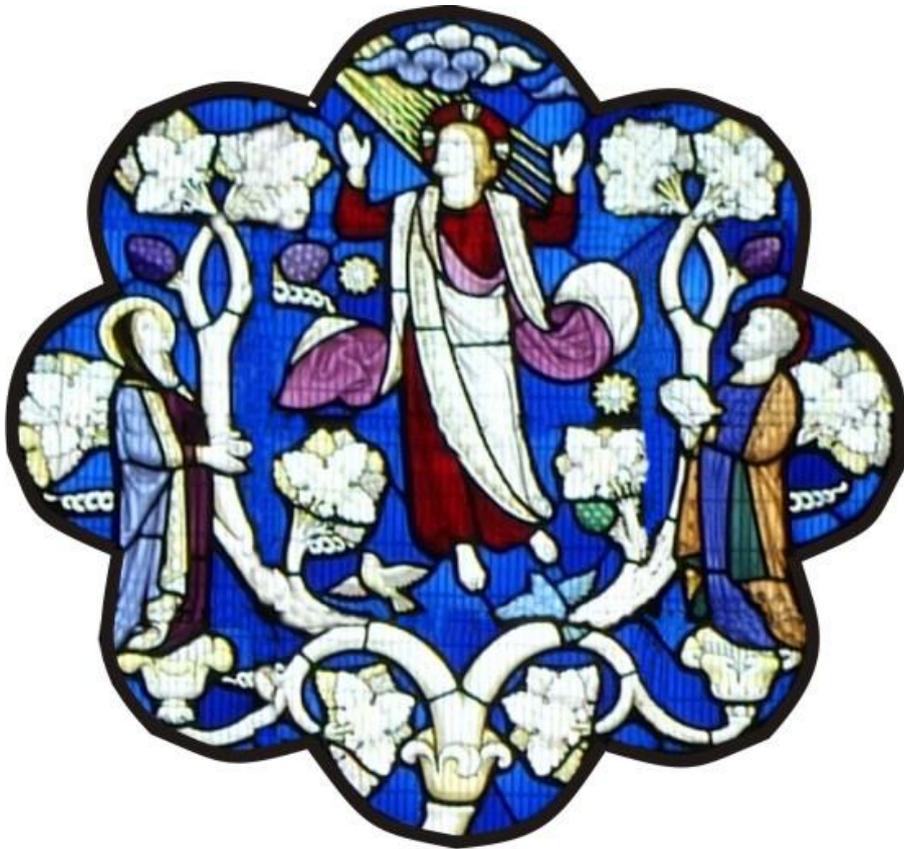




# THE BELL



ASCENSION DAY Thursday 10<sup>th</sup> May

THE MAGAZINE OF THE CATHEDRAL  
AND PARISH OF LLANDAFF

MAY 2018

40p

## SERVICES at LLANDAFF CATHEDRAL

### SUNDAY SERVICES

<b>Morning Prayer</b>	7.30am (said)
<b>HOLY EUCHARIST</b>	<b>8am</b> (said) <b>9am</b> (sung, with the Parish Choir), <i>together with Sunday School in Prebendal House, followed by tea/coffee</i> <b>11am</b> (choral, with the Cathedral Choir) <b>12.30pm</b> (said, in the Lady Chapel)
<b>Evening Prayer</b>	3.30pm (choral, with the Cathedral Choir)
<b>Holy Eucharist (BCP 1662)</b>	5.30pm on the First Sunday of the month

### WEEKDAY SERVICES

HOLY EUCHARIST (\* in Welsh)

Mon	9.30am	
Tue	9.30am*	12noon
Wed	9.30am	
Thu	10.00am*	11am
Fri	9.30am	
Sat	9.30am	

*On major Feast Days (or the Eve), there is usually an evening Eucharist or Evensong; details are published in the magazine, music sheet & weekly notes.*

### EVENING PRAYER

(sung in Cathedral School term-time – see Music Scheme/website for further details)

Mon	5.15pm	Cathedral School Choral Scholars (Girls)
Tue	5.15pm	Cathedral Choir (Boys)
Wed	5.15pm	Cathedral School Choral Scholars (Girls)
Thu	5.15pm	Cathedral Choir
Fri	5.15pm	Cathedral Choir (Men)
Sat	5.15pm	said

**Cover Image: A pane from the Lady Chapel *Jesse Window***

**From the Very Reverend Gerwyn Capon**  
Dean and Vicar of Llandaff



Dear Friends,

We try to approach Lent as a season of transformation. Forty days in the desert metaphorically rather than literally, stripped of our comforts (or at least some of them), and trying to pray more, serve more, and give more, so that we might arrive at the celebration of Easter deepened and renewed.

