



EGLWYS GADEIRIOL LLANDAF
LLANDAFF CATHEDRAL

THE HOLY EUCHARIST

according to the Book of Common Prayer 1984

Sunday 28th July 2024
8.00am

The Ninth Sunday after Trinity

CROESO | WELCOME

We are delighted to welcome you to this service at your cathedral. The Cathedral Church of Ss. Peter & Paul, Teilo, Dyfrig, and Euddogwy, has been a site of Christian worship for over 1,500 years. If you are joining us for the first time, please introduce yourself to a member of clergy, who will be happy to tell you more about worship in this place.

Since earliest Christian times the word Eucharist, which comes from the Greek word for 'thanksgiving', has been used to describe the sacrament that Jesus Christ instituted at the last supper. In faithfulness to our Lord's instruction to 'do this in remembrance of me' the Eucharist was accordingly regarded as an essential part of worship in the early church and today it remains the central liturgical activity of the baptised.

Everything you need to follow the service is in this booklet. Please join in with the text printed in **Bold**. The rubrics in this service indicating when to *stand* and *sit* are suggestions only. If you are more comfortable remaining seated throughout the service, please do so.

DONATE

A collection is taken during this service.

If you are a UK tax payer, please consider using the Gift-Aid envelopes, as this enables us to claim an extra 25% on each donation.

You can also donate by using the contactless giving devices located around the building, or via Text as follows:

To donate £5 text LLANDAFF to 70970

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For all Terms and Conditions, please visit www.easydonate.org



You can also donate by scanning the QR code:

Gluten-free wafers are available at the Communion.
If you wish to receive one, please ask a steward in advance.



The Cathedral is served by a hearing loop.
Users should turn their hearing aid to the setting marked T.

Printed versions of this service sheet are available.
Please ask a steward for a copy. **Large print versions are also available.**

Please ensure that all electronic devices are set to silent mode.
We kindly request that you do not take photographs, or video or sound recording in the cathedral at any time during this service.

ORDER OF SERVICE

Please stand as the Procession enters the Cathedral.

Priest In the Name of the Father, and of the Son, and of the Holy Spirit.

All **Amen.**

Almighty God, unto whom all hearts are open, all desires known, and from whom no secrets are hid; cleanse the thoughts of our hearts by the inspiration of thy Holy Spirit, that we may perfectly love thee, and worthily magnify thy holy Name; through Christ our Lord. Amen.

Lord, have mercy upon us.

All **Christ, have mercy upon us.**

Lord, have mercy upon us.

Please sit or kneel.

Priest Let us humbly confess our sins to Almighty God.

All **Almighty God, our heavenly Father, we have sinned against thee, in thought and word and deed, and in what we have left undone. We are truly sorry and repent of all our sins. Have mercy upon us, most merciful Father; forgive us all that is past; and grant that we may ever hereafter serve and please thee in newness of life, to the honour and glory of thy name through Jesus Christ our Lord. Amen.**

Priest Almighty God have mercy upon you; pardon and deliver you from all your sins, confirm and strengthen you in all goodness; and bring you to everlasting life; through Jesus Christ our Lord.

All **Amen.**

Please stand.

GLORIA IN EXCELSIS

All **Glory be to God on high,
and in earth peace, goodwill towards men.
We praise thee, we bless thee, we worship thee, we glorify thee,
we give thanks to thee for thy great glory,
O Lord God, heavenly King, God the Father Almighty**

**O Lord, the only-begotten Son, Jesus Christ;
O Lord God, Lamb of God, Son of the Father,
that takest away the sins of the world, have mercy upon us.
Thou that takest away the sins of the world, receive our prayer.
Thou that sittest at the right hand of God the Father,
have mercy upon us.
For thou only art Holy; thou only art the Lord;
thou only, O Christ, with the Holy Spirit,
art Most High in the glory of God the Father. Amen.**

THE MINISTRY OF THE WORD

THE COLLECT

Priest The Lord be with you
All **And with your spirit.**

Priest Almighty God, the protector of all who trust in thee, without whom nothing is strong, nothing is holy: increase and multiply upon us thy mercy; that, thou being our ruler and guide, we may so pass through things temporal, that we finally lose not the things eternal; grant this, Father, for Jesus Christ's sake our Lord.

