

LLANDAFF CATHEDRAL

SUNDAY before **LENT**
(**Transfiguration Sunday**)

3rd March 2019

7.30AM

SAID MATINS

Psalm: 2

8.00AM

HOLY EUCHARIST

President & Preacher: Canon Graham Holcombe

9.00AM

PARISH EUCHARIST (*followed by tea/coffee in Prebendal House*)

President: Canon Mark Preece

Preacher: Canon Graham Holcombe

Readers: Brownies

Please bring foodstuffs for asylum seekers to the Prebendal House

11.00AM

CHORAL EUCHARIST (*followed by tea/coffee in Prebendal House*)

President: The Dean

Preacher: Canon Graham Holcombe

Leighton in D

Tantum ergo Laloux

12.30PM

HOLY EUCHARIST (Lady Chapel)

President: Canon Mark Preece

3.30PM

CHORAL EVENSONG

Holy is the true light *Harris*

Responses *Tomkins*

Psalm: 89 (vv1-4, 13-18) Hymns: 349, 265

Noble in B minor

O nata lux *Lauridsen*

*New worshippers are especially welcome
and are invited to make themselves known to the clergy*

Collect

Almighty Father, whose Son was revealed in majesty before he suffered death upon the cross: give us grace to perceive his glory, that we may be strengthened to suffer with him and be changed into his likeness, from glory to glory; who is alive and reigns with you, in the unity of the Holy Spirit, one God, now and for ever. **Amen.**

A reading from the Book of Exodus

Exodus 34. 29-35

Moses came down from Mount Sinai. As he came down from the mountain with the two tablets of the covenant in his hand, Moses did not know that the skin of his face shone because he had been talking with God. When Aaron and all the Israelites saw Moses, the skin of his face was shining, and they were afraid to come near him. But Moses called to them; and Aaron and all the leaders of the congregation returned to him, and Moses spoke with them. Afterwards all the Israelites came near, and he gave them in commandment all that the Lord had spoken with him on Mount Sinai. When Moses had finished speaking with them, he put a veil on his face; but whenever Moses went in before the Lord to speak with him, he would take the veil off, until he came out; and when he came out, and told the Israelites what he had been commanded, the Israelites would see the face of Moses, that the skin of his face was shining; and Moses would put the veil on his face again, until he went in to speak with him.

This is the word of the Lord.

Thanks be to God.

Psalm 99

1 The Lord is king, and the peoples tremble:

he sitteth enthroned upon the cherubim and the earth is shaken.

2 The Lord is great in Zion:

he is exalted over all the peoples.

3 They give thanks unto his name, which is great and terrible:

holy is he and mighty, a King who loveth justice.

4 Thou hast established equity:

thou has executed justice and righteousness in Jacob.

5 O magnify the Lord our God:

and bow down before his footstool, for he is holy.

6 Moses and Aaron among his priests, and Samuel among such as call upon his name:

these cried unto the Lord and he answered them.

7 He spake unto them out of the pillar of cloud:

they kept his testimonies and the law that he gave them.

8 Thou didst answer them O Lord our God:

thou wast a God who forgave them, yet punished their evil doings.

9 O magnify the Lord our God:

and bow down toward his holy hill, for the Lord our God is holy.

A reading from the Second Letter of Paul to the Corinthians

2 Cor 3.12- 4.2

Since, then, we have such a hope, we act with great boldness, not like Moses, who put a veil over his face to keep the people of Israel from gazing at the end of the glory that was being set aside. But their minds were hardened. Indeed, to this very day, when they hear the reading of the old covenant, that same veil is still there, since only in Christ is it set aside. Indeed, to this very day whenever Moses is read, a veil lies over their minds; but when one turns to the Lord, the veil is removed. Now the Lord is the Spirit, and where the Spirit of the Lord is, there is freedom. And all of us, with unveiled faces, seeing the glory of the Lord as though reflected in a mirror, are being transformed into the same image from one degree of glory to another; for this comes from the Lord, the Spirit.

Therefore, since it is by God's mercy that we are engaged in this ministry, we do not lose heart. We have renounced the shameful things that one hides; we refuse to practise cunning or to falsify God's word; but by the open statement of the truth we commend ourselves to the conscience of everyone in the sight of God.

This is the word of the Lord.

Thanks be to God.