But we often arrive at the glorious season of resurrection, Easter-tide - and celebrate Easter for just one day, forgetting that Easter is a season of 50 days, even longer than the season of Lent. Easter is not just the day when the tomb of Jesus was discovered empty, but a period when days grow longer, nature comes to life and we are called to consider how to practice what we pray each Sunday "may we who share Christ's body live his risen life".

Even the first disciples took a considerable time to experience and understand the wonderful and mysterious presence of the living and risen Lord. In the New Testament, the gospels and the Acts of the Apostles show how they slowly came to understand that presence and to act differently and change the world because of it. The season of Easter is our liturgical expression of this dawning of understanding and the beginning of our own process of coming to terms each year with what Easter means for our own lives.

As we listen to the gospel readings during Easter-tide, we find that they are about the resurrection appearances of Jesus, and many of them have to do with the very physicality of the life of the body: Thomas doubts and need to touch Jesus' wounds; nets are drawn up on the shore overflowing with fish; the disciples on the road to Emmaus recognise Jesus in the breaking of the bread; Jesus breathes on them the gift of the Holy Spirit, and the celebration of the wind and fire of Pentecost. In all of the stories, there is a sense of generosity and abundance, of caring for physical needs and healing physical wounds.

It is not an accident that the Church's creeds of faith state that "we believe in the resurrection of the body". It means that the body, our physical life, is inseparable from our spiritual life. It gives new meaning to our caring for the bodies of the dead (as very recently as a community we have had to come to terms with the deaths of a number of our cathedral friends, Sheila Jones, Nia Lloyd, Gail Arnold, Fr Roger Dixon), and it gives eternal significance to our caring of the bodies of the living as when we feed and help the hungry and homeless (through our forthcoming Christian Aid Appeal), or those people who are in need of physical and spiritual healing and comfort; to those who are concerned with access to worship for elderly people or others living with disability. It means that we have to give greater care to the bodies we ourselves have been given. It means that we should treat more respectfully the body of the Earth itself.

All of this is a challenge in our consumer culture because we have a real problem with bodies. We spend money to make ourselves look younger. We diet and exercise and often go to extremes to try to attain bodily perfection. We are sold a thousand ways to be unhappy with the way we look. Easter tells us a different story, and Eastertide is our chance to hear it again.

Living a life of faith is no different from ordinary day-to-day living, except that we try to do it with an awareness of another dimension, one that has been shaped by prayer liturgy and the story of God and his love for us. Eastertide asks us to develop a sense of Easter in the ordinary, a present reality, not just a past event or merely a future hope

## Gerwyn



## DIARY for MAY 2018

Regular Sunday and weekday services are listed on page 2

Tue	1	<b>PHILIP &amp; JAMES, Apostles</b> 5.15pm : Solemn Evensong
Wed	2	<i>Athanasius (373), Bishop &amp; Doctor</i>
Thu	3	<i>Henry Vaughan (1695), Poet</i>
Fri	4	
Sat	5	<i>Asaph (6<sup>th</sup> cent.), Bishop</i>

Sun	6	<b>SIXTH SUNDAY of EASTER : ROGATION SUNDAY</b>
Mon	7	<i>Rogation Day</i>
Tue	8	<i>Julian of Norwich (c. 1417), Spiritual Writer : Rogation Day</i>
Wed	9	<i>Gregory of Nazianzus (390), Bishop : Rogation Day</i>
Thu	10	<b>ASCENSION DAY</b> 7.30pm : Choral Eucharist
Fri	11	
Sat	12	

Sun	13	<b>SEVENTH SUNDAY of EASTER (Sunday after Ascension Day)</b>
Mon	14	<b>MATTHIAS, Apostle</b> 5.15pm : Solemn Evensong
Tue	15	<i>Edmwnd Prys (1624) Priest, Poet &amp; Translator and John Davies (1644), Priest &amp; Translator</i>
Wed	16	
Thu	17	
Fri	18	
Sat	19	<i>Dunstan (988), Bishop</i>

Sun	20	<b>THE DAY OF PENTECOST : WHITSUNDAY</b>
Mon	21	
Tue	22	
Wed	23	
Thu	24	<i>Charles Wesley (1788) &amp; John Wesley (1791), Priests &amp; Missionaries</i>
Fri	25	<i>Bede ( 735), Doctor</i>
Sat	26	<i>Augustine of Canterbury (605), Bishop</i>

Sun	27	<b>TRINITY SUNDAY</b>
Mon	28	<i>Melangell (6<sup>th</sup> cent.), Abbess</i>
Tue	29	
Wed	30	
Thu	31	<i>Thanksgiving for Holy Communion (Corpus Christi)</i> 5.15pm : Solemn Evensong

