You must neither add anything to what I command you nor take away anything from it, but keep the commandments of the Lord your God with which I am charging you. You must observe them diligently, for this will show your wisdom and discernment to the peoples, who, when they hear all these statutes, will say, 'Surely this great nation is a wise and discerning people!' For what other great nation has a god so near to it as the Lord our God is whenever we call to him? And what other great nation has statutes and ordinances as just as this entire law that I am setting before you today?

But take care and watch yourselves closely, so as neither to forget the things that your eyes have seen nor to let them slip from your mind all the days of your life; make them known to your children and your children's children.

Deuteronomy 4.1–2, 6–9

This is the word of the Lord.

All **Thanks be to God.**

PSALM

Lord who shall dwell in thy tabernacle:
or who shall rest up on thy holy hill?

All **Even he that leadeth an uncorrupt life:
and doeth the thing which is right, and speaketh the truth from his heart.**

He that hath used no deceit in his tongue, nor done evil to his neighbour:
and hath not slandered his neighbour;

All **He that honoureth not the unworthy:
but maketh much of them that fear the Lord.**

He that taketh an oath and keepeth it:
though it were to his own hindrance;

All **He that hath not given his money upon usury:
nor taken a bribe against the innocent.**

He that doeth these things:
shall never be over thrown.

Psalms 15

THE SECOND READING

Reader A reading from the letter of St James.

Every generous act of giving, with every perfect gift, is from above, coming down from the Father of lights, with whom there is no variation or shadow due to change. In fulfilment of his own purpose he gave us birth by the word of truth, so that we would become a kind of first fruits of his creatures.

You must understand this, my beloved: let everyone be quick to listen, slow to speak, slow to anger; for your anger does not produce God's righteousness. Therefore rid yourselves of all sordidness and rank growth of wickedness, and welcome with meekness the implanted word that has the power to save your souls.

But be doers of the word, and not merely hearers who deceive themselves. For if any are hearers of the word and not doers, they are like those who look at themselves in a mirror; for they look at themselves and, on going away, immediately forget what they were like. But those who look into the perfect law, the law of liberty, and persevere, being not hearers who forget but doers who act—they will be blessed in their doing.

If any think they are religious, and do not bridle their tongues but deceive their hearts, their religion is worthless. Religion that is pure and undefiled before God, the Father, is this: to care for orphans and widows in their distress, and to keep oneself unstained by the world.

James 1.17–end

This is the word of the Lord.

All **Thanks be to God.**

Please stand and repeat the Gospel acclamation after the organ has played:

All

Al - le - lu - ia, Al - le - lu - ia, Al - le - lu - ia.

The Lord be with you.

All **And also with you.**

Listen to the Gospel of Christ according to Saint Mark,

All **Glory to you, O Lord.**

Now when the Pharisees and some of the scribes who had come from Jerusalem gathered around him, they noticed that some of his disciples were eating with defiled hands, that is, without washing them. (For the Pharisees, and all the Jews, do not eat unless they thoroughly wash their hands, thus observing the tradition of the elders; and they do not eat anything from the market unless they wash it; and there are also many other traditions that they observe, the washing of cups, pots, and bronze kettles.) So the Pharisees and the scribes asked him, ‘Why do your disciples not live according to the tradition of the elders, but eat with defiled hands?’ He said to them, ‘Isaiah prophesied rightly about you hypocrites, as it is written,

“This people honours me with their lips,
but their hearts are far from me;
in vain do they worship me,
teaching human precepts as doctrines.”

You abandon the commandment of God and hold to human tradition.’

Then he called the crowd again and said to them, ‘Listen to me, all of you, and understand: there is nothing outside a person that by going in can defile, but the things that come out are what defile.’

For it is from within, from the human heart, that evil intentions come: fornication, theft, murder, adultery, avarice, wickedness, deceit, licentiousness, envy, slander, pride, folly. All these evil things come from within, and they defile a person.’

Mark 7.1-8, 14-15, 21-23

This is the Gospel of the Lord.