All **Amen.**

THE FIRST LESSON

Reader A reading from the second book of Kings

A man came from Baal-shalishah, bringing food from the first fruits to the man of God: twenty loaves of barley and fresh ears of grain in his sack. Elisha said, 'Give it to the people and let them eat.' But his servant said, 'How can I set this before a hundred people?' So he repeated, 'Give it to the people and let them eat, for thus says the Lord, "They shall eat and have some left."' He set it before them, they ate, and had some left, according to the word of the Lord.

2 Kings 4.42-end

All This is the word of the Lord.
Thanks be to God.

All thy works praise thee O Lord:
and thy servants bless thy Name.

**All They speak of the glory of thy kingdom:
and their talking is of thy power.**

That thy power may be known unto men:
even the glorious brightness of thy kingdom.

**All Thy kingdom is an everlasting kingdom:
and thy dominion endureth throughout all ages.**

The Lord upholdeth all such as fall:
and lifteth up all those that are down.

**All The eyes of all wait upon thee O Lord:
and thou givest them their food in due season.**

Thou openest thine hand:
and fillest all things living with plenteousness.

**All The Lord is righteous in all his ways:
and merciful in all his works.**

The Lord is nigh unto all them that call up on him:
yea all such as call up on him faithfully.

**All He will fulfil the desire of them that fear him:
he will also hear their cry and will help them.**

Psalm 145. 10-19

THE SECOND LESSON

Reader A reading from the letter of St Paul to the Ephesians

For this reason I bow my knees before the Father, from whom every family in heaven and on earth takes its name. I pray that, according to the riches of his glory, he may grant that you may be strengthened in your inner being with power through his Spirit, and that Christ may dwell in your hearts through faith, as you are being rooted and grounded in love. I pray that you may have the power to comprehend, with all the saints, what is the breadth and length and height and depth, and to know the love of Christ that surpasses knowledge, so that you may be filled with all the fullness of God.

Now to him who by the power at work within us is able to accomplish abundantly far more than all we can ask or imagine, to him be glory in the church and in Christ Jesus to all generations, for ever and ever. Amen.

Ephesians 3.14-end

This is the word of the Lord.

All Thanks be to God.

Hear the Holy Gospel according to Saint John.

All **Glory be to thee, O Lord.**

After this Jesus went to the other side of the Sea of Galilee, also called the Sea of Tiberias. A large crowd kept following him, because they saw the signs that he was doing for the sick. Jesus went up the mountain and sat down there with his disciples. Now the Passover, the festival of the Jews, was near. When he looked up and saw a large crowd coming towards him, Jesus said to Philip, 'Where are we to buy bread for these people to eat?' He said this to test him, for he himself knew what he was going to do. Philip answered him, 'Six months' wages would not buy enough bread for each of them to get a little.' One of his disciples, Andrew, Simon Peter's brother, said to him, 'There is a boy here who has five barley loaves and two fish. But what are they among so many people?' Jesus said, 'Make the people sit down.' Now there was a great deal of grass in the place; so they sat down, about five thousand in all. Then Jesus took the loaves, and when he had given thanks, he distributed them to those who were seated; so also the fish, as much as they wanted. When they were satisfied, he told his disciples, 'Gather up the fragments left over, so that nothing may be lost.' So they gathered them up, and from the fragments of the five barley loaves, left by those who had eaten, they filled twelve baskets. When the people saw the sign that he had done, they began to say, 'This is indeed the prophet who is to come into the world.'

When Jesus realized that they were about to come and take him by force to make him king, he withdrew again to the mountain by himself.