### Dates for your Diary

N.B: All diary entries subject to confirmation

#### May

Sat	5	1pm	Lunchtime Concert – Cathedral School pianists
Wed	9	7pm	Cathedral Summer Concert Series (first concert)
Sat	12	1pm	Lunchtime Concert – Strings from RWCMD
		7pm	Concert – Collegium Cantorum (Uppsala Cathedral)
Thu	17	7.30pm	The Sixteen - Choral Pilgrimage Concert
Fri	18	1.30pm	Cathedral School Lunchtime Concert
Sat	19	7.30pm	Concert – Tredegar Town Band
Sat	26	1pm	Lunchtime Concert – Olivia Gomez (Mezzo Soprano)

#### June

	2	1pm	Lunchtime Concert
	5	7.30pm	PCC Meeting
	13	7pm	Cathedral Summer Concert Series (second concert)
	23	10am-4pm	St John's Investiture Service tbc
	30	10am	Ordinations

#### July

	6	6-8pm	Rainbow Fair on Llandaff Green
	7	2.30pm	Annual Festival of the Friends
	13	7pm	Cathedral Choir Summer Concert
	14	7.30pm	Llandaff Cathedral Choral Society Concert

*Material for the June issue of The Bell should be sent to the Editor,  
David Llewellyn, no later than the 6th of May.*

*Material may be delivered to  
40 Pwllmelin Road, Llandaff, Cardiff CF5 2NJ  
or (preferably)  
emailed to [djllewellyn@ntlworld.com](mailto:djllewellyn@ntlworld.com)*

A colour edition of 'The Bell' can be viewed on the Cathedral website:  
[www.llandaffcathedral.org.uk](http://www.llandaffcathedral.org.uk) . [Ed.]

## WEEKLY EVENTS & ACTIVITIES

### **Sunday School:**

9am Prebendal House

(Gerard Bates Email gerardbates@talktalk.net)

### **Parish Choir:**

Monday, 6.15pm (juniors); First Sunday of month, 4.30pm (adults)

(David G Thomas)

### **Linen & Vestment Group:**

Tuesday, 10am Prebendal House

### **Bellringers:**

Tuesday, 7.15pm - 9pm

(Pat Moore ☎ 029 2115 4275)

### **Parent & Baby/Toddler Get-together:**

Wednesday, 9.15am - 11.30am Parish Hall

(Emma Griffin ☎ 07539 201137)

### **Servers of the Sanctuary:**

Wednesday, 6.15pm, or at a pre-arranged time

(Jonathan Hoad, Head Virger ☎ 029 2056 4554)

### **Bible Study Group:**

Meeting on Tuesdays in May at 7.30pm

(Simon Sherwood - ☎ 07977 175588)

### **Llandaff Parish Mothers' Union:**

Meets every other week on Mondays

(Enid Evans ☎ 01446 781240)

### **St Teilo Guild:**

Meets on the 2nd and 4th Monday of each month

(Daphne Townsend ☎ 029 2056 6447)

### **Brownies & Guides:**

**1st Llandaff Brownies:** Wednesday 6pm C/W School Hall

(Andrea Davies ☎ 07813 642104)

**2nd Llandaff Brownies:** Wednesday 6pm Parish Hall

(Ellie Lyle ☎ 07973 931299)

### **Flower Guild:**

(Barbara Treharne ☎ 029 2056 4655)

## ROTAS for MAY 2018

### ALTAR LINEN

May – Mary Madsen

June – to be arranged

### FLOWER ROTAS

<b>MAY 2018</b>		
6 <sup>th</sup> Easter 6	Ann Tregidon ☎ 029 2221 7992	Jan Biss, Bev Brown, Helen Bush, Anne Enoch, Brenda Isaacs, Diane Lambert,
13 <sup>th</sup> Sunday after Ascension	Barbara Treharne ☎ 029 2056 4655	Margaret Bethel, Jill Cockram, Charlotte Davey, Dorothy Piffaretti, Stella Taylor, Hilary Thomas
20 <sup>th</sup> The Day of Pentecost		Mothers' Union, Llandaff Diocese
27 <sup>th</sup> Trinity Sunday	Liz Pexton ☎ 029 2025 1773	Alex Clifton Thompson, Bryony Goldsworthy, Philippa Hallinan, Viv Render, Lisa Wong

### PARISH STEWARDS' ROTAS

<b>MAY 2018</b>	
8am	Alan Biss, Neil Buffin, Robert Render
9am	Maria Edwards, Brian Jones, Jacqueline Jones, David Llewellyn, Claire Lloyd, Mark McDonald, Judith Thompson
12.30pm	Diane and Roger Gidman

<b>JUNE 2018</b>	
8am	Alan Biss, Willa King, Isobel Purcell
9am	Anne Enoch, David James, Tannwen James, David Johnson, David Mitchell, Frances Mitchell, Michelle Reeve, Ruth Watt,
12.30pm	Ann & Graham Tregidon