All **Praise to you, O Christ.**

The organ is played as the Gospel procession returns to the High Altar.

Please sit.

THE NICENE CREED

Please stand and say together:

All We believe in one God,
**the Father, the Almighty,
maker of heaven and earth,
of all that is, seen and unseen.**

**We believe in one Lord, Jesus Christ,
the only Son of God, eternally begotten of the Father,
God from God, Light from Light, true God from true God,
begotten, not made, of one Being with the Father.
Through him all things were made.**

**For us and for our salvation he came down from heaven;
by the power of the Holy Spirit
he became incarnate from the Virgin Mary,
and was made man.**

**For our sake he was crucified under Pontius Pilate;
he suffered death and was buried.**

**On the third day he rose again
in accordance with the Scriptures;
he ascended into heaven
and is seated at the right hand of the Father.**

**He will come again in glory to judge the living and the dead,
and his kingdom will have no end.**

**We believe in the Holy Spirit,
the Lord, the giver of life,
who proceeds from the Father and the Son,
who with the Father and the Son is worshipped and glorified,
who has spoken through the prophets.**

**We believe in one holy catholic and apostolic Church.
We acknowledge one baptism for the forgiveness of sins.
We look for the resurrection of the dead,
and the life of the world to come. Amen.**

THE INTERCESSIONS

Please sit or kneel. All present are asked to pray.

All Lord, in your mercy,
hear our prayer.

Arglwydd, yn dy drugaredd
gwrando ein gweddi.

The prayers end with:

Pawb **Merciful Father,
accept these prayers
for the sake of your Son,
our Saviour Jesus Christ. Amen.**

**Dad trugarog,
derbyn y gweddiâu hyn
er mwyn dy Fab
ein Gwardwr Iesu Grist. Amen.**

Please stand.

THE LITURGY OF THE SACRAMENT

THE PEACE

Christ is our peace. He has reconciled us to God in one body on the cross.
We meet in his name and share his peace.

The peace of the Lord
be with you always.

Tangnefedd yr Arglwydd
a fo gyda chwi bob amser.

All **And also with you.** **A hefyd gyda thi.**

Let us offer one another a sign of peace.

During the singing of the hymn, a collection will be taken for the ministry and mission of the Cathedral.

OFFERTORY HYMN



All 1. O Jesus, I have promised
to serve thee to the end;
Be thou for ever near me,
my Master and my Friend:
I shall not fear the battle
if thou art by my side,
nor wander from the pathway
if thou wilt be my guide.

2. O let me hear thee speaking
in accents clear and still,
above the storms of passion,
the murmurs of self-will;
O speak to reassure me,
to hasten or control;
O speak, and make me listen,
thou guardian of my soul.

3. O Jesus, thou hast promised
to all who follow thee,
that where thou art in glory
there shall thy servant be;
and, Jesus, I have promised
to serve thee to the end:
O give me grace to follow,
my Master and my Friend.

4. O let me see thy foot-marks,
and in them plant mine own;
my hope to follow duly
is in thy strength alone:
O guide me, call me, draw me,
uphold me to the end;
and then in heaven receive me,
my Saviour and my Friend.

THE THANKSGIVING

Blessed are you, Lord, God of all creation. Through your goodness we have this bread to offer, which earth has given and human hands have made. It will become for us the bread of life.

All **Blessed be God for ever.**

Blessed are you, Lord, God of all creation. Through your goodness we have this wine to offer, fruit of the vine and work of human hands, It will become our spiritual drink.

All **Blessed be God for ever.**

The Lord be with you.

All **And also with you.**

Lift up your hearts.

All **We lift them to the Lord.**

Let us give thanks to the Lord our God.

All **It is right to give our thanks and praise.**

It is indeed right, it is our duty and our joy at all times and in all places to give you thanks, holy Father, all-powerful and everliving God, through Jesus Christ our Lord.

For he is our great high priest who has freed us from our sins and has made us a royal priesthood serving you, our God and Father.