When evening came, his disciples went down to the lake, got into a boat, and started across the lake to Capernaum. It was now dark, and Jesus had not yet come to them. The lake became rough because a strong wind was blowing. When they had rowed about three or four miles, they saw Jesus walking on the lake and coming near the boat, and they were terrified. But he said to them, 'It is I; do not be afraid.' Then they wanted to take him into the boat, and immediately the boat reached the land towards which they were going.

John 6.1-21

All **Praise be to thee, O Christ.**

All I believe in one God,
**the Father Almighty,
maker of heaven and earth,
and of all things visible and invisible.**

**And in one Lord Jesus Christ,
the only-begotten Son of God,
begotten of his Father before all worlds,
God of God, Light of Light,
Very God of Very God,
begotten, not made,
being of one substance with the Father,
by whom all things were made:
who for us men, and for our salvation came down from heaven,
and was incarnate by the Holy Spirit of the Virgin Mary,
and was made man,
and was crucified also for us under Pontius Pilate.
He suffered and was buried,
and the third day he rose again according to the Scriptures,
and ascended into heaven,
and is seated at the right hand of the Father.
And he shall come again with glory
to judge both the quick and the dead:
whose kingdom shall have no end.**

**And I believe in the Holy Spirit,
the Lord, the Giver of life,
who proceeds from the Father and the Son;
who with the Father and the Son together
is worshipped and glorified,
who spoke by the prophets.**

**And I believe in One Holy Catholic and Apostolic Church.
I acknowledge one Baptism for the remission of sins.
And I look for the Resurrection of the dead,
and the life of the world to come.
Amen.**

Please sit or kneel.

THE INTERCESSIONS

Priest Let us pray for the whole Church of Christ and for all people according to their needs.

Almighty and everlasting God, we humbly beseech thee to inspire continually the universal Church with the spirit of truth, unity, and concord, that all who confess thy holy Name may agree in the truth of thy holy Word and live in unity and godly love.

Lord, in thy mercy,

All **Hear our prayer.**

Give grace, O heavenly Father, to all Bishops, Priests and Deacons, and specially to thy servant Mary our Bishop, that they may by their life and doctrine proclaim thy true and living Word and rightly and duly administer thy Holy Sacraments.

Lord, in thy mercy,

All **Hear our prayer.**

To all thy people give thy heavenly grace, and specially to this congregation here present; that they may serve thee in holiness and righteousness all the days of their life.

Lord, in thy mercy,

All **Hear our prayer.**

We beseech thee, O Lord, to direct with thy heavenly wisdom those who rule over the nations of the world, that thy people may be faithfully and justly governed; bless thy servant Charles our King and all who exercise authority under him.

Lord, in thy mercy,

All **Hear our prayer.**

Of thy goodness, O Lord, help and comfort all those who are in trouble, sorrow, need, sickness, or any other adversity, granting them a happy issue out of all their afflictions.

Lord, in thy mercy,

All **Hear our prayer.**

We commend to thy gracious keeping, O Lord, all thy servants departed this life in thy faith and fear, beseeching thee to grant us with them everlasting light and peace.

Lord, in thy mercy,

All **Hear our prayer.**

Finally, we bless thy holy Name for the grace and virtue declared in all thy Saints. Grant that we, rejoicing in their fellowship and following their good examples, may at thy Son's appearing be set with them on his right hand and be made partakers of thy heavenly kingdom.

All **Hear us, O heavenly Father, for the sake of Jesus Christ, our only Mediator and Advocate, to whom with thee and the Holy Spirit be all honour and glory, world without end. Amen.**

Please stand.

THE MINISTRY OF THE SACRAMENT

Priest The peace of the Lord be always with you;
All **And with your spirit.**

THE OFFERTORY

All things come of thee;
All **And of thine own do we give thee.**

THE GREAT THANKSGIVING

The Lord be with you;
All **And with your spirit.**

Lift up your hearts;
All **We lift them up unto the Lord.**

Let us give thanks unto our Lord God;
All **It is meet and right so to do.**

It is very meet, right and our bounden duty, that we should at all times, and in all places, give thanks unto thee, O Lord, Holy Father, Almighty, Everlasting God.