***If you are unable to fulfil a duty, please arrange for a substitute.***

## **CATHEDRAL PARISH NEWS**

**Including abstracts from Weekly Notes**

### **Guild of Guides and Welcomers:**

Cathedral Guides are responsible for taking pre-booked groups of people around the building and giving detailed specific information. Welcomers are the friendly face that visitors see as they first enter our beautiful Cathedral. Our records show that last year we welcomed in excess of 14,000 visitors from all over the world and the comments in the visitors' book make wonderfully uplifting reading. We very much need more Guides and Welcomers, so if you would like more information please speak to Canon Graham Holcombe or Judith Thompson 📞 029 2055 1836.

### **Appeal for Readers at the 9 o'clock Parish Eucharist.**

We are always very grateful to all the members of the congregation who volunteer to read at the 9 o'clock Parish Eucharist. Currently I have a nucleus of about 30 readers who read once or twice throughout the year. It would be great to expand that number and in particular to attract new readers at the Parish Eucharist. I would like to invite members of the congregation, (including children), to volunteer to be added to the reading rota.

What are you volunteering for? To read two short readings, (often shared as the majority of volunteers, do so as a pair) and a procession, where the readers carry four vessels to the altar, one ciboria which holds the wafers, one chalice, and two pewter cruets containing the wine and water. Children are often able to carry one vessel alongside a parent or adult, so a family could easily come together or a group of friends. A verger is always there to lead this procession and assist you.

I know some people can be put off volunteering as the thought of reading in the Cathedral can feel a little intimidating. Please be assured this is not as daunting a task as you may imagine, in fact all the volunteers find reading a rewarding activity. If you have read in the past but have not been asked recently or have never read before, but would like to volunteer, please contact myself or Katharine MacDonald and we will happily add you or your family to the reading list.

**Ian MacDonald** 📞 **029 2056 2488**  
Email: [irmacdonald52@hotmail.co.uk](mailto:irmacdonald52@hotmail.co.uk)

## **RAINBOW FAIR - 2018**

### **Friday 6th July**

The Rainbow Fair has been a part of the Patronal Festival at Llandaff Cathedral for many years, taking place on the Green in the heart of Llandaff village. It is run along traditional lines, inviting community and church groups to participate by hosting a stall, game or activity. All the proceeds go to local organisations or charities.



If any organisation, group or individual would like to have a stall or run an activity please contact **Judith Thompson (Tel. 029 2055 1836)** or speak to any member of the Social Committee.

This year, the Rainbow Fair takes place from 6:00 to 8:00pm on Friday 6th July. So please put the date in your diary, come along and join the fun.

**Llandaff Cathedral Social Committee**

### **BIBLE STUDY**

The Bible Study group continues to meet on Tuesdays in May from 7.30 to -9pm. We will be studying Jonah, Joel & Amos. For further details, please contact **Simon Sherwood 📞 07977 175588.**

#### **A Message from Canon David Jones**

“Canon David, Simon and Catherine Jones wish to thank the members of the Cathedral’s worshipping community for their prayerful support and expressions of sympathy on the death of Sheila”

## **GUILD OF ST TEILO**

At our meeting on Monday 14<sup>th</sup> May, Heather Douglas will be telling us about her work with sniffer dogs.

For your diaries, future arrangements are:

11th June Strawberry Afternoon Tea;

25th June Janet Whitwell will talk about her experiences as a Paramedic at the Olympic Games;

**TUESDAY** 10<sup>th</sup> July Our outing to Evesham and Snowhill Manor House & Gardens.

We usually meet in the Parish Hall on the 2nd and 4th Monday of each month starting at 2pm - 3.45pm. There's always a cup of tea and a friendly chat before going home. Our group is friendly and informal; visitors and potential newcomers are always made very welcome.

**Daphne Townsend (Chairperson) 📞 029 2056 6447**

## **CATHEDRAL SHOP**

Among the publications we always have in stock are copies of some of the occasional papers published by the Llandaff Society. Priced mostly at £5, these are for anyone interested in local history. Topics include Llandaff in the two world wars, ancient maps of the area, and the history of the Mathew family who were lords of the manor."

**Pamela Barlow**

## **SUNDAY SCHOOL NEWS**

This year some parishioners responded to the request in the weekly notes to join the great team of Sunday School leaders to assist with the weekly activities and fun in Prebendal House on Sunday Mornings. Each week the many children who attend gain an understanding of the Bible lessons, which feature in the Liturgical calendar. They have time to explore these stories through craft, discussion, and games and role-play.

As two of the new helpers in the team, we have been impressed with the children's level of engagement and enthusiasm to participate, as they broaden their learning experience in the Christian Faith. The atmosphere in Sunday School is lively, and when the children join the Parish Eucharist

to meet up with their parents and relatives it is a joy to see their faces light up and talk about what they have been doing.