And so with the hosts of angels and all the company of heaven we proclaim the glory of your name and join in their unending hymn of praise:

All **Holy, holy, holy Lord,
God of power and might,
heaven and earth are full of your glory.
Hosanna, in the highest.**

**Blessed is he who comes in the name of the Lord.
Hosanna, in the highest.**

Please kneel.

All praise and thanks to you, true and living God, Creator of all things, Giver of life. You formed us in your own image; but we have marred that image and fall short of your glory. We give you thanks that you sent your Son to share our life; you gave him up to death that the world might be saved, and you raised him from the dead that we might live in him and he in us. Sanctify with your Spirit this bread and wine, your gifts to us, that they may be for us the body and blood of our Saviour Jesus Christ.

On the night he was betrayed, he took bread, and when he had given thanks he broke it and gave it to his disciples, saying,
Take, eat; this is my body which is given for you: do this in remembrance of me.

In the same way after supper he took the cup, and when he had given thanks he gave it to them, saying,
Drink from this, all of you, for this is my blood of the new covenant which is shed for you and for many for the forgiveness of sins: do this as often as you drink it in remembrance of me.

Let us proclaim the mystery of faith:

All

Christ has died.

Christ is risen.

Christ will come in glory.

Pob moliant a diolch i ti, y gwir a'r bywiol Dduw, Crëwr pob peth, Rhoddwr bywyd. Lluniaist ni ar dy ddelw dy hun, ond yr ydym ni wedi difwyno'r ddelw honno a syrthio'n brin o'th ogoniant. Rhoddwn ddiolch i ti am anfon dy Fab i rannu ein bywyd ni; fe'i hildiaist i farwolaeth fel y câi'r byd ei achub, a'i atgyfodi oddi wrth y meirw fel y bo i ni fyw ynddo ef, ac yntau ynom ninnau. Sancteiddia â'th Ysbryd y bara hwn a'r gwin hwn, dy roddion inni, fel y bônt i ni yn gorff a gwaed ein Hiachawdwr, Iesu Grist.

Y nos y bradychwyd ef, cymerodd fara ac, wedi rhoi diolch, fe'i torrodd a'i roi i'w ddisgyblion, gan ddweud,
Cymerwch, bwytwch; hwn yw fy nghorff a roddir drosoch: gwnewch hyn er cof amdanaf.

Yr un modd ar ôl swper cymerodd y cwpan, ac, wedi rhoi diolch, fe'i rhoddodd iddynt, gan ddweud,
Yfwch o hwn bawb, oherwydd hwn yw fy ngwaed o'r cyfamod Newydd a dywelltir drosoch a thros lawer er maddeuant pechodau: gwnewch hyn bob tro yr yfwch ef er cof amdanaf.

Gadewch inni gyhoeddi dirgelwch y fydd:

Bu farw Crist.

Atgyfododd Crist.

Daw Crist mewn gogoniant.

As he has commanded us, Father, we remember Jesus Christ, your Son. Proclaiming his victorious death, rejoicing in his resurrection and waiting for him to come in glory we bring to you this bread, this cup. Accept our sacrifice of thanks and praise. Restore and revive your people, renew us and all for whom we pray with your grace and heavenly blessing, and at the last receive us with all your saints into that unending joy promised by your Son, Jesus Christ our Lord.

Through him, with him, in him, in the unity of the Holy Spirit all honour and glory are yours, almighty Father, for ever and ever.

All **Amen.**

A moment of silence is kept.

As our Saviour taught us, we boldly pray:

All **Our Father who art in heaven,
hallowed be thy name,
thy kingdom come,
thy will be done,
on earth as it is in heaven.
Give us this day our daily bread.
And forgive us our trespasses
as we forgive those
who trespass against us.
And lead us not into temptation,
but deliver us from evil.
For thine is the kingdom,
the power and the glory,
for ever and ever. Amen.**

Fel y gorchmynnodd ef inni, O Dad, yr ydym yn cofi o Iesu Grist, dy Fab. Gan gyhoeddi ei farwolaeth fuddugoliaethus, a chan ymlawenhau yn ei atgyfodiad, a disgwyl iddo ddod mewn gogoniant, deuwn â'r bara hwn a'r cwpan hwn i ti. Derbyn ein haberth o ddiolch a moliant. Adfer ac adfywia dy holl bobl, adnewydd ni a phawb y gweddiwn trostynt â'th ras a'th fendith nefol a derbyn ni yn y diwedd gyda'th holl saint i'r llawenydd diderfyn hwnnw a addawyd inni gan dy Fab, ein Harglwydd Iesu Grist.

