

THE HOLY EUCHARIST

according to the Book of Common Prayer 1984

Sunday 24th March 2024 The Sixth Sunday in Lent | Palm Sunday 8.00am

CROESO | WELCOME

We're delighted to welcome you to this service at your cathedral, which has been a site of Christian worship for over 1,500 years. If you are joining us for the first time, please introduce yourself to a member of clergy, who will be happy to tell you more about worship in this place.

Everything you need to follow the service is in this booklet. Please join in with the text printed in **Bold**. The rubrics in this service indicating when to *stand* and *sit* are suggestions only. Please follow them as you are able. If you are more comfortable remaining seated throughout the service, please do so.

We are a Christian community, followers of Jesus. We are an inclusive community, whatever your faith, or none, you are very welcome. The cathedral is a place for everyone.

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Gluten-free wafers are available at the Communion. If you wish to receive one, please ask a steward in advance.



The Cathedral is served by a hearing loop.

Users should turn their hearing aid to the setting marked T.



Printed versions of this service sheet are available.

Please ask a steward for a copy. Large print versions are also available.



Please ensure that all electronic devices are set to silent mode. We kindly request that you do not take photographs, or video or sound recording in the cathedral at any time during this service. You are welcome to take photographs at any other time.

The Dean: The Very Reverend Richard Peers thedean@llandaffcathedral.org.uk | 07724 030620

Canon Precentor: The Rev'd Canon Ian Yemm precentor@llandaffcathedral.org.uk

Canon Chancellor: The Rev'd Canon Dr. Jan van der Lely chancellor@llandaffcathedral.org.uk | 029 2115 6258

Church Warden: Siân Roberts sianroberts1@icloud.com

Church Warden: Ian Macdonald irmacdonald52@hotmail.co.uk

Safeguarding Officer: Kath MacDonald kjmacdonald1@hotmail.co.uk

www.llandaffcathedral.org.uk | Facebook @llandaffcathedral X @LlandaffCath | Instagram @LlandaffCathedral

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admin@llandaffcathedral.org.uk Tel: 029 2056 4554

> Administration Office Prebendal House Llandaff Cardiff CF5 2LA

ORDER OF SERVICE

Please stand as the Procession enters the Cathedral.

THE LITURGY OF THE PALMS

Hosanna to the Son of David.

Blessed is he who comes in the name of the Lord.

Hosanna in the highest.

Priest

Dear friends in Christ for five weeks of Lent we have been preparing, by works of charity and self sacrifice, for the celebration of our Lord's paschal mystery. Today we come together to begin this solemn celebration in union with the whole Church throughout the world. Christ entered in triumph into his own city, to complete his work as our Messiah: to suffer, to die, and to rise again. Let us remember with devotion this entry which began his saving work and follow him with a lively faith. United with him in his suffering on the cross, may we share his resurrection and new life.

The people are invited to hold their Palm crosses aloft.

Lord, increase the faith of your people and listen to our prayers. Today we honour Christ our triumphant King by carrying these Palm crosses. We pray that you might bless these symbols of our faith * and we may honour you every day by living always in him, for he is Lord for ever and ever.

All Amen.

The Palms are blessed and the Gospel of the Palms is read.

Hear the gospel of our Lord Jesus Christ according to Saint Mark.

All Glory be to thee, O Lord.

When they were approaching Jerusalem, at Bethphage and Bethany, near the Mount of Olives, he sent two of his disciples and said to them, 'Go into the village ahead of you, and immediately as you enter it, you will find tied there a colt that has never been ridden; untie it and bring it. If anyone says to you, "Why are you doing this?" just say this, "The Lord needs it and will send it back here immediately." They went away and found a colt tied near a door, outside in the street. As they were untying it, some of the bystanders said to them, 'What are you doing, untying the colt?' They told them what Jesus had said; and they allowed them to take it. Then they brought the colt to Jesus and threw their cloaks on it; and he sat on it. Many people spread their cloaks on the road, and others spread leafy branches that they had cut in the fields. Then those who went ahead and those who followed were shouting,

'Hosanna!

Blessed is the one who comes in the name of the Lord! Blessed is the coming kingdom of our ancestor David! Hosanna in the highest heaven!' Then he entered Jerusalem and went into the temple; and when he had looked around at everything, as it was already late, he went out to Bethany with the twelve.

Mark 11, 1-11

All Praise be to thee, O Christ.