Although the snow has hampered a few Sundays during the last couple of months, there is no doubt more fun will be had in the weeks ahead after our Easter break and we are looking forward to summer term very much. Thank you to all the leaders for the very warm welcome they have given us.

On Good Friday at the Cathedral, the Sunday School children and some youngsters from the Parish Choir performed a play ***The trial of Jesus before Pontius Pilate***. Megan played the role of Jesus, Maisie played the role of Pilate's wife and Pontius Pilate himself was played by Luca. They were all very excited and were looking forward to performing in front of their family, friends and the community. Many other children participated as narrators or acting out the roles of Roman Soldiers, Shepherds or Peasants. Lots of children volunteered which was very pleasing to see.

Fr Edward led the service and said that it has been a tremendous pleasure to witness the children's play. The children all worked so hard and it was wonderful to see so many young people gathered at the Cathedral on Good Friday - and to see all the families enjoying hot cross buns together! We pray that our service will fill their hearts and minds for the love of God.

Our thanks to everyone involved in preparation for Good Friday children's service.

**Rashmi Wilson and Charlotte Davey**



ENJOY MORE PRECIOUS FAMILY TIME  
WITH 'HOME SUPPORT SERVICES'

CLEANING  
ERRANDS  
SHOPPING  
LAUNDRY  
MEALS

Absolute Genie provide a comprehensive range of flexible home based family support services for new and busy families throughout Newport and the surrounding areas.  
"You tell us what you want and we'll do the rest"

Call 02920198800 Email [info@absolutegenie.com](mailto:info@absolutegenie.com)  
[www.absolutegenie.com](http://www.absolutegenie.com)

**Absolute GENIE** 

Absolute Genie is a service provided by Absolute Care Wales,  
an independent family owned domiciliary care provider.

## **CHRISTIAN AID WEEK (13-19 May)**

By the time you read this, Christian Aid Week will be upon us. A big thank you to all those members of the congregation who have signed up as new house-to-house collectors this year, and also to our existing collectors for their willingness to participate once more.

This year's campaign concentrates on Haiti, one of the poorest countries in the world, where Christian Aid has been working since the devastating earthquake in 2010 and where 38,000 people are still displaced after hurricane Matthew in 2017. Further natural disasters are inevitable - but we can help: buying the necessary tools to build solid houses costs only £50. **If we could raise as much as last year, this would buy kits for 240 builders. Even if they only built one house each, nearly 1500 people would have their lives transformed.**

In the Christian Aid team we have been greatly saddened by the death of our much-valued member Sheila Jones (see below). We feel that the best memorial we can make to Sheila is to re-double our efforts to make Christian Aid Week a huge success, and we hope you will give as generously as ever in support. There will be the usual retiring collections after the services on Christian Aid Sunday (May 13th), plus envelopes in the Cathedral, and of course the War on Want lunch on Wednesday 16th May at 12.30 in Prebendal House. We hope to see you there, and thank you again for your support for all the activities in this very important week. And.....please remember, your donation will be worth an additional 25% if you are a taxpayer and fill in the Gift Aid form on the envelope!

### **Sheila Jones and Christian Aid**

Sheila Jones' long-term commitment to Christian Aid was legendary - long before I had the privilege of working with her she had been involved with Christian Aid Week here in Llandaff for many years, and before that she had been a Christian Aid Organiser in her locality - so she brought a wealth of knowledge and expertise to our team.

But it wasn't just her experience that made Sheila such a valued colleague. She was wonderful to work with - always positive, creative, supportive and above all, FUN. Meetings with Sheila were characterised by lots of laughter, and this, together with an astonishing energy for a multitude of practical tasks made her a marvellous asset to our team.

Her death has come as a real blow - but our best tribute to Sheila will be to redouble our efforts to make Christian Aid Week in 2018 a huge success. It's what she would have wanted, and it will stand as a memorial to a much-loved supporter and friend of us all.

**Sue Smith** 📞 029 2056 9234 or Email [dlsmsmith@msn.com](mailto:dlsmsmith@msn.com)  
and the Christian Aid Team

### LLANDAFF PARISH MOTHERS' UNION

Our meeting in May is a proposed visit to St Margaret's Roath, the church of Canon Stuart Lisk. On 16<sup>th</sup> May, the Deanery Festival takes place in St Michael's Church, Tongwynlais 2 pm.

Advanced notice: The Archdeaconry Eucharist 2018 for Llandaff will be held at Llandaff Cathedral on Monday 9th July .

We look forward to seeing members and meeting visitors and prospective members in our Meetings which are held in The Parish Hall, Llandaff starting at 2.15 pm.