Trwyddo ef, gydag ef, ac ynddo ef, yn undod yr Ysbryd Glân eiddot ti, Dad hollalluog, yw'r holl anrhydedd a'r gogoniant yn oes oesoedd.

Amen.

Fel y dysgodd ein Hiachawdwr ni, gweddiwn yn hyderus:

**Ein Tad,
yr hwn wyt yn y nefoedd,
sancteiddier dy enw,
deled dy deyrnas,
gwneler dy ewyllys;
megis yn y nef, felly ar y ddaear hefyd.
Dyro i ni heddiw ein bara beunyddiol
a maddau i ni ein dyledion,
fel y maddeuwn ninnau i'n dyledwyr.
Ac nac arwain ni i brofedigaeth;
eithr gwared ni rhag drwg.
Canys eiddot ti yw'r deyrnas,
a'r gallu, a'r gogoniant,
yn oes oesoedd. Amen.**

THE COMMUNION

We break this bread to share in the body of Christ.

All **Though we are many, we are one body
for we all share in one bread.**

All **Lamb of God,
you take away the sins of the world:
have mercy on us.**

**Lamb of God,
you take away the sins of the world:
have mercy on us.**

**Lamb of God,
you take away the sins of the world:
grant us peace.**

Jesus is the Lamb of God who takes away the sins of the world.
Happy are those who are called to his supper.

All **Lord, I am not worthy to receive you,
but only say the word and I shall be healed.**

Those who wish to may come forward to receive communion or a blessing. Please follow the direction of the stewards. You can indicate to the priest that you would like a blessing by keeping your arms lowered. For hygiene reasons, it is our custom at the cathedral not to dip, or intinct, the Host in the Chalice. The sacrament is administered with these words:

The body of Christ. **Amen.**

The blood of Christ. **Amen.**

Once all have received, please stand to sing:

POST-COMMUNION HYMN



All Breathe on me, Breath of God
fill me with life anew,
that I may love what thou dost love,
and do what thou wouldst do.

Breathe on me, Breath of God,
until my heart is pure;
until with thee I will one will,
to do and to endure.

Breathe on me, Breath of God,
till I am wholly thine;
until this earthly part of me
glows with thy fire divine.

Breathe on me, Breath of God:
so shall I never die,
but live with thee the perfect life
of thine eternity.

Words: Edwin Hatch (1835-89)

Music: CARLISLE
Charles Lockhart (1745-1815)

Please remain standing.

THE DISMISSAL AND BLESSING

Give thanks to the Lord for he is gracious:

All **his love is everlasting.**

Father of light, in whom is no change or shadow of turning, you give us every good and perfect gift and have brought us to birth by your word of truth: may we be a living sign of that kingdom where your whole creation will be made perfect in Jesus Christ our Lord.

All **Amen**

All **God of truth, we have seen with our eyes and touched with our hands the bread of life. Strengthen our faith that we may grow in love for you and for each other, through Jesus Christ, our risen Lord. Amen.**

The Lord be with you.

All **And also with you.**

The peace of God which is beyond all understanding guard your hearts in the knowledge and love of God and of his Son Jesus Christ;

And the ✠ blessing of God almighty, the Father, the Son, and the Holy Spirit, be among you and remain with you always.

All **Amen.**

A ✠ bendith Duw hollalluog, y Tad, y Mab, a'r Ysbryd Glân a fo yn eich plith ac a drigo gyda chwi yn wastad.

Amen.

Go in peace to love and serve the Lord.

All **In the name of Christ. Amen.**

The congregation remains standing as the Procession leaves the Cathedral.