Listen to the Gospel of Christ according to Saint Luke.

Luke 9. 28-36

Glory to you, O Lord.

Now about eight days after these sayings Jesus took with him Peter and John and James, and went up on the mountain to pray. And while he was praying, the appearance of his face changed, and his clothes became dazzling white. Suddenly they saw two men, Moses and Elijah, talking to him. They appeared in glory and were speaking of his departure, which he was about to accomplish at Jerusalem. Now Peter and his companions were weighed down with sleep; but since they had stayed awake, they saw his glory and the two men who stood with him. Just as they were leaving him, Peter said to Jesus, 'Master, it is good for us to be here; let us make three dwellings, one for you, one for Moses, and one for Elijah' - not knowing what he said. While he was saying this, a cloud came and overshadowed them; and they were terrified as they entered the cloud. Then from the cloud came a voice that said, 'This is my Son, my Chosen; listen to him!' When the voice had spoken, Jesus was found alone. And they kept silent and in those days told no one any of the things they had seen.

This is the Gospel of the Lord.

Praise to you, O Christ.

HYMNS AT THE 11AM CHORAL EUCHARIST

THE PROCESSIONAL HYMN

Immortal, invisible, God only wise,
in light inaccessible hid from our eyes,
most blessed, most glorious, the Ancient of Days,
almighty, victorious, thy great name we praise.

Unresting, unhasting, and silent as light,
nor wanting, nor wasting, thou rulest in might;
thy justice like mountains high soaring above
thy clouds which are fountains of goodness and love.

To all life thou givest, to both great and small;
in all life thou livest, the true life of all;
we blossom and flourish as leaves on the tree,
and wither and perish, but naught changest thee.

Great Father of glory, pure Father of light,
thine angels adore thee, all veiling their sight
all laud we would render: O help us to see
'tis only the splendour of light hideth thee.

Words: Walter Chalmers Smith (1824-1908)
Music: ST DENIO Walter Chalmers Smith (1824-1908)

OFFERTORY HYMN

Christ is the world's true light,
its captain of salvation,
the day-star clear and bright,
desire of every nation;
new life, new hope awakes
for all who own his sway:
freedom her bondage breaks,
and night is turned to day.

In Christ all races meet,
their ancient feuds forgetting,
the whole round world complete,
from sunrise to its setting:
when Christ is throned as Lord,
all shall forsake their fear,
to ploughshare beat the sword,
to pruning-hook the spear.

One Lord, in one great name
unite us all who own you;
cast out our pride and shame
that hinder to enthrone you;
the world has waited long,
has travailed long in pain;
to heal its ancient wrong,
come, Prince of Peace, and reign.

Words: George Wallace Briggs (1875-1959)

Music: NUN DANKET *Praxis Pietatis Melica* (Crüger 1647)

POST COMMUNION HYMN

Rejoice, the Lord is King.
Your Lord and King adore;
mortals, give thanks and sing,
and triumph evermore:
Lift up your heart, lift up your voice;
rejoice, again I say, rejoice.

Jesus the Saviour, reigns,
the God of truth and love;
when he had purged our stains,
he took his seat above:
Chorus.

His kingdom cannot fail;
he rules o'er earth and heaven;
the keys of death and hell
are to our Jesus given:
Chorus.

He sits at God's right hand
till all his foes submit,
and bow to his command,
and fall beneath his feet:
Chorus.

Words: Charles Wesley (1707-1788) and John Taylor (1750-1826)
Music: GOSPAL George Frideric Handel (1685-1759)

SERVICES THIS WEEK

	Holy Eucharist	Evensong
Monday	9.30am	5.30pm (said)
Tuesday	9.30am Yr Offeren	5.30pm (sung)
<i>Non</i>	12noon	
Wednesday	9.30am, with imposition of ashes	5.30pm (sung)
<i>ASH</i>	7.30pm, with imposition of ashes	
<i>WEDNESDAY</i>		
Thursday	10.00am Yr Offeren	5.30pm (sung)
<i>Perpetua, Felicity & Companions</i>	11.00am	
Friday	10.00am	5.30pm (sung)
Saturday	9.30am	5.30pm (said)