Through Jesus Christ our Lord, who by his death has destroyed death, and by rising to life again has restored to us everlasting life.

Therefore with Angels and Archangels, and with all the company of heaven, we laud and magnify thy glorious Name, evermore praising thee and saying:

All **Holy, Holy, Holy, Lord God of Hosts,
heaven and earth are full of thy glory.
Glory be to thee, O Lord most high.**

**Blessed is he who comes in the Name of the Lord.
Hosanna in the highest.**

Please sit or kneel.

Priest All glory, praise and thanksgiving be unto thee Almighty God our heavenly Father, creator and sustainer of all things, maker of man in thine own image, who gavest thine only Son Jesus Christ to take our nature upon him and to suffer death upon the Cross for our redemption. There he made the one perfect and sufficient sacrifice for the sins of the whole world; and did institute, and in his Holy Gospel command us to continue, a perpetual memorial of that his precious death until his coming again.

Therefore we beseech thee, O merciful Father, to sanctify with thy Holy Spirit these thy gifts of Bread and Wine, that we, receiving them according to thy Son our Saviour Jesus Christ's holy institution, may be partakers of his most precious Body and Blood:

Who in the same night that he was betrayed, took Bread and when he had given thanks, he broke it, and gave it to his disciples, saying,

Take, eat, this is my Body which is given for you:
Do this in remembrance of me.

Likewise after supper he took the Cup and when he had given thanks, he gave it to them, saying,

Drink ye all of this,
for this is my Blood of the New Covenant,
which is shed for you and for many for the remission of sins:
Do this as oft as ye shall drink it, in remembrance of me.

Wherefore, O Lord and heavenly Father, making the memorial of the blessed Passion, mighty Resurrection, and glorious Ascension, of thy dearly beloved Son as he hath commanded us, rejoicing in his gift of the Holy Spirit, and looking for his coming again with power and great glory, we thy servants, with all thy holy people, do set forth before thy Divine Majesty this Bread of eternal life and this Cup of everlasting salvation.

And we beseech thee to accept this our sacrifice of praise and thanksgiving, and to grant to us and thy whole Church remission of our sins and all other benefits of his Passion. And we pray that all we, who are partakers of this holy Communion, may be fulfilled with thy grace and heavenly benediction and be numbered in the glorious company of thy saints.

Through Jesus Christ our Lord, by whom, in whom, and with whom, in the unity of the Holy Spirit, all honour and glory be unto thee, O Father Almighty, throughout all ages, world without end.

All **Amen.**

The Priest breaks the Bread, saying:

Priest The Bread which we break;

All **Is it not the communion of the Body of Christ?**

We who are many are one Bread, one Body

All **For we are all partakers of the one Bread.**

Then may be said:

All **We do not presume to come to this thy table,
O merciful Lord,
trusting in our own righteousness,
but in thy manifold and great mercies.
We are not worthy so much
as to gather up the crumbs under thy table,
but thou art the same Lord,
whose property is always to have mercy.
Grant us, therefore, gracious Lord,
so to eat the flesh of thy dear Son Jesus Christ,
and to drink his blood,
that we may evermore dwell in him, and he in us. Amen**

Then may be said:

All **O Lamb of God,
that takest away the sins of the world,
have mercy upon us.**

**O Lamb of God,
that takest away the sins of the world,
have mercy upon us.**

**O Lamb of God,
that takest away the sins of the world,
grant us thy peace.**

THE COMMUNION

Priest As our Saviour Jesus Christ has taught we are bold to say:

All **Our Father, who art in heaven,
hallowed be thy name;
thy kingdom come;
thy will be done;
on earth as it is in heaven.
Give us this day our daily bread.
And forgive us our trespasses,
as we forgive those who trespass against us.
And lead us not into temptation;
but deliver us from evil.
For thine is the kingdom,
The power, and the glory,
for ever and ever. Amen**

Draw near and receive the Body of our Lord Jesus Christ given for you, and feed on him in your hearts by faith with thanksgiving.

