

THE HOLY EUCHARIST

Sunday 14th July 2024 9.00am

The Seventh Sunday After Trinity



CROESO | WELCOME

We're delighted to welcome you to this service at your cathedral, which has been a site of Christian worship for over 1,500 years.

If you are joining us for the first time, please introduce yourself to a member of clergy, who will be happy to tell you more about worship in this place.

We are a Christian community, followers of Jesus.

We are an inclusive community, whatever your faith, or none, you are very welcome.

The cathedral is a place for everyone.

We hope that you will join us for refreshments following the service.

Everything you need to follow the service is in this booklet. Please join in the singing of the hymns, as well as the text printed in **Bold**.

The rubrics in this service indicating when to stand and sit are suggestions only.

Please follow them as you are able.

If you are more comfortable remaining seated throughout the service, please do so.

DONATE

A collection is taken during this service. If you are a UK tax payer, please consider using the Gift-Aid envelopes, as this enables us to claim an extra 25% on each donation. You can also donate by using the contactless giving devices located around the building, or via Text as follows:

To donate £5 text LLANDAFF to 70970
To donate £10 text LLANDAFF to 70191
Texts will be charged at your usual network rate.
For all Terms and Conditions, please visit www.easydonate.org

You can also donate by scanning the QR code:





The Cathedral is served by a hearing loop. Users should turn their hearing aid to the setting marked T.

Printed versions of this service sheet are available.

Please ask a steward for a copy. **Large print versions are also available.**

Please ensure that all electronic devices are set to silent mode. We kindly request that you do not take photographs, or video or sound recording in the cathedral at any time during the service.

ORDER OF SERVICE

Notices are read from the Lectern before the service begins. Please stand as the Procession enters to sing:

THE ENTRANCE HYMN



All King of Glory, King of Peace,
I will love thee;
And that love may never cease
I will move thee.
Thou hast granted my request,
Thou hast heard me;
Thou didst note my working breast,
Thou hast spared me.

Wherefore with my utmost art I will sing thee,
And the cream of all my heart
I will bring thee.
Though my sins against me cried,
Thou didst clear me;
And alone, when they replied,
Thou didst hear me.

Seven whole days, not one in seven, I will praise thee; In my heart, though not in heaven, I can raise thee.
Small it is, in this poor sort
To enrol thee:
E'en eternity's too short
To extol thee.

Words: George Herbert (1593-1633)

Music: GWALCHMAI John David Jones (1827-70)

WE GATHER IN THE LORD'S NAME

Priest In the name of the Father, and of the

Son and of the Holy Spirit.

All Amen.

ΑII

Grace and peace be with you

and keep you in the love of Christ.

Yn enw'r Tad, a'r Mab, a'r Ysbryd Glân.

Amen.

Gras a thangnefedd a fo gyda chwi

a'th gadw di yng nghariad Crist.

Father of glory, holy and eternal, look upon us now in power and mercy. May your strength overcome our weakness, your radiance transform our blindness, and your Spirit draw us to that love shown and offered to us by your Son, our Saviour Jesus Christ. Amen.

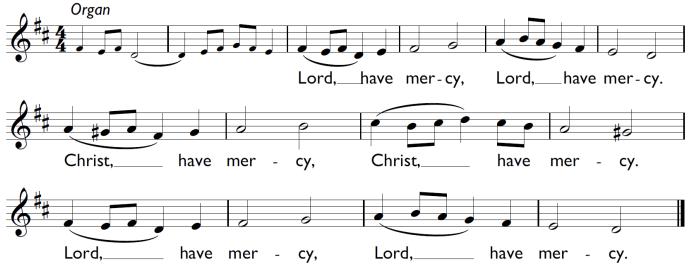
WE SAY SORRY TO GOD

We remember the things that separate us from God, and we ask his forgiveness.

Priest God our Father, we come to you in sorrow for all that we have done wrong.

A short time of silence for reflection follows.

We sing:



Music: The Mass of St Thomas David Thorne (b. 1950)

Let us confess our sins to God, our Father:

Priest Heavenly Father, we have sinned in thought, word and deed, and have failed to do what we ought to have done. We are sorry and truly repent. For the sake of your Son Jesus Christ who died for us, forgive us all that is past and lead us in his way to walk as children of light. Amen.

May almighty God, who sent his Son into the world to save sinners, bring you his pardon

and peace, now and for ever. Amen.



The priest prays the Collect, the special prayer for today:

Lord of all power and might, the author and giver of all good things: graft in our hearts the love of your name, increase in us true religion, nourish us with all goodness, and of your great mercy keep us in the same; through Jesus Christ your Son our Lord, who is alive and reigns with you, in the unity of the Holy Spirit, one God, now and for ever.