The Organ Voluntary at the end of each service is part of the offering of our worship. Please respect the stillness of those who wish to remain seated until it has ended.

WEEKLY NOTICES

Installation of the new Dean – Bishop Mary will install the Rev'd Canon Dr Jason Bray as the next Dean of Llandaff on Sunday 8th September. Join us for Choral Evensong at 4.00pm to welcome Jason and his family to Llandaff.

Jason is the author of 'Deliverance', a book about his experiences of Deliverance ministry. Copies are available to buy in the Cathedral Shop, giving you a chance to get to know him before he arrives!

Chorister Chaperones Needed! The Cathedral Music Department is committed to excellence in music as an integral part of the worship and liturgical life of the Cathedral. Choir chaperones provide critical support for this mission. We are looking for additional chaperones to join our team. This is a paid position. If you are interested, please contact krisihillebert@llandaffcathedral.org.uk for further details.

Sunday School – If you would like to register your child for Sunday School, please complete the form on the following link: <https://llandaffcathedral.churchsuite.com/forms/oneuroao>
Please note, if your child has attended Sunday School previously then there is no need to complete the form, this is only for new registrations.

Mothers' Union – We start our Autumn Term on Monday 2nd September at 2pm with our Opening Service in the Parish Hall. We look forward to meeting together after our Summer break and welcome any visitors to come and join us for the afternoon together with a cup of tea and chat.

The Guild of Saint Teilo meet twice a month on the second and fourth Monday of each month at 2pm in the Parish Hall. It is open to all women of the parish who wish to socialise, engage in a variety of topics from invited speakers and share a cup of tea and a chat.

Our first meeting of our new programme of speakers for 2024/2025 will be held on Monday 9th September and our speaker is Mr. Peter Grace who is going to give us a talk about our National Coastline.

We look forward to welcoming back all our members and any visitors who would like to come along and join us. If anyone has any queries about this Guild please do not hesitate to contact Katharine MacDonald on 02920562488.

Join us as we journey towards an EcoChurch Silver award...

Llandaff Cathedral received the Bronze award in 2020. We are eager to proceed to the next level. Each week we will update you on the progress we are making and highlighting ways that you can join with us to care for God's creation. St. David said *'Be joyful, keep the faith, and do the little things...'*. A little thing you can do this week:

Organic September!

Organic September is a month-long campaign designed to encourage more people to try organic food. Why choose organic?

1. Better for the planet: If Europe's farmland all followed organic principles, agricultural emissions could drop by 40-50%.
2. Higher welfare for farm animals: Organic farming has the highest animal welfare standards of any international farming system.
3. Better for nature and wildlife: 41% of Britain's wildlife species have declined since 1970. Intensive farming practices, including pesticide use, have been identified as the main driver of these declines.
4. Better for people: Fewer pesticides, fewer additives and preservatives, no GM ingredients, reduced use of antibiotics, more resilient farms.

For more information, visit: <https://www.soilassociation.org/take-action/organic-living/why-organic/>

Cathedral Sewing Group – The Precentor is looking for help from hand and machine sewers, to maintain the Choir Robes and Cathedral Vestments. This includes everything from sewing on buttons and affixing Velcro, hemming and reinforcing seams, through to preventing the fraying of delicate materials, repairing embroidery and cleaning. If you would be interested in re-forming this group, please email precentor@llandaffcathedral.org.uk or speak to Fr. Ian in person. Thank you!

Prayers for the sick – Prayer intentions for the sick: this list is now based on the requests sent in via this form: <https://llandaffcathedral.churchsuite.com/forms/wy58qy6m> which is also available on paper from the Cathedral office. Each name remains on the list for 8 weeks and this time can be extended by re-submitting the form or emailing the Office.

Asking for a blessing instead of receiving the bread and wine? If you have been baptised/christened in any church, you are welcome to receive Holy Communion at the Cathedral. If you are not baptised and/or confirmed, do get in touch if you are interested in thinking about this. You might like to try our course 'Explore the Faith' which is suitable for those enquiring about the faith, as a refresher, or as a preparation for confirmation. Contact Canon Jan to find out more.