THE MINISTRY OF THE WORD

THE COLLECT

Priest God, who before the Passion of thy only-begotten Son didst reveal his majesty on the holy mount: grant that we thy servants may see his glory and be strengthened to bear the cross; through the same Jesus Christ our Lord.

All Amen.

Please sit.

THE EPISTLE

Reader A reading from Saint Paul's letter to the Philippians.

Let the same mind be in you that was in Christ Jesus,

who, though he was in the form of God,
did not regard equality with God
as something to be exploited,
but emptied himself,
taking the form of a slave,
being born in human likeness.
And being found in human form,
he humbled himself
and became obedient to the point of death –
even death on a cross.

Therefore God also highly exalted him and gave him the name that is above every name, so that at the name of Jesus every knee should bend, in heaven and on earth and under the earth, and every tongue should confess that Jesus Christ is Lord, to the glory of God the Father.

Philippians 2. 5-11

This is the word of the Lord.

All Thanks be to God.

PSALM 118. 19-29

Open me the gates of righteousness: that I may enter into them and give them thanks unto the Lord.

This is the gate of the Lord: the righteous shall enter into it.

I will thank thee because thou hast answered me: and art become my salvation.

The same stone which the builders refused: is become the chief corner-stone.

This is the Lord's doing: and it is marvellous in our eyes.

This is the day which the Lord hath made: let us rejoice and be glad in it.

Save us we beseech thee O Lord: O Lord send us now prosperity.

All Blessed is he that cometh in the name of the Lord: we bless you from the house of the Lord.

God is the Lord who hath shewed us light: bind up the sacrifice with cords, and go up to the horns of the altar.

All Thou art my God and I will thank thee: thou art my God and I will exalt thee.

O give thanks unto the Lord for he is gracious: for his mercy endureth for ever.

Please stand. **No responses** are made by the People to the Proclamation of the Passion.

THE PASSION OF OUR LORD

Priest The passion of our Lord according to Saint Mark.

As soon as it was morning, the chief priests held a consultation with the elders and scribes and the whole council. They bound Jesus, led him away, and handed him over to Pilate. Pilate asked him, 'Are you the King of the Jews?' He answered him, 'You say so.' Then the chief priests accused him of many things. Pilate asked him again, 'Have you no answer? See how many charges they bring against you.' But Jesus made no further reply, so that Pilate was amazed.

Now at the festival he used to release a prisoner for them, anyone for whom they asked. Now a man called Barabbas was in prison with the rebels who had committed murder during the insurrection. So the crowd came and began to ask Pilate to do for them according to his custom. Then he answered them, 'Do you want me to release for you the King of the Jews?' For he realized that it was out of jealousy that the chief priests had handed him over. But the chief priests stirred up the crowd to have him release Barabbas for them instead. Pilate spoke to them again, 'Then what do you wish me to do with the man you call the King of the Jews?' They shouted back, 'Crucify him!' Pilate asked them, 'Why, what evil has he done?' But they shouted all the more, 'Crucify him!' So Pilate, wishing to satisfy the crowd, released Barabbas for them; and after flogging Jesus, he handed him over to be crucified.

Then the soldiers led him into the courtyard of the palace (that is, the governor's headquarters); and they called together the whole cohort. And they clothed him in a purple cloak; and after twisting some thorns into a crown, they put it on him. And they began saluting him, 'Hail, King of the Jews!' They struck his head with a reed, spat upon him, and knelt down in homage to him. After mocking him, they stripped him of the purple cloak and put his own clothes on him. Then they led him out to crucify him.

They compelled a passer-by, who was coming in from the country, to carry his cross; it was Simon of Cyrene, the father of Alexander and Rufus. Then they brought Jesus to the place called Golgotha (which means the place of a skull). And they offered him wine mixed with myrrh; but he did not take it. And they crucified him, and divided his clothes among them, casting lots to decide what each should take.

It was nine o'clock in the morning when they crucified him. The inscription of the charge against him read, 'The King of the Jews.' And with him they crucified two bandits, one on his right and one on his left. Those who passed by derided him, shaking their heads and saying, 'Aha! You who would destroy the temple and build it in three days, save yourself, and come down from the cross!' In the same way the chief priests, along with the scribes, were also mocking him among themselves and saying, 'He saved others; he cannot save himself. Let the Messiah, the King of Israel, come down from the cross now, so that we may see and believe.' Those who were crucified with him also taunted him.