All Amen.

Please sit.

WE PROCLAIM THE WORD OF GOD

Reader A reading from the prophet Amos;

This is what the Lord showed me: The Lord stood by a straight wall. He had a plumb line in his hand. The Lord said to me, "Amos, what do you see?" I said, "A plumb line." Then the Lord said, "See, I will put a plumb line among my people Israel to show how crooked they are. I will not feel sorry for them any longer. "The places where Isaac's descendants worship will be destroyed. Israel's holy places will be turned into ruins. And I will attack King Jeroboam's family with the sword."

So Amaziah, a priest at Bethel, sent this message to Jeroboam king of Israel: "Amos is making evil plans against you with the people of Israel. He has been speaking so much that this land can't hold all his words. Amos has said this: 'Jeroboam will die by the sword, and the people of Israel will be taken as captives out of their own country." Then Amaziah said to Amos, "Seer, go, run away to Judah. Do your prophesying and earn your living there. But don't prophesy anymore here at Bethel. This is King Jeroboam's holy place. This is Israel's temple."

Then Amos answered Amaziah, "I do not make my living as a prophet. And I am not a member of a group of prophets. I make my living as a shepherd. And I take care of sycamore trees. But the Lord took me away from tending the sheep. He said to me, 'Go, prophesy to my people, the Israelites.'

Amos 7.7-15

This is the word of the Lord.

All Thanks be to God.

I will listen to what the Lord God will say, or he shall speak peace to his people and to the faithful, that they turn not again to folly.

All Truly, his salvation is near to those who fear him, that his glory may dwell in our land.

Mercy and truth are met together, righteousness and peace have kissed each other;

All Truth shall spring up from the earth and righteousness look down from heaven.

The Lord will indeed give all that is good, and our land will yield its increase.

All Righteousness shall go before him and direct his steps in the way.

Psalm 85. 8-end

Please stand. As the Gospel is taken into the Nave, we sing:



Priest The Lord be with you.

All And also with you

Priest Listen to the Gospel of Christ according to Saint Mark.

All Glory to you, O Lord.

King Herod heard of it, for Jesus' name had become known. Some were saying, 'John the baptizer has been raised from the dead; and for this reason these powers are at work in him.' But others said, 'It is Elijah.' And others said, 'It is a prophet, like one of the prophets of old.' But when Herod heard of it, he said, 'John, whom I beheaded, has been raised.'

For Herod himself had sent men who arrested John, bound him, and put him in prison on account of Herodias, his brother Philip's wife, because Herod had married her. For John had been telling Herod, 'It is not lawful for you to have your brother's wife.' And Herodias had a grudge against him, and wanted to kill him. But she could not, for Herod feared John, knowing that he was a righteous and holy man, and he protected him. When he heard him, he was greatly perplexed; and yet he liked to listen to him. But an opportunity came when Herod on his birthday gave a banquet for his courtiers and officers and for the leaders of Galilee. When his daughter Herodias came in and

danced, she pleased Herod and his guests; and the king said to the girl, 'Ask me for whatever you wish, and I will give it.' And he solemnly swore to her, 'Whatever you ask me, I will give you, even half of my kingdom.' She went out and said to her mother, 'What should I ask for?' She replied, 'The head of John the baptizer.' Immediately she rushed back to the king and requested, 'I want you to give me at once the head of John the Baptist on a platter.' The king was deeply grieved; yet out of regard for his oaths and for the guests, he did not want to refuse her. Immediately the king sent a soldier of the guard with orders to bring John's head. He went and beheaded him in the prison, brought his head on a platter, and gave it to the girl. Then the girl gave it to her mother. When his disciples heard about it, they came and took his body, and laid it in a tomb.

Mark 6.14-29

This is the Gospel of the Lord.

Praise to you, O Christ.

We sing:

ΑII

Alleluia, alleluia, alleluia.

THE HOMILY

Please sit.

We stand to declare what we believe as Christians:

All I believe and trust in God the Father, who created all that is.

I believe and trust in his Son Jesus Christ, who redeemed humankind.

I believe and trust in his Holy Spirit, who gives life to the people of God.

I believe and trust in one God, Father, Son and Holy Spirit.
Amen.

Yr wyf yn credu ac yn ymddiried yn Nuw Dad, a greodd bopeth sydd.

Yr wyf yn credu ac yn ymddiried yn ei Fab Iesu Grist, a brynodd ddynolryw.