**Enid Evans**

### LLANDAFF CATHEDRAL MUSIC DEPARTMENT

A further reminder of Musical activities planned in the next two months:

Saturday 5 <sup>th</sup> May	1.00pm	Lunchtime Recital given by Pianists from the Cathedral School
Wednesday 9 <sup>th</sup> May	7.00pm	Organ Recital given by Stephen Moore (Llandaff Cathedral) with CD Launch
Saturday 12 <sup>th</sup> May	1.00pm	Lunchtime Recital given by Strings of RWCMD
	7.00pm	Evening Concert <i>Collegium Cantorum</i> from Uppsala Cathedral
Friday 18 <sup>th</sup> May	1.30pm	Cathedral School Lunchtime Concert
Saturday 26 <sup>th</sup> May	1.00pm	Lunchtime Concert
Saturday 2 <sup>nd</sup> June	1.00pm	Lunchtime Vocal Recital
Wednesday 13 <sup>th</sup> June	7.00pm	Organ Recital given by Paul Walton (Bristol Cathedral)

**Stephen Moore – Director of Music**

## LLANDAFF CITY SCHOOL

### Year 5 Residential trip to Llangrannog

At Llandaff City Primary School, we always endeavour to provide our pupils with a broad, balanced curriculum, including as wide a range of experiences as we are able. To this end, we have for a number of years taken pupils from year 5 to Llangrannog, an activity centre on the West Wales coast. This year was no different, and last month 60 pupils and 4 staff members set off with great excitement, knowing that 3 fun filled days were ahead of us.

Llangrannog did not disappoint! Upon our arrival, we were immediately fed - the wide variety of food there is always prepared to a very high



standard - and we began taking part in the first of the activities. The next 2 days were a non-stop succession of different experiences, ably led by the staff based at the centre, designed to improve skills, test resilience, increase self-confidence and to give the opportunity to simply have fun! Our pupils learned the basics of skiing, archery and horse riding. They conquered their fear as they completed the high ropes course,

and scaled the climbing wall. They worked together in teams as they completed an outdoor rope course and other indoor activities. We discovered that some of our pupils were fearless as they drove quad bikes and go karts. Our time there was so busy that relaxation and sleep were very welcome at the end of each day!



It was such a pleasure for us to see how our pupils were able to develop and improve their confidence throughout their time away, and although we were all exhausted on our return, we know it was well worth it, and we are certain that every child has benefitted greatly from the experience

**Malcolm Short – Year 5 Teacher**

## LLANDAFF CATHEDRAL VOLUNTEERING

There are many opportunities for volunteers to be involved in the daily life of our Cathedral -

### HOW COULD YOU HELP?

Even an hour can make a difference and training and support is available to you. The following are just a few examples, but if you would like to help in any other way, please talk to the churchwardens or clergy.



### GUILD OF GUIDES AND WELCOMERS



Every year a large number of visitors come to the Cathedral, as individuals or as members of tour parties. Could you make their visit special by offering a little time to welcome and guide them around? Training given.

Contact **Judith Thompson** 📞 **2055 1836**

### CATHEDRAL SHOP

Could you assist in the Cathedral Shop? This is a great place to meet and welcome visitors, and to help make money for the Cathedral too.



Contact **Mary Madsen** 📞 **2061 1504**

### GUILD OF SERVERS

For our Sunday morning worship, and on certain other occasions, Servers are needed to assist the clergy. If you are confirmed, whatever age or gender, and would like to join us, please come and have a chat with the Head Server after a service, or telephone.

Contact **Jonathan Hoad, Head Virger** 📞 **2056 4554**

### FLOWER GUILD

The Flower Guild needs volunteers to help beautify our Cathedral

Contact **Barbara Treharne** 📞 **2056 4655**

## MEDITATION 4

### The Still Waters of Forgiveness

As we retire from the world's demands and pressures to walk beside the still waters, having contemplated the beauty of Creation and a Holy God, we now probe into the depths of our being with the Psalmist's word; 'Search me O God and know my heart; ... see if there is any wicked way in me?' (Ps 139:23,24)

As respectable believing Christians we often find it difficult to accept that there is a wicked way in us and can be called sinners. For modern man has erased sin from the agenda. Menninger, a leading American psychiatrist entitled one of his books, 'Whatever Happened to Sin?'

It is certainly now back on the agenda, portrayed widely with the sexual harassment in Westminster, in the entertainment world, the sporting environment; soccer, swimming, gymnastics and not forgetting the church itself, and now the sexual exploitation of victims by prominent leading persons from the charities such as Oxfam and Save the Children.

The great majority of us would no doubt protest that we are not part of this massive immorality and indeed reluctantly call ourselves sinners.