*The Priest and People receive Holy Communion.
The sacrament is administered with these words:*

The body of Christ keep you in eternal life. **Amen.**
The blood of Christ keep you in eternal life. **Amen.**

THE POST-COMMUNION

Once all have received Holy Communion, please stand.

All O give thanks unto the Lord, for he is gracious;
For his mercy endureth for ever.

Almighty God, we thank thee for feeding us with the Body and Blood of thy Son Jesus Christ, through whom we offer to thee our souls and bodies to be a living sacrifice. Send us out in the power of thy Spirit to live and work to thy praise and glory. Amen.

THE DISMISSAL

Priest The Lord be with you:

All **And with your spirit.**

The peace of God which passes all understanding, keep your hearts and minds in the knowledge and love of God, and of his Son, Jesus Christ our Lord; and the blessing of God Almighty, the Father, ✠ the Son and the Holy Spirit, be upon you and remain with you always.

All **Amen.**

All Let us go forth in peace;
In the name of Christ. Amen.

Please remain standing as the Procession leaves.

WEEKLY NOTICES

Installation of the new Dean – Bishop Mary will install the Rev'd Canon Jason Bray as the next Dean of Llandaff on Sunday 8th September. Join us for Choral Evensong at 4.00pm to welcome Jason and his family to Llandaff.

Jason is the author of 'Deliverance', a book about his experiences of Deliverance ministry. Copies are available to buy in the Cathedral Shop, giving you a chance to get to know him before he arrives!

Join us as we journey towards an EcoChurch Silver award...

Llandaff Cathedral received the Bronze award in 2020. We are eager to proceed to the next level. Each week we will update you on the progress we are making and highlighting ways that you can join with us to care for God's creation. St. David said '*Be joyful, keep the faith, and do the little things...*'. A little thing you can do this week:

An Eco Travel Tip... Look for Green Key Certified Accommodation!

The Green Key certificate is the leading standard for excellence in the field of environmental responsibility and sustainable operation within the tourism industry. This prestigious certificate represents a commitment by businesses that their premises adhere to the strict criteria set by the Foundation for Environmental Education. A Green Key assures guests that, by choosing to stay with a Green Key establishment, they are helping make a difference for the environment. The high environmental standards expected of these establishments are maintained through rigorous documentation and frequent audits. Green Key is eligible for hotels, hostels, small accommodations, campsites, holiday parks, conference centres, restaurants, and attractions. Find out more at <https://www.greenkey.global>

Charities' Table – Our Charities Table at the back of the Nave was inaugurated in 2017. It highlights the Cathedral's commitment to Christ's command to care for the least fortunate in our world, and publicises the work of charities supported by the Cathedral community as a whole. At present, in the "down time" between Christian Aid Week and our Advent Appeal, the table has a display of these Charities with a brief summary of their work. Do take a look: you may be surprised by the number and variety of charities – local, national and international – which have benefitted from your generosity in recent years.

Prayers for the sick – Prayer intentions for the sick: this list is now based on the requests sent in via this form: <https://llandaffcathedral.churchsuite.com/forms/wy58qy6m> which is also available on paper from the Cathedral office. Each name remains on the list for 8 weeks and this time can be extended by re-submitting the form or emailing the Office.

Asking for a blessing instead of receiving the bread and wine? If you have been baptised/christened in any church, you are welcome to receive Holy Communion at the Cathedral. If you are not baptised and/or confirmed, do get in touch if you are interested in thinking about this. You might like to try our course 'Explore the Faith' which is suitable for those enquiring about the faith, as a refresher, or as a preparation for confirmation. Contact Canon Jan to find out more.

Majestas Kids Choir – Our choir for children ages 7 – 13 rehearses at 10am every Saturday during term time in the Cathedral, starting back on 8th September. If you'd like more information, or would like to sign your child(ren) up to join, please contact our Animateur Rachel Kilby at rachelkilby@llandaffcathedral.org.uk

The 'Anniversary of Death' List – If your loved one's funeral was held at the Cathedral, and/or their ashes are interred in our Garden of Remembrance, their name can be included in the prayers

on the anniversary of their death, and/or in the Book of Remembrance, by request from next of kin using this form: <https://llandaffcathedral.online/remembrance-form>

Join the Friends of Llandaff Cathedral – The Friends are an independent charity founded to provide invaluable support to the Cathedral's life; its fabric, music and heritage. Information about projects and membership can be found at www.llandaffcathedral.org.uk/friends

*The deadline for submissions for the Weekly Notes is 9am on Thursday each week.
Please send any notices to admin@llandaffcathedral.org.uk*

THE WEEKLY PRAYER INTENTIONS

Those who are currently sick and have asked for prayer:

Carolyn Jenkins, Huw James, Danielle Camilleri, Charles & Alison Lewis, Octavia Allen-Davies, Peter Webber

Long-term Sick or in Residential Care: Beryl Baldwin, Sid Baldwin, Megan Pugh, Bettie Williams

Those who have died recently: John Woodward (Priest), Gary Philbrick (Priest)

Those whose anniversary of death falls this week:

28th July David Glyn Hopkins, David John Ware-Davies

29th July Rosalind Williams, Harry Rowden, Keith Brockie Spencer Morris, Malcolm Giles, Joan Rosemary Charles

30th July Madeline Davies, David Morgan Richards, Marian Kathleen Everett

31st July Margaret Howell, Edith Mary Owen, Phyllis Mary Griffiths

1st August Mary Annie Lewis, Valerie Anne Aspden

2nd August Pamela Mary Rogers

3rd August Tomos James Llywelyn Davies, Diane Mary Walker

The Cycle of Prayer for this week in the Anglican Communion, this Diocese and in the Cathedral Community:

Sunday: The Episcopal Church in Jerusalem & The Middle East | Margam Ministry Area | Office staff

Monday: The Diocese of Ho (West Africa) | Diocesan Board of Finance staff team | School Visits Team

Tuesday: The Diocese of Hokkaido (Japan) | Llandaff Cathedral Ministry Area | Llandaff Cathedral Community Council, Churchwardens

Wednesday: The Diocese of Honduras (The Episcopal Church) | The Rt Rev'd Mary Stallard, Bishop of Llandaff | Cathedral Chapter

Thursday: The Diocese of Hong Kong Island (Hong Kong) | Llandaff Archdeaconry | Greater Chapter

Friday: The Diocese of the Horn of Africa (Alexandria) | Ministry Area of Roath & Cathays | Young Cathedral Council

Saturday: The Diocese of Hpa-an (Myanmar) | Ministry Area of South Cardiff | Friends of Llandaff Cathedral

SERVICES THIS WEEK

Monday 29th July	8.00am	Morning Prayer and Eucharist
	5.30pm	Choral Evensong
Tuesday 30th July	8.00am	Morning Prayer and Eucharist
	9.30am	Holy Eucharist
	5.30pm	Choral Evensong
Wednesday 31st July	8.00am	Morning Prayer and Eucharist
	5.30pm	Choral Evensong
Thursday 1st August	8.00am	Morning Prayer and Eucharist
	9.30am	Cymun Bendigaid
	5.30pm	Evening Prayer
Friday 2nd August	8.00am	Morning Prayer and Eucharist
	5.30pm	Choral Evensong
Saturday 3rd August	8.00am	Morning Prayer and Eucharist
	<u>4.00pm</u>	Choral Evensong
Sunday 4th August	8.00am	Holy Eucharist [1984]
	9.00am	Holy Eucharist
	11.00am	Choral Eucharist
	4.00pm	Choral Evensong



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