Yr wyf yn credu ac yn ymddiried yn ei Ysbryd Glân, sy'n rhoi bywyd i bobl Dduw.

Yr wyf yn credu ac yn ymddiried yn un Duw, Dad, Mab ac Ysbryd Glân. Amen.

WE PRAY WITH THE CHURCH

We sit or kneel for the prayers. Each prayer may end with:

Lord, in your mercy, hear our prayer.

Arglwydd, yn dy drugaredd gwrando ein gweddi.

The prayers finish with:

ΑII

ΑII

Merciful Father,

All accept these prayers for the sake of your Son, our Saviour Jesus Christ. Amen.

Dad trugarog,

derbyn y gweddïau hyn er mwyn dy Fab ein Gwaredwr Iesu Grist. Amen.

THE PEACE

We stand and acknowledge each other's presence.

Christ is our peace. He has reconciled us to God in one body on the cross. We meet in his name and share his peace.

The peace of the Lord be with you always.

And also with you.

Tangnefedd yr Arglwydd a fo gyda chwi bob amser.

A hefyd gyda thi.

Let us offer one another a sign of peace.

The congregation share a sign of peace with one another.

During the singing of the hymn, a collection will be taken for the ministry and mission of the Cathedral.



All At the name of Jesus every knee shall bow, every tongue confess him King of glory now; 'tis the Father's pleasure we should call him Lord, who from the beginning was the mighty Word.

At his voice creation sprang at once to sight, all the angel faces, all the hosts of light, thrones and dominations, stars upon their way, all the heavenly orders, in their great array.

Humbled for a season,
To receive a name
From the lips of sinners
Unto whom he came,
Faithfully he bore it
Spotless to the last,
Brought it back victorious
When from death he passed.

Words: Caroline Maria Noel (1817-77)

Bore it up triumphant
With its human light,
Through all ranks of creatures,
To the central height
To the throne of Godhead,
To the Father's breast;
Filled it with the glory
Of that perfect rest.

In your hearts enthrone him;
There let him subdue
All that is not holy,
All that is not true:
He is God the Saviour,
He is Christ the Lord,
Ever to be worshipped,
Trusted, and adored.

Surely, this Lord Jesus shall return again with his Father's glory, with his angel train; for all wreaths of empire meet upon his brow, and our hearts confess him King of glory now.

Music: CAMBERWELL John Michael Brierley (b. 1932)

WE OFFER THANKSGIVING

Priest With this bread that we bring,

All We shall remember Jesus.

With this wine that we bring,

All We shall remember Jesus.

Bread for his body, wine for his blood

All Gifts from God to his table we bring

The Lord be with you.

All And also with you.

Lift up your hearts.

All We lift them to the Lord.

Let us give thanks to the Lord our God.

All It is right to give our thanks and praise.

It is always right, wherever we are, to thank you and to praise you, God our Father and King for ever, through Jesus Christ, your Son.

Through him you made us and the whole universe. When your Holy Spirit came to Mary, Jesus was born as one of us. He loved us so much that he died for us; on the first Easter Day you raised him to life; and death and evil were conquered for ever. At Pentecost, you gave the Holy Spirit, as Jesus promised, to help us to live as your children.

So here on earth, with the angels and archangels and with everyone in heaven we praise your name and sing:

We sing:



Father in heaven, listen to the prayer we make in Jesus' name; through the Holy Spirit's power, gentle as a dove, may this bread and this wine be for us Jesus' body and blood.

Father, we remember when Jesus had supper with his friends the night before he died, he took the bread; he thanked you, broke it, gave it to his friends and said:

'Take this and eat it – this is my body, given for you. Do this to remember me.'

After supper, Jesus took the cup of wine; he thanked you, gave it to his friends and said:

'All of you drink from this cup – because this is my blood – the new promise of God's love:

Do this every time you drink it to remember me.'

Together we remember that Jesus is always with us and say:

All Christ has died. Christ is risen. Christ will come in glory.

Father, as we remember your Son, Jesus Christ, who died on the cross and rose again, we offer you these and all the gifts you freely give to us.

Send your Holy Spirit to be with us and all who share this bread and drink from this cup. Help us to trust you, bring us closer together and welcome us, with all your people, into Jesus' glorious kingdom.

All honour and glory belong to you, Father, through Jesus, your Son, with the Holy Spirit: one God, for ever and ever.

All Amen.

Please sit or kneel.