But God's Word powerfully reminds us that 'All have sinned and fallen short of the glory of God' (Rom 3:23). We were created in God's image, the jewels in the crown, but have fallen short of what God intended us to be.

Surprisingly, even King David the greatest King of Israel, a man 'after God's own heart', fell short. When Nathan the prophet confronted him, through a parable, with his wicked act of adultery with Bathsheba, and the murder of her husband, he was at first unaware that **he** was being accused of sinning (2 Sam 12). But on the prophet's declaration that he was the guilty man, he humbly accepted that he had sinned and cried in sorrow and repentance,

'Have mercy on me O God, according to your unfailing love; according to your great compassion blot out my transgressions,

Wash away all my iniquity and cleanse me from my sin.' (Ps 51:1,2).

George Herbert, the 16<sup>th</sup> Century priest and poet, insightfully reveals in his poem, 'Sin Round', how we sin in thought, word and deed. We repent with the words:

'Sorry I am my God, sorry I am.'

It was 'on coming to himself' and having new insight, that the prodigal son recognised his sin and cried out in anguish, and repentance, 'Father I have

sinned against heaven and against you. I am no longer worthy to be called your son ...' (Luke 15:11-32).

We too like King David and the prodigal son must gain insight to our sinful nature before a holy but loving God; being assured that 'if we confess our sins He is faithful and just and will forgive us our sins.' (1 John 1:9).

'... .Though your sins are like scarlet, they shall be as white as snow;' (Isaiah 1:18).

As we return home, Father God runs towards us prodigals with outstretched loving arms, restoring to us our marks as a son or daughter and prepares a celebration banquet. (Luke 15;11-32).

Beside the still waters we can dwell on the open arms of the loving Father and the outstretched arms of Jesus on the Cross and ...

'Hear Thy welcome voice  
That calls me, Lord, to Thee,  
For cleansing in Thy precious blood  
That flowed on Calvary.'

O that each and everyone of us walking in deep contemplation this day can reply:

'I am coming , Lord  
Coming now to Thee:  
Wash me, cleanse me in the blood  
That flowed on Calvary.'

**David Enoch**

**Arthur Parkes  
Piano tuner**

17 Bramshill Drive  
Pontprennau  
Cardiff CF23 8NX

029 2048 1970  
07950 454926  
[Arthur.b.parkes@virginmedia.com](mailto:Arthur.b.parkes@virginmedia.com)



# ***CROFTS DAVIES & CO***

***Estate Agents,  
Property Managers,***

***For All Domestic Property Requirements  
Estate Agency  
Lettings & Management***

***Valuations for Sale & Probate***

***A firm of General Practice Estate Agents  
& Property Managers,  
based and working  
in and around Cardiff  
for over 50 years.***

***Jonathan Crofts Davies FNAEA***

***Website: [www.croftsdavies.co.uk](http://www.croftsdavies.co.uk)  
Tel: 029 2076 6755***

# Yoga Jardin

Yoga Classes in Llandaff, suitable for all ages.

All classes @Cardiff Steiner School, Llandaff North

Monday: 6.30-7.30pm or 7.30-8.30pm

Wednesday: 6.30-7.30pm or 7.30-8.30pm

Friday: 9.30-10.30am



Pregnancy Yoga Classes:

Wednesday 5.30-6.30pm



*For a more tailor made  
therapeutic practice, please  
consider scheduling an  
individual lesson*

Contact Emilie on 07779 384033

[www.yogajardin.com](http://www.yogajardin.com)

## Emeritus Legal Solicitors

TELEPHONE NUMBER 029 2056 7836

**Are you Taxed by Inheritance Tax?**

**Think you may need a Lasting Power of Attorney but don't  
have the foggiest what it is or what you do with it?**

**Want to preserve your hard earned wealth  
and pass it down to your next generation.**

**Want to contest a Will?**

**THE FIRST INTERVIEW IS FREE**

TEL NO 029 2056 7836

CONTACT  
RHYS THOMAS  
EMERITUS LEGAL  
THE OLD PROBATE REGISTRY  
CARDIFF ROAD  
LLANDAFF

## FROM THE REGISTERS

### Made members of Christ in Holy Baptism

<b>Mar</b>	
31	Ryan Williams Naomi Konten Zara Michelle England

### Those Joined in Holy Matrimony

<b>Mar</b>	None
------------	------

### The Faithful Departed

(Dates of Funeral Services)

<b>Mar</b>	
13	Roger Cockbill
21	Ian Williams
23	Nia Lloyd

## ***SAFE FIX MEMORIALS***

*A Memorial is the best way to celebrate the life of a loved one who has passed away. We can create a memorial to your specification, which reflects your sentiment.*

*Hello! Welcome to Safe-Fix Memorials. We have built an excellent reputation for reliable deliveries, competitive pricing and excellent quality and service.*