WEEKLY PRAYER INTENTIONS

- Sunday: The Iglesia Anglicana de Chile
The Deanery of Pontypridd: The Rev'd Michael Gable
- Monday: The Diocese of Manicaland (Central Africa)
The Pontypridd Ministry Area: The Rev'd Michael Gable
- Tuesday: The Diocese of Trichy-Tanjore (India)
The Seven Saints Ministry Area: The Rev'd Canon Viv Parkinson
- Wednesday: The Diocese of Trinidad & Tobago (West Indies)
Clergy with Permission to Officiate
- Thursday: The Diocese of Tuam, Killala & Achonry (Ireland)
The Deanery of Rhondda: The Rev'd Canon Ruth Moverley
- Friday: The Diocese of Hereford (Canterbury)
The Parish of Dinas & Penygraig: The Rev'd Jeffrey Thomas
- Saturday: The Diocese of Udi (Nigeria)
The Parish of Pen Rhondda Fawr: The Rev'd Philip Leyshon

Those who have asked for prayer

Archie Conway-Gardner, Margaret Beecher, Alex Kellam, Mary Robertson,
Ramsay Withers, Dianne Beryl Stokes

The long term sick and housebound, among them:

Natalie Doreen Evans, John Brewster, Mary Wines, Morley Lewis, Sid Baldwin,
Tom Bailey, Dafydd Hughes, Fred Mudge

The departed

For those who have died recently: The Very Reverend John T. Lewis, Sian Halligan,
Margery Jenkins, Michelle Thomas

Year's mind:

3 March	Jack Evans
4 March	Mary Eleanor Rhys, David Roy Biggins, Hilary Lloyd Yewlett
5 March	Richard Michael Richards, Josephine Mary Hughes, Norman Thomas Roderick
6 March	Derek John Roberts, Sarah Wood, Clifford Raymond Edwards, David Williams
7 March	Joseph Holland, Malcolm Bowrey, Russell Charles Jones, Tom Tyrrell
8 March	Mary Stockman, Frances Mary Amos, Glenys Mabel Evans
9 March	Arthur John James, Muriel Weaver, Frederick George Messner, Edna May Lewarne, Jack William Lewarne

NOTICES

On **Friday 8th March at 11.30am** the funeral of The Very Reverend John T. Lewis will take place in the Cathedral.

Cathedral Shop - Lent Books are now on sale in the Cathedral shop. "Lent Pilgrim; the Beatitudes" (£2.75) is the Church of England's official Lent guide, with readings, reflections, prayers and suggestions for action for each of the 40 days (and will be followed by "Easter Pilgrim: The Lord's Prayer" covering the period from Easter to Ascension Day). Meanwhile, "Reflections for Lent" (£4.99) follows the traditional pattern of reading, reflection and prayer, and is designed to refresh and inspire times of personal prayer.

Mothering Sunday and Easter Purchases - Please buy your Mothering Sunday (March 31st) and Easter Cards (April 21st) from our range at the Cathedral Shop All now in stock along with items suitable for gifts and souvenirs.

Anyone who has say 2 hours a week/fortnight or month would be extremely welcome to join our team of shop volunteers. It's a perfect way engage with visitors and welcome them to our cathedral too. Please call Mary Madsen on 02920611504 or the cathedral office 02920564554. Training is provided

Lent 2019 – Weekly Eucharists will be held in the **Nave at 7pm on Wednesdays** during Lent.

The **Lent Lunches** will take place weekly from **Tuesday 12th March**. A frugal lunch of soup, bread and cheese will be served following the 12pm Holy Eucharist on Tuesdays. Anyone able to help cook or serve is very welcome to join a team of volunteers – please contact the Cathedral Office. All very welcome.

Lent Appeal 2019 – “Embrace the Middle East” – For Christian work in the Bible Lands

“Embrace the Middle East” is a Christian charity tackling poverty and injustice in the Middle East. It was formerly known as 'BibleLands'. In addition to a strong presence in Israel and Palestine, including Gaza, the charity provides support in the Lebanon, particularly for refugees, in Egypt, and, most recently, in Iraq and in war-torn Syria. Embrace raises around £7m each year but urgently needs more to meet the region's expanding demands. Please give generously using the gift aid envelopes provided. More information is available on the website: www.embraceme.org or from me at dlsmsmith@msn.com or 02920569234 . David Smith

Christian Aid Week 2019 – An early reminder that Christian Aid Week is the **12th – 18th May** this year. We need volunteers to deliver envelopes to houses locally and collecting them again during Christian Aid Week. We have a marvellous team but it diminishes every year. Please sign up at the back of the Cathedral; the money we collect house to house in Llandaff would train two complete healthcare teams! Contact the office or Kate Bates for more information.