Let us pray with confidence to the Father:

All
Our Father, who art in heaven,
hallowed be thy name,
thy kingdom come, thy will be done,
on earth as it is in heaven.
Give us this day our daily bread.
And forgive us our trespasses,
as we forgive those who trespass against us.
And lead us not into temptation,
but deliver us from evil.
For thine is the kingdom, the power,
and the glory for ever and ever. Amen.

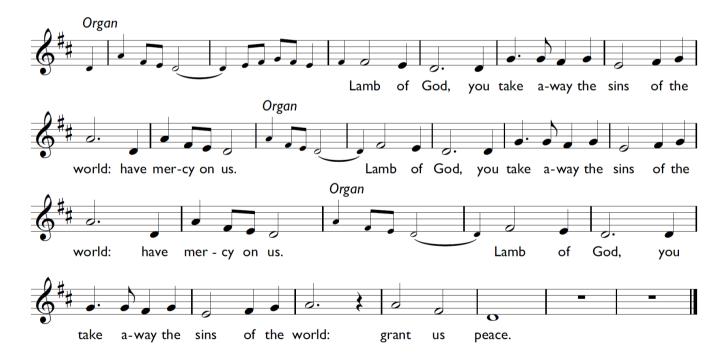
We Share The Gifts

The priest breaks the bread:

We break this bread to share in the body of Christ.

All Though we are many, we are one body for we all share in one bread.

We sing:



Jesus is the Lamb of God who takes away the sins of the world. Happy are those who are called to his supper.

Lord, I am not worthy to receive you, but only say the word and I shall be healed.

Those who wish to can come forward to receive communion or a blessing. The sacrament is administered with these words:

The body of Christ. **Amen.** The blood of Christ. **Amen.**

Once all have received, please stand to sing:



All From heav'n You came, helpless Babe, Entered our world, Your glory veiled; Not to be served but to serve, And give Your life that we might live.

This is our God, the Servant King, He calls us now to follow Him, to bring our lives as a daily offering Of worship to the Servant King.

There in the garden of tears,
My heavy load He chose to bear;
His heart with sorrow was torn,
'Yet not my will but Yours,' He said.
Refrain

Come see His hands and His feet, The scars that speak of sacrifice; Hands that flung stars into space To cruel nails surrendered. Refrain

So let us learn how to serve, And in our lives enthrone Him; Each other's needs to prefer, For it is Christ we're serving. Refrain

Words: Graham Kendrick (b.1950)

Music: THE SERVANT KING Graham Kendrick

WE GO IN GOD'S STRENGTH

Give thanks to the Lord for he is gracious:

All his love is everlasting.

God of truth, we have seen with our eyes and touched with our hands the bread of life. Strengthen our faith that we may grow in love for you and for each other, through Jesus Christ, our risen Lord. Amen.

Amen.

The peace of God which is beyond all understanding guard your hearts in the knowledge and love of God and of his Son Jesus Christ;

And the ♣ blessing of God almighty, the Father, the Son, and the Holy Spirit, be among you and remain with you always.

A ▶ bendith Duw hollalluog, y Tad, y Mab, a'r Ysbryd Glân a fo yn eich plith ac a drigo gyda chwi yn wastad.

All Amen.

Go in peace to love and serve the Lord.

All In the name of Christ. Amen.

The congregation remains standing as the Procession leaves the Cathedral.

WEEKLY NOTICES

Join us as we journey towards an EcoChurch Silver award...

Llandaff Cathedral received the Bronze award in 2020. We are eager to proceed to the next level. Each week we will update you on the progress we are making and highlighting ways that you can join with us to care for God's creation. St. David said 'Be joyful, keep the faith, and do the little things...'. A little thing you can do this week:

Fairtrade & Ethically Sourced Goods!

Fairtrade is about better prices, safe working conditions, local sustainability, and fair terms of trade for farmers and workers. There are over 6,000 Fairtrade products from coffee and tea to flowers and gold, so when you shop, look for the Fairtrade Mark or other ethically sourced goods. We are a Fairtrade Kitchen here at the Cathedral serving only Fairtrade tea and coffee. If you use our kitchen, please respect our commitment in this area and also only serve Fairtrade tea and coffee. Visit www.fairtrade.org.uk to find out more.

Sustainability – The Cathedral Chapter and LCCC recognise the importance of environmental sustainability. Check out the new Sustainability page on our website to find out what we're doing to help the environment – www.llandaffcathedral.org.uk/sustainability

Christian Aid Week – The Llandaff Cathedral Community's campaign in Christian Aid Week raised the magnificent total of £15,947.30! Details of the amount raised by each of the activities of the Week are available on the Charities Table: do have a look to see the many ways in which different parts of our community were involved. The result is spectacular, particularly in the current challenging economic circumstances, and a huge thank you is due to everyone who made it possible.