When it was noon, darkness came over the whole land until three in the afternoon. At three o'clock Jesus cried out with a loud voice, 'Eloi, Eloi, Iema sabachthani?' which means, 'My God, my God, why have you forsaken me?' When some of the bystanders heard it, they said, 'Listen, he is calling for Elijah.' And someone ran, filled a sponge with sour wine, put it on a stick, and gave it to him to drink, saying, 'Wait, Iet us see whether Elijah will come to take him down.' Then Jesus gave a loud cry and breathed his last. And the curtain of the temple was torn in two, from top to bottom. Now when the centurion, who stood facing him, saw that in this way he breathed his last, he said, 'Truly this man was God's Son!'

Mark 15. 1-39

This is the Passion of our Lord

No response is made and a short period of silence is kept.

All I believe in one God, the Father Almighty, maker of heaven and earth, and of all things visible and invisible.

And in one Lord lesus Christ, the only-begotten Son of God, begotten of his Father before all worlds, God of God, Light of Light, Very God of Very God, begotten, not made, being of one substance with the Father, by whom all things were made: who for us men, and for our salvation came down from heaven, and was incarnate by the Holy Spirit of the Virgin Mary, and was made man. and was crucified also for us under Pontius Pilate. He suffered and was buried. and the third day he rose again according to the Scriptures, and ascended into heaven, and is seated at the right hand of the Father. And he shall come again with glory to judge both the quick and the dead: whose kingdom shall have no end.

And I believe in the Holy Spirit, the Lord, the Giver of life, who proceeds from the Father and the Son; who with the Father and the Son together is worshipped and glorified, who spoke by the prophets.

And I believe in One Holy Catholic and Apostolic Church. I acknowledge one Baptism for the remission of sins. And I look for the Resurrection of the dead, and the life of the world to come. Amen.

THE INTERCESSIONS

Please sit or kneel.

The response to the petition is:

Lord, in thy mercy, hear our prayer.

The prayers end with:

ΑII

All Merciful Father,
accept these prayers
for the sake of your Son,
our Saviour Jesus Christ. Amen.

THE MINISTRY OF THE SACRAMENT

Priest Christ is our peace. He has reconciled us to God in one body on the cross. We meet in his name and share his peace.

The peace of the Lord be always with you;

All And with your spirit.

THE OFFERTORY

All things come of thee;

All And of thine own do we give thee.

THE GREAT THANKSGIVING

The Lord be with you;

All And with your spirit.

Lift up your hearts;

All We lift them up unto the Lord.

Let us give thanks unto our Lord God;

All It is meet and right so to do.

It is very meet, right and our bounden duty, that we should at all times, and in all places, give thanks unto thee, O Lord, Holy Father, Almighty, Everlasting God.

Through Jesus Christ our Lord, who being found in fashion as a man, humbled himself and became obedient unto death, even the death of the Cross, that being lifted up from the earth, he might draw all men unto him.

Therefore with Angels and Archangels, and with all the company of heaven, we laud and magnify thy glorious Name, evermore praising thee and saying:

All Holy, Holy, Holy, Lord God of Hosts, heaven and earth are full of thy glory. Glory be to thee, O Lord most high.

Blessed is he who comes in the Name of the Lord. Hosanna in the highest.

Please sit or kneel.

Priest

All glory, praise and thanksgiving be unto thee Almighty God our heavenly Father, creator and sustainer of all things, maker of man in thine own image, who gavest thine only Son Jesus Christ to take our nature upon him and to suffer death upon the Cross for our redemption. There he made the one perfect and sufficient sacrifice for the sins of the whole world; and did institute, and in his Holy Gospel command us to continue, a perpetual memorial of that his precious death until his coming again.

Therefore we beseech thee, O merciful Father, to sanctify with thy Holy Spirit these thy gifts of Bread and Wine, that we, receiving them according to thy Son our Saviour Jesus Christ's holy institution, may be partakers of his most precious Body and Blood:

Who in the same night that he was betrayed, took Bread and when he had given thanks, he broke it, and gave it to his disciples, saying,

Take, eat, this is my Body which is given for you: Do this in remembrance of me.

Likewise after supper he took the Cup and when he had given thanks, he gave it to them, saying,

Drink ye all of this, for this is my Blood of the New Covenant, which is shed for you and for many for the remission of sins: Do this. as oft as ye shall drink it, in remembrance of me.

Wherefore, O Lord and heavenly Father, making the memorial of the blessed Passion, mighty Resurrection, and glorious Ascension, of thy dearly beloved Son as he hath commanded us, rejoicing in his gift of the Holy Spirit, and looking for his coming again with power and great glory, we thy servants, with all thy holy people, do set forth before thy Divine Majesty this Bread of eternal life and this Cup of everlasting salvation.

And we beseech thee to accept this our sacrifice of praise and thanksgiving, and to grant to us and thy whole Church remission of our sins and all other benefits of his Passion. And we pray that all we, who are partakers of this holy Communion, may be fulfilled with thy grace and heavenly benediction and be numbered in the glorious company of thy saints.

Through Jesus Christ our Lord, by whom, in whom, and with whom, in the unity of the Holy Spirit, all honour and glory be unto thee, O Father Almighty, throughout all ages, world without end.

All Amen.

The Priest breaks the Bread, saying:

Priest The Bread which we break;

All Is it not the communion of the Body of Christ?

We who are many are one Bread, one Body

All For we are all partakers of the one Bread.

Then may be said:

We do not presume to come to this table,
O merciful Lord,
trusting in our own righteousness,
but in thy manifold and great mercies.
We are not worthy so much
as to gather up the crumbs under thy table,
but thou art the same Lord,
whose property is always to have mercy.
Grant us, therefore, gracious Lord,
so to eat the flesh of thy dear Son Jesus Christ,
and to drink his blood,
that we may evermore dwell in him, and he in us. Amen

Then may be said:

All O Lamb of God, that takest away the sins of the world, have mercy upon us.

> O Lamb of God, that takest away the sins of the world, have mercy upon us.

> O Lamb of God, that takest away the sins of the world, grant us thy peace.

Priest As our Saviour Jesus Christ has taught we are bold to say:

All Our Father, who art in heaven, hallowed be thy name; thy kingdom come; thy will be done; on earth as it is in heaven.
Give us this day our daily bread.
And forgive us our trespasses, as we forgive those who trespass against us. And lead us not into temptation; but deliver us from evil.
For thine is the kingdom, The power, and the glory, for ever and ever. Amen

Draw near and receive the Body of our Lord Jesus Christ given for you, and feed on him in your hearts by faith with thanksgiving.

The Priest and People receive Holy Communion. The sacrament is administered with these words:

The body of Christ keep you in eternal life. Amen. The blood of Christ keep you in eternal life. Amen.

THE POST-COMMUNION

Please stand.

O give thanks unto the Lord, for he is gracious;

All For his mercy endureth for ever.

Almighty God, we thank thee for feeding us with the Body and Blood of thy Son Jesus Christ, through whom we offer to thee our souls and bodies to be a living sacrifice. Send us out in the power of thy Spirit to live and work to thy praise and glory.

All Amen.

THE DISMISSAL

Priest The Lord be with you:

All And with your spirit.

God give you grace to grown in holiness, to deny yourselves, to take up your cross and follow Christ; and the blessing of God Almighty, the Father,

the Son and the Holy Spirit, be upon you and remain with you always.

All Amen.

Let us go forth in peace;

All In the name of Christ. Amen.

Please remain standing as the procession leaves.

SERVICES FOR HOLY WEEK AND EASTER

MONDAY of HOLY WEEK	8.00am 11.00am 5.30pm 7.00pm	Morning Prayer and Holy Eucharist <i>Quire</i> Diocesan Chrism Eucharist <i>Nave</i> Choral Evensong <i>Quire</i> Holy Week Mediation <i>Via Crucis Nave</i>
TUESDAY of HOLY WEEK	8.00am9.30am5.30pm7.00pm	Morning Prayer and Holy Eucharist Quire Holy Eucharist Nave Choral Evensong Quire Holy Week Mediation Stabat Mater Lady Chapel
WENDESDAY of HOLY WEEK	8.00am 5.30pm 7:00pm	Morning Prayer and Holy Eucharist Quire Choral Evensong Quire Holy Week Mediation Musical Reflections Nave
MAUNDY THURSDAY	8.00am 9.30am 7.30pm 10.15pm	Morning Prayer and Holy Eucharist Quire Cymun Bendigaid Lady Chapel Celebration of the Last Supper Nave followed by The Watch and Compline Lady Chapel
GOOD FRIDAY	8.00am 10.00am 12.00pm	Morning Prayer Quire Messy Easter Service The Preaching of the Cross Nave The Reverend Canon Dr Ryan Green Canon Theologian The Liturgy of the Cross Nave
HOLY SATURDAY	7.30pm	Easter Vigil with Baptism Nave
EASTER DAY	8.00am 9.00am 11.00am 4.00pm	Holy Eucharist [1984] Nave Holy Eucharist Nave Solemn Eucharist Nave Solemn Evensong Nave