Majestas Kids Choir – Our choir for children ages 7 – 13 rehearses at 10am every Saturday during term time in the Cathedral, starting back on 8th September. If you'd like more information, or would like to sign your child(ren) up to join, please contact our Animateur Rachel Kilby at rachelkilby@llandaffcathedral.org.uk

The 'Anniversary of Death' List – If your loved one's funeral was held at the Cathedral, and/or their ashes are interred in our Garden of Remembrance, their name can be included in the prayers on the anniversary of their death, and/or in the Book of Remembrance, by request from next of kin using this form: <https://llandaffcathedral.online/remembrance-form>

Join the Friends of Llandaff Cathedral – The Friends are an independent charity founded to provide invaluable support to the Cathedral's life; its fabric, music and heritage. Information about projects and membership can be found at www.llandaffcathedral.org.uk/friends

The deadline for submissions for the Weekly Notes is 9am on Thursday each week. Please send any notices to admin@llandaffcathedral.org.uk

THE WEEKLY PRAYER INTENTIONS

Those who are currently sick and have asked for prayer:

Carolyn Jenkins, Huw James, Danielle Camilleri, Charles & Alison Lewis, Octavia Allen-Davies, Peter Webber

Long-term Sick or in Residential Care: Beryl Baldwin, Sid Baldwin, Megan Pugh, Bettie Williams

Those who have died recently:

Those whose anniversary of death falls this week:

- 1st September** John Frederick Williams (Priest), John Cann Jones, Sir John Gray, Henry Stewart Scobie
- 2nd September** William Robert Clifford Grimwade, William Escott Rhys, George Campbell Williams
- 3rd September** Linton Lewendon Slack, Madeline Elizabeth Margaret Caney
- 4th September** *No names listed on this day*
- 5th September** William Edward Stallard, Helen Evans, David Purcell
- 6th September** Lewin Renal Kenneth Smith
- 7th September** Jean Alice Wilmot, Stanley Howard Mogford (Priest)

The Cycle of Prayer for this week in the Anglican Communion, this Diocese and in the Cathedral Community:

- Sunday:** The Anglican Church of Mozambique & Angola | Llandaff Archdeaconry | Greater Chapter
- Monday:** The Diocese of Ikeduru (Nigeria) | Ministry Area of Roath & Cathays | Young Cathedral Council
- Tuesday:** The Diocese of Ikwerre (Nigeria) | Ministry Area of South Cardiff | Friends of Llandaff Cathedral
- Wednesday:** The Diocese of Ikwo (Nigeria) | Ministry Area of West Cardiff | Shop Volunteers
- Thursday:** The Diocese of Ikwuano (Nigeria) | Ministry Area of North Cardiff | Sunday School leaders
- Friday:** The Diocese of Ilaje (Nigeria) | Taff Wenallt Ministry Area | Mothers' Union
- Saturday:** The Diocese of Ile-Oluji (Nigeria) | The Garth Ministry Area | Guild of St Teilo

SERVICES THIS WEEK

Monday 2nd September	8.00am	Morning Prayer and Eucharist
	5.30pm	Evening Prayer
Tuesday 3rd September	8.00am	Morning Prayer and Eucharist
	9.30am	Holy Eucharist
	5.30pm	Evening Prayer
Wednesday 4th September	8.00am	Morning Prayer and Eucharist
	5.30pm	Evening Prayer
Thursday 5th September	8.00am	Morning Prayer and Eucharist
	9.30am	Cymun Bendigaid
	5.30pm	Evening Prayer
Friday 6th September	8.00am	Morning Prayer and Eucharist
	5.30pm	Evening Prayer
Saturday 7th September	8.00am	Morning Prayer and Eucharist
	5.30pm	Evening Prayer
Sunday 8th September	8.00am	Holy Eucharist [1984]
	9.00am	Holy Eucharist
	11.00am	Choral Eucharist
	4.00pm	Choral Evensong with the Installation of the Rev'd Canon Jason Bray as Dean of Llandaff



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