Prayers for the sick – Prayer intentions for the sick: this list is now based on the requests sent in via this form: https://llandaffcathedral.churchsuite.com/forms/wy58qy6m which is also available on paper from the Cathedral office. Each name remains on the list for 8 weeks and this time can be extended by re-submitting the form or emailing the Office.

Asking for a blessing instead of receiving the bread and wine? If you have been baptised/christened in any church, you are welcome to receive Holy Communion at the Cathedral. If you are not baptised and/or confirmed, do get in touch if you are interested in thinking about this. You might like to try our course 'Explore the Faith' which is suitable for those enquiring about the faith, as a refresher, or as a preparation for confirmation. Contact Canon Jan to find out more.

Majestas Kids Choir – Our choir for children ages 7-11 rehearses at 10am every Saturday during term time in the Cathedral. If you'd like more information, or would like to sign your child(ren) up to join, please contact our Animateur Rachel Kilby at rachelkilby@llandaffcathedral.org.uk

The 'Anniversary of Death' List – If your loved one's funeral was held at the Cathedral, and/or their ashes are interred in our Garden of Remembrance, their name can be included in the prayers on the anniversary of their death, and/or in the Book of Remembrance, by request from next of kin using this form: https://llandaffcathedral.online/remembrance-form

Join the Friends of Llandaff Cathedral – The Friends are an independent charity founded to provide invaluable support to the Cathedral's life; its fabric, music and heritage. Information about projects and membership can be found at www.llandaffcathedral.org.uk/friends

THE WEEKLY PRAYER INTENTIONS

Those who are currently sick and have asked for prayer:

Carolyn Jenkins, Huw James, Danielle Camilleri, Charles & Alison Lewis, Octavia Allen-Davies, Peter Webber

Long-term Sick or in Residential Care: Beryl Baldwin, Sid Baldwin, Megan Pugh, Bettie Williams

Those who have died recently: Rev'd Barry Thomas, Eluned Bettinson

Those whose anniversary of death falls this week:

14th July Glenys Mary Ball, Anne Reid

15th July Doris Parker, Malcolm Richard Merrett, Mollie Geen Edbrooke

16th July Joanna Hull, Dora Edith Everett, Myra Salley

17th July Sarah Victoria Gwynno-James, Kelvin Wooldridge James, John Stuart Courtis,

Pamela June Adams

18th **July** Winifred Mary Hopkins

19th July | ack Birtwhistle

20th July Patricia Ann Walker, Pauline Grainger, Mary Gwynne Clinton-Thomas

The Cycle of Prayer for this week in the Anglican Communion, this Diocese and in the Cathedral Community:

Sunday: The Church of Ireland | Afon Nedd Ministry Area |

Office staff

Monday: The Diocese of Central Gulf Coast (The Episcopal Church)

Bro Noddfa Newydd Ministry Area | School Visits Team

Tuesday: The Diocese of Gusau (Nigeria) | Vale of Glamorgan Deanery |

Llandaff Cathedral Community Council, Churchwardens

Wednesday: The Diocese of Guyana (West Indies) | East Vale Ministry Area |

Cathedral Chapter

Thursday: The Diocese of Gwagwalada (Nigeria) | Glamorgan Heritage Coast Ministry Area |

Greater Chapter

Friday: The Diocese of Haiti (The Episcopal Church) | Ministry Area of Cowbridge |

Young Cathedral Council

Saturday: The Diocese of Hanuato'o (Melanesia) | Ministry Area of De Morgannwg |

Friends of Llandaff Cathedral

SERVICES THIS WEEK

Monday 15 th July	8.00am 5.30pm	Morning Prayer and Eucharist Evening Prayer
Tuesday 16 th July	8.00am 9.30am 5.30pm	Morning Prayer and Eucharist Holy Eucharist Evening Prayer
Wednesday 17 th July	8.00am 5.30pm	Morning Prayer and Eucharist Evening Prayer
Thursday 18 th July	8.00am 9.30am 5.30pm	Morning Prayer and Eucharist Cymun Bendigaid Choral Evensong
Friday 19 th July	8.00am 5.30pm	Morning Prayer and Eucharist Choral Evensong
Saturday 20 th July	8.00am 5.30pm	Morning Prayer and Eucharist Choral Evensong
Sunday 21 st July	8.00am 9.00am 11.00am 4.00pm	Holy Eucharist [1984] Holy Eucharist Choral Eucharist Choral Evensong









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