*Locally Trained Mason, BRAMM Accredited*

*Council Approved, Welsh Speaker,*

*Offering a Tailor Made Quality Masonry Service at Good Value Prices.*

*Non-Obligatory Estimates, Home Visits Arranged*

*PRICES VARY GREATLY BETWEEN FUNERAL DIRECTORS AND  
MONUMENTAL MASONS : MAY I SUGGEST YOU TAKE TIME IN  
MAKING YOUR CHOICE*

***ELLIOTT DAY** : 07817 618377*

*Email : [safefixmemorials1@gmail.com](mailto:safefixmemorials1@gmail.com)*

*[www.safefixmemorials.co.uk](http://www.safefixmemorials.co.uk)*

## THE CATHEDRAL CHAPTER

Very Reverend Gerwyn Capon

*Dean*

Venerable Peggy Jackson

*Archdeacon of Llandaff*

Venerable Christopher Smith

*Archdeacon of Morgannwg*

*Vacancy*

*Archdeacon of Margam*

Canon Stephen Ryan

*Treasurer*

*Vacancy*

*Chancellor*

Canon Philip Masson

*Precentor*

Canon Graham Holcombe

*St Teilo*

Canon Steven Kirk

*Fairwell*

Canon Nigel Cahill

*Fairwater*

Canon Jenny Wigley

*St Andrew*

Canon Mark Preece

*St Dyfrig*

Canon Stewart Lisk

*Caerau*

Canon Ruth Moverley

*St Cross*

Canon Michael Komor

*Llangwm*

Canon Peter Cox

*Warthacwm*

Canon Edwin Counsell

*St Nicholas*

### **Chapter Clerk**

*Vacant*

### **CATHEDRAL OFFICE**

Administration : ☎ 029 2056 4554 (10am to 4pm)

Fax : 029 2056 3897

E-mail: [office@llandaffcathedral.org.uk](mailto:office@llandaffcathedral.org.uk)

Web site: [www.llandaffcathedral.org.uk](http://www.llandaffcathedral.org.uk)

### **HEAD VIRGER**

Jonathan Hoad

☎ 029 2056 4554

## LAY EUCHARISTIC ASSISTANTS

Kate Bates	Helen Bush	Christopher Conners
David Davies	Mark Edwards	Dylan Gwyer-Roberts
Susan Gwyer-Roberts	Jonathan Hoad	Tannwen James
Arthur Impey	Myra Jenkins	Rhys Jenkins
Benjamin Jenkins	John Kenyon	Ian MacDonald
Katharine MacDonald	Helen Patterson	Christopher Preece
Michelle Reeve	Joshua Riddick	Sam Smith
Richard Swain	Oliver Wannell	Ruth Watt
Simon Winkler		

## LICENSED READER

*None*

## THE GUILD OF SERVERS

Jonathan Hoad ☎ 029 2056 4554

## ORGANISTS & CHOIRMASTERS

*Director of Music*

Stephen Moore

*Organist & Director of the Parish Choir*

David Thomas

## CHURCHWARDENS

Dylan Gwyer-Roberts : ☎ 029 2055 5098

Katharine MacDonald : ☎ 029 2056 2488

## HEAD STEWARD

Sarah Morgan

## PCC SECRETARY

Louise Beesley

## SUNDAY SCHOOL AND YOUTH GROUP

Jed Bates

## THE CLERGY

### ***Dean & Vicar***

The Very Reverend Gerwyn Huw Capon  
The Deanery, The Cathedral Green, Llandaff, Cardiff CF5 2YF  
☎ 029 2056 1545

### ***Residentiary Canon***

The Reverend Canon Graham Holcombe  
1 White House, The Cathedral Green, Llandaff, Cardiff CF5 2EB  
☎ 029 2056 9521

### ***Assistant Curate***

The Reverend Edward Le Brun Powell  
2 White House, The Cathedral Green, Llandaff, Cardiff CF5 2EB  
☎ 029 2056 4554 (office)

- - - - -

*New worshippers in the Cathedral  
are invited to make themselves known to the clergy*

***All enquiries about Baptisms and Weddings (& Banns of Marriage)  
should be made to the Cathedral Office ☎ 029 2056 4554***

## CHRISTIAN STEWARDSHIP

In order to carry on the work of the Church in and through this Cathedral Parish, not least the upkeep of this magnificent building, we rely substantially on your generous giving. A significant proportion of our funds is raised through Christian Stewardship among our regular worshippers.

If you are a tax payer, we invite you to give by means of GiftDirect or another form of Gift Aided donation. This means we can claim the tax back and so your donation increases by 25%. We are enormously grateful to all who do this as an expression of their gratitude for God's great goodness. For more information, please contact the

**Stewardship Secretary: Helen Patterson ☎ 029 2061 9166**