Llandaff Parish Mothers' Union

Monday 4th March our meeting in the parish hall at 2.15pm will take the form of Poetry Readings. Members are invited to bring along poems, hymns or prayers to read aloud or have read on their behalf.

On Monday 18th March we will be delighted to welcome Father Edward Le Burn Powell to tell us about 'Life in South Africa'. At both meetings there will be refreshments and a raffle.

On **Monday 25th March** The Llandaff Diocesan Mothers' Union will be holding a 'Quiet Day' at The Cathedral. 10.30 am. Teas will be served in Prebendal House from 10 am. There will be a lunch break with tea served please bring a packed lunch then an afternoon session. Everyone welcome to join for the morning, afternoon or all day.

Donations of glasses – A big thank you to everyone who has brought in unwanted spectacles/glasses for donation to adults and children in developing countries. These are collected by Stewart Greenberg Optician in Llandaff High Street and sent abroad for reuse.

The new **FAN (Friends and Neighbours) Group** meets in Cardiff Met Students' Union on Tuesdays from 3pm til 4pm. This group is a chance to meet people from around the world and presents a good opportunity for English language learners to improve their skills. For more information please visit www.thefancharity.org

Next Sunday: 10th March 2019

FIRST SUNDAY of LENT

7.30am	Said Matins
8.00am	Holy Eucharist
9.00am	Parish Eucharist
11.00am	Choral Eucharist
12.30pm	Holy Eucharist (Lady Chapel)
3.30pm	Choral Evensong

DURING THE WEEK

Tuesday 6th March	9.30am	Linen and Vestment
Friday 8th March	11.30am	Funeral of The Very Reverend John T. Lewis

Lost Property

Any personal items left in the Cathedral will be stored in the Cathedral Office.
Please call 02920 564554 for all enquiries regarding missing items.

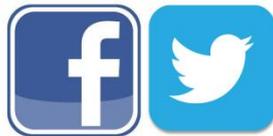
Weekly Notes

Notices for the Weekly Notes to be received no later than 9.30am each Thursday.
Please contact the Cathedral Office on 029 2056 4554
or office@llandaffcathedral.org.uk

A printable version of the Weekly Notes is available on the website at
www.llandaffcathedral.org.uk

IN THE CATHEDRAL

The Dean: The Very Rev'd Gerwyn Capon	029 2056 4554
Residentiary Canons: The Rev'd Canon Graham Holcombe	029 2056 9521
The Rev'd Canon Mark Preece	029 2056 8842
Cathedral Office:	029 2056 4554
Cathedral Office email:	office@llandaffcathedral.org.uk
Head Virger: Jonathan Hoad	jonathanhoad@llandaffcathedral.org.uk
Director of Music: Stephen Moore	stephenmoore@llandaffcathedral.org.uk
Organist: David Thomas	davidthomas@llandaffcathedral.org.uk
Churchwardens: Dylan Gwyer-Roberts	d.gwyer-roberts@bathspa.ac.uk
Charlotte Davey	charlotte@bbs.cymru
Stewardship Secretary: Mrs Helen Patterson	029 2061 9166



The Cathedral is on Facebook and Twitter!

It's an easy way to keep up to date with the latest news and events, so follow us at:

www.facebook.com/llandaffcathedral

www.twitter.com/llandaffcath

***All enquiries about Baptisms and Weddings (& Banns of Marriage)
should be made by email or letter to the Cathedral Office.***

In order to carry on the work of the Church in and through this Cathedral Parish, not least the upkeep of this magnificent building, we rely substantially on your generous giving. A significant proportion of our funds is raised through Christian Stewardship among our regular worshippers. We invite you to give by means of Gift Direct (Giving with a Direct Debit). Furthermore, if you pay tax, the Cathedral can claim tax back to increase the value of your donation by 25%. We are enormously grateful to all who do this as an expression of their gratitude for God's great goodness. For more information, please contact the Stewardship Secretary, Mrs Helen Patterson, on 029 2061 9